Sa Spendula

Riu Coxinas

Info: La qualità di questa descrizione non è stata ancora controllata o è stata valutata negativa.
Se si conosce questo canyon, si prega di controllare questa descrizione e di inviare una segnalazione con una valutazione per questa descrizione utilizzando Segnalazioni *+Nuova segnalazione.* Se notate un errore, fatecelo sapere o unitevi alla comunità per correggere voi stessi questa descrizione.

Creare: 2023-03-09 20:54:43	**Aggiornamento:** 2023-11-23 18:50:20	**Stampa:** 2026-11-05 11:11:44
Paese: Italia / Italy **Regione:** Sardegna **Sottoregione:** provincia del Medio Campidano **Città:** Villacidro		
Difficoltà: non così difficile	**Grado:** v3 a2 II	**Tempo totale:** 2h55
Tempo avvicinamento: 20min	**Tempo giaro:** 2h30	**Tempo ritorno:** 5min
Altitudine di entrata: 320m	**Altitudine di uscita:** 225m	**Altitudine delta:** 95m
Lunghezza del canyon: m	**Rapel più alto:** 25m	**Quantità rapelli:**
Transporto: a piedi	**Tipo di roccia:**	**Area di ingresso:** km²
Stagione:	**Orientamento:**	**Tempo migliore:**
Valutazione: ☆ 2.1 (1)	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialità:

Attrezzatura:
Corde: 2x30m

Sintesi: (traduzione alternativa)
Sa Spendula is a succession of beautiful waterfalls. Riu Coxinas is the stream that feeds them and as such is not a burner, especially quite overgrown.

Idrologia:

Accesso: (traduzione alternativa)
Leave the four-lane SS 131 from Cagliari to Sássari approx. 40 km north of Cagliari at Sanluri and drive via San Gavino Monreale and on to Villacidro. At the overpass over the SS 196, the wide Villacidro bypass, turn right onto the SS 196 in the direction of Gùspini. After approx. 2 km, the northern access road to Villacidro branches off to the left. Take this access road towards Villacidro and, before reaching the village, turn right at a crossroads with a signpost for 'Cascata Sa Spendula'. After a wide left-hand bend, there is a large parking lot on the right. This is the exit.
Take a second vehicle or walk from the parking lot onto the road you came in on, turn right and up the hill. At the first houses, after a left-right bend, a road branches off to the right that leads steeply uphill. Follow this road uphill and shortly afterwards turn right again onto a narrow tarred road that leads up through a pine forest and past a waterworks. Pass the waterworks on the right and at the exit take a gravel road to a parking lot below the transmitter masts (approx. 30 min. ascent).

Avvicinamento: (traduzione alternativa)
From the parking lot, follow the wide marked path westwards into the valley. After walking for about 5 minutes, you will see a dam wall in the background. You could walk to the dam wall and get in there. If you like getting completely scratched up in dense undergrowth, you can do that.
However, it is advisable to descend to the canyon to the right shortly after the striking path cut between the rocks. This allows you to enjoy the interesting final section and largely avoid the weedy upper section of the stream.
From the parlplatz at the bottom, you can also climb up the orographic left side of the canyon and get directly to the entry.

Giro: (traduzione alternativa)
Up to the final waterfalls, stream climbing with no gradient to speak of and almost no rappel. The final cascades are attractive and the climber can count on spectators.

Ritorno: (traduzione alternativa)
After the last waterfall on the footpath to the car.

Coordinate:
Inizio del canyon 39.4651 8.7214
Fine del canyon 39.4679 8.7253

Rapporti:

2023-10-27 | System User | |🕮 |⚓ | 〰 Secco | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Coxinas Sec malgré au moins 2 jours de pluie. Vasques pas croupies mais presque ! Seule la partie finale est intéressante dans ces conditions. Canyon bien envahi par la végétation. Équipement ok. A faire avec de l'eau ! (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22430/observations.html)

2023-03-09 | System User | ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/SaSpendulaCanyon.html