Grigna

Valle della Grigna,Torrente Grigna

Creare: 2023-03-09 20:55:13	**Aggiornamento:** 2026-08-20 16:30:50	**Stampa:** 2026-11-05 11:11:29
Paese: Italia / Italy **Regione:** Lombardia **Sottoregione:** Brescia **Città:** Bienno		
Difficoltà: un po' difficile	**Grado:** v4 a4 III	**Tempo totale:** 4h10
Tempo avvicinamento: 30min	**Tempo giaro:** 3h30	**Tempo ritorno:** 10min
Altitudine di entrata: 710m	**Altitudine di uscita:** 490m	**Altitudine delta:** 220m
Lunghezza del canyon: m	**Rapel più alto:** 45m	**Quantità rapelli:**
Transporto: Auto necessaria	**Tipo di roccia:**	**Area di ingresso:** km²
Stagione:	**Orientamento:**	**Tempo migliore:**
Valutazione: ☆ 3.2 (2)	**Info:** ★ 2 (1)	**Belay:** ★ 2 (1)

Specialità:

Attrezzatura:
Corde: 2x 50m

Sintesi: (traduzione alternativa)
At the beginning a succession of rappels, then hiking and swimming canyon with rappels.

Idrologia:

Accesso: (traduzione alternativa)
Take the A4 highway (Milan-Brescia) between Bergamo and Brescia, exit at Ospidaletto, and head north on the SS 10 toward Lake Iseo. Continue along the lake's eastern shore on the SS 42, heading up through the Val Camonica to Esine. Turn there and head up to Bienno. From there, continue up the main road through the switchbacks, and after the first one, turn right onto Via Ponte Prada toward the cemetery (Isola district). Continue on the narrow road and cross a bridge over a right-hand tributary of the Grigna. Immediately after the bridge, turn right onto Via Isola toward the power plant. Park the first car on the left at the first set of parking spaces.

Drive the second vehicle back to the bridge, but do not cross it; instead, turn right uphill before the bridge (Via Ponte Prada), drive through a small industrial area, and then turn right onto a small paved road toward Novali. The road climbs steeply until you reach a larger open area to the right of the road (in a left-hand curve) (elevation approx. 850 m above sea level). Park the second car here.

Avvicinamento: (traduzione alternativa)
From the upper parking lot, follow a zigzagging trail directly down toward Grigna, passing a goat pen (on the right).
P. v. Duin suggests crossing to the left across the hollow after about 50 m onto a small path that leads slightly uphill and then down to Grigna (see the description there).
We, on the other hand, continued straight down and reached a traverse path marked by a cairn. The horizontal path might have led left to the entry, but it was completely overgrown. So we continued down to a small plateau above the Grigna. Here, look for the tracks to the left and head slightly uphill across the cirque that descends toward the river to a ridge, and from there, down to the entry point on the other side. We mistakenly descended the cirque on the right and, unfortunately, ended up at the Grigna directly below the attractive entry waterfalls.

Giro: (traduzione alternativa)
At the beginning a sequence of longer rappels, mostly "in the beam". Then swim and run sections alternate, interrupted by the odd rappel. Some slides and jumps are also possible. Attractive ambience in red rock.

Ritorno: (traduzione alternativa)
After the power station, continue along the river bed for about 200 m and then turn right up to Via Isola and on this road to the lower car. \nPossibility of an exit before the narrower final passage to the left up the slope on a fixed rope (May 2012).

Coordinate:
Inizio del canyon 45.9130 10.3141
Fine del canyon 45.9249 10.3042
Parcheggio in uscita 45.9294 10.3000
Parcheggio all'entrata 45.9161 10.3134
Partenza alternativa del canyon 45.9041 10.3255

Rapporti:

2026-08-20 | Mazzoldi | ☆ ☆ ☆ ⯨ | 🕮 ★ ★ | ⚓ ★ ★ | ≈ Basso | 👍 Completato
Sentiero seguito con difficoltà, portare falce per tagliare i rovi, ho salvato traccia gpx che allego: https://out.ac/IjYZTx

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2023-03-09 | System User | ☆ ☆ | 🕮 | ⚓ | |
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