

# Alloix

Ruisseau d' Alloix

<b>Creare:</b> 2023-03-09 20:55:05	<b>Aggiornamento:</b> 2024-01-30 19:57:02	<b>Stampa:</b> 2026-06-07 11:06:45
<b>Paese:</b> France <b>Regione:</b> Auvergne-Rhône-Alpes <b>Sottoregione:</b> Isère <b>Città:</b> Montalieu		
<b>Difficoltà:</b> un po' difficile	<b>Grado:</b> v4 a3 III	<b>Tempo totale:</b> 3h15
<b>Tempo avvicinamento:</b> 10min	<b>Tempo giaro:</b> 3h	<b>Tempo ritorno:</b> 5min
<b>Altitudine di entrata:</b> 650m	<b>Altitudine di uscita:</b> 450m	<b>Altitudine delta:</b> 200m
<b>Lunghezza del canyon:</b> 1000m	<b>Rapel più alto:</b> 43m	<b>Quantità rapelli:</b> 8
<b>Transporto:</b> Auto facoltativa	<b>Tipo di roccia:</b>	<b>Area di ingresso:</b> km <sup>2</sup>
<b>Stagione:</b>	<b>Orientamento:</b> Sud-Est	<b>Tempo migliore:</b>
<b>Valutazione:</b> ★ 3.4 (5)	<b>Info:</b> ★ 2.7 (3)	<b>Belay:</b> ★ 3 (3)
<b>Specialità:</b>		
<b>Attrezzatura:</b> Corde: 2x45m		
<b>Sintesi:</b> (traduzione alternativa) Open rappel canyon		
<b>Idrologia:</b>		
<b>Accesso:</b> (traduzione alternativa) Leave the A 41 (Chambery - Grenoble) at exit 23 (Touvet/Goncelin), then take the D 29 westwards for a few hundred meters in the direction of Touvet until you reach the D 1090. Head north on the D 1090 for 500 m and then turn left onto the D 9 and up to St. Vincent-de-Mercuze. Continue north to the bridge over the Alloix and the immediately adjacent village of Montalieu. In the village, take the first road on the left, which leads up to the next plateau (Les Prés). At the first rightward haipin bend approx. 400 m after the village, park the lower vehicle (information board).\nTake the second vehicle and continue up a left-hand serpentine until you approach the Alloix valley again. Park the second vehicle where the road bends to the right (below an electricity pylon).\nEven without a second vehicle, you can reach the entry point in 50 minutes via footpaths close to the stream.		
<b>Avvicinamento:</b> (traduzione alternativa) A path leads along the meadow in a WSW direction to the stream.		
<b>Giro:</b> (traduzione alternativa) Various types of rappel, clear water, some jumps and slides possible; you can almost always get out on the path near the stream.\nGood to combine with Infernet.\nThere is a prohibition sign near the village, but according to its wording, this is primarily intended to exclude the municipality's liability for any accidents. In addition, it was repealed by the Grenoble Administrative Court in 2001 (see descente-canyon.com).		
<b>Ritorno:</b> (traduzione alternativa) Exit at the suspension bridge and follow the path (orographic) left down to the lower vehicle.		
<b>Coordinate:</b> Inizio del canyon <a href="#">45.3902 5.9402</a> Fine del canyon <a href="#">45.3879 5.9461</a> Parcheggio all'entrata <a href="#">45.3922 5.9425</a> Parcheggio in uscita <a href="#">45.3878 5.9483</a> Punto di passaggio <a href="#">45.3911 5.9539</a>		

## Rapporti:

2026-06-06 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Alloix Parties à la moitié de la C43, vu qu'il n'y avait personne on en a profité pour bosser les manips. Toujours aussi sympathique (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2026-06-04 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Alloix Avant les pluies du jour (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2026-05-29 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Alloix En aftertaf.DC, RAS (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2026-05-24 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Alloix RAS. Juste failli mourir à cause de l'hélico du dragon 38 qui nous fait tomber un arbre dessus. À 50cm près c'était plié. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2026-05-24 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Alloix Débit agréable et correct.Grpe de 4. On s'est garé au pk du bas et nous sommes remontés au départ. Au début bien prendre la route avant de récupérer le chemin tracé en jaune sur la gauche (env 400m),ensuite les infos sont très claires sur descente canyon.Amarrages ok, MC quasi obligatoires de partout pour un bon accès aux relais, le sol glissant rend parfois l'accès délicat.Attention en effet, ça glisse de partout !On a bcp manipé pour les MC et la gestion des frottements est essentiel. Mais une très bonne sortie avec cette chaleur on était bien ! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2026-05-24 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Alloix (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2026-05-23 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Alloix Débit top pour descendre le canyon. Ne pas hésitez à mettre le sac pour la C43 sinon ça frotte bien.Ca chauffait bien à la montée la température extérieure montait bien donc idéal à faire le matin. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2026-05-22 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Alloix De l'eau, du soleil et ça glisse pas ! Le petit canyon idéal pour ce weekend !!! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2026-05-21 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Alloix DC+, ça glisse un peu par endroits (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2026-05-13 | System User | |📖|📌|🌊 Alto | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Alloix (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2026-05-12 | Pepijn Hoeksema | ★★★★★ |📖★★★★ |📌★★★★ |🌊 Folle | 🟢 Completato

Amazing in high flow! Just make sure you bring a good team and the right gear. Not for everyone. I added some photos for water references

2026-05-09 | System User | |📖|📌|🌊 Normale | 🛑 Non fatto

Automatisch importiert von Descente-Canyon.com für Canyon Alloix (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2116/observations.html>)

2026-05-09 | System User | |📖|📌|🌊 Normale | 🟢 Completato