Froda inf.

Froda inferiore, Cascate della Froda,Torrente Froda

Creare: 2023-03-09 20:53:31	**Aggiornamento:** 2026-07-21 12:29:12	**Stampa:** 2026-11-05 11:11:16
Paese: Italia / Italy **Regione:** Lombardia **Sottoregione:** Varese **Città:** Castelveccana		
Difficoltà: difficile	**Grado:** v5 a3 III	**Tempo totale:** 3h15
Tempo avvicinamento: 5min	**Tempo giaro:** 3h	**Tempo ritorno:** 10min
Altitudine di entrata: 575m	**Altitudine di uscita:** 380m	**Altitudine delta:** 195m
Lunghezza del canyon: 700m	**Rapel più alto:** 50m	**Quantità rapelli:** 12
Transporto: Auto facoltativa	**Tipo di roccia:** limestone	**Area di ingresso:** 1.30km²
Stagione: gennaio - dicembre	**Orientamento:** Nord	**Tempo migliore:** 10-18 Ore
Valutazione: ☆ 3.7 (8)	**Info:** ★ 2.7 (3)	**Belay:** ★ 2.5 (8)

Specialità:

Attrezzatura:
Corde: 2x 60m

Sintesi: (traduzione alternativa)
A 100 m - rappel with "run-up".

Idrologia:

Accesso: (traduzione alternativa)
Like Froda superiore:From Luino on the eastern shore of Lake Maggiore, take the SP 69 to Castello Castellveccana (9.4 km). We leave this road here and turn left onto the SP 7 - Via Galileo Galilei - in the direction of Nasca, Sant'Antonio, Arcumeggia. We now drive 1.9 km and come to a house directly on the right-hand side of the road. 200m further on the SP 7, a dirt road turns off to the right (http://www.valganna.info/phpBB3/download/file.php?id=5455&sid=f863e4b82142828d13c5222d5645bee5&mode=view). We park the lower car here.

Take the second car on the SP 7 in a southerly direction continuously uphill. We can see the 100 m high final waterfall of the Froda inferiore and after 2.7 km we come to a prominent left-hand serpentine. Here we park the second car, unless we intend an integral ascent of the Froda (see description of the Froda superiore!).

Avvicinamento: (traduzione alternativa)
In the haipin bend a footpath goes off in western direction into the forest.we follow it and in about 5 min. we come to a footbridge (entry).

Giro: (traduzione alternativa)
First downclimbs and smaller rappels until you reach the break-off edge with the 100 m waterfall. It is set up on the orographic right with several intermediate stands.

11- C7 (2 sx)
12- C5 (2 dx)
13- C3 (2 dx)
14- C5 (MC 2sx + 2sx)
15- C7 (1 sx)
16- C6 (2 sx)
17- C9 (MC 2dx + 2 dx)
18- C30 (2sx + dev sx - 15m)
19- C12 (2 dx)

Final waterfall in water:
20- C5 (2 dx)
21- C20 + C40 + C50 (2sx + 2sx+ 2sx) Only the essential anchors are indicated here; there are additional anchors that can be safely ignored.

Final dry waterfall:
20- C30 + C35 + C45 (2dx + 2dx + 2dx)

Ritorno: (traduzione alternativa)
At the foot of the waterfall we come to a wooden footbridge. Left here onto the hiking trail, we soon pass the houses of the hamlet of Casone Froda (394 m above sea level), continue north along the path, cross the river twice and, after the third crossing and another 600 m northwards, reach the SP 7 and our car at the bottom.

Coordinate:
Inizio del canyon 45.9328 8.6881
Fine del canyon 45.9347 8.6890
Parcheggio in uscita 45.9430 8.6870
Parcheggio all'entrata 45.9327 8.6887

Rapporti:

2026-05-17 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Froda (inferieur) In the upper part are a lot of trees, therefore we did only Inferiore. Nice but slippery (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23250/observations.html)

2026-05-17 | Bina | ☆ ☆ ☆ |🕮 |⚓ ★ ★ ★ | 〰 Basso | 👍 Completato
Unfortunately, there are a lot of trees in the upper part (Sup.), so we only did the lower part (Inf.). Slippery, but beautiful. (traduzione alternativa)

2026-04-18 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Froda (inferieur) Équipement ok. Très glissant.Nous avons pris la ligne rive gauche pour la cascade finale, dans l'actif. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23250/observations.html)

2025-08-23 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Froda (inferieur) Dc-Équipement ok (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23250/observations.html)

2025-07-25 | Enrico Rispoli | ☆ ☆ ☆ |🕮 |⚓ ★ ★ | 〰 Normale | 👍 Completato
La grande cascata da una svolta al canyon

2025-06-01 | Massimo Loriato | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Normale | 👍 Completato
Done the lower part, from bridge to above the final waterfall, with people from the beginner course. Everything in order, added anchors on the last two points missing for additional security; flow normal, quite slippery here and there.

2024-08-25 | Anja | ☆ ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ | 〰 Basso | 👍 Completato
Mega beautiful rappel canyon. All stands tiptop. Make sure the rope runs well, especially on the last rappel - sharp edges! (traduzione alternativa)

2024-06-02 | Peter | ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Normale | 👎 Non fatto
Tutto nella norma. Qualche pozza ancora insabbiata. Percorso fino a sopra la cascata finale e poi usciti.

2023-11-25 | Bina | ☆ ☆ ☆ ½ |🕮 |⚓ ★ ★ | 〰 Normale | 👍 Completato
Very cold water. (traduzione alternativa)

2023-11-25 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Froda (inferieur) (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23250/observations.html)

2023-05-18 | Bina | ☆ ☆ ☆ ½ |🕮 |⚓ ★ ★ | 〰 Normale | 👍 Completato
Pretty. (traduzione alternativa)

2023-05-18 | Patrik Bartel | ☆ ☆ ☆ ☆ |🕮 |⚓ ★ ★ ★ | 〰 Normale | 👍 Completato
Sup. and inf. committed. Only at the beginning a run, then continuously downhill. Abseil follows abseil. If the water level is uncomfortable at the big cascade, as it was during our ascent, the dry but green belay is recommended. https://canyon.li/froda-18-05-23/ (traduzione alternativa)

2023-03-09 | System User | |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/Frodainferiore2Canyon.html

Parti:
Froda sup., v4 a2 III, 5min+1h30+5min
Froda inf., v5 a3 III, 5min+3h+10min