# Stefani

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| **Creare:** 2023-06-07 21:25:00 | **Aggiornamento:** 2023-10-14 09:16:30 | **Stampa:** 2026-11-05 11:11:15 |
| **Paese:** Ελλάδα / Greece **Regione:** Περιφέρεια Πελοποννήσου / Peloponnese **Sottoregione:** Περιφερειακή Ενότητα Κορινθίας / Corinthia Regional Unit **Città:** Δήμος Κορινθίων / Dimos Corinth | | |
| **Difficoltà:** non così difficile | **Grado:** v3 a1 II | **Tempo totale:** 3h5 |
| **Tempo avvicinamento:** 10min | **Tempo giaro:** 2h30 | **Tempo ritorno:** 25min |
| **Altitudine di entrata:** 590m | **Altitudine di uscita:** 370m | **Altitudine delta:** 220m |
| **Lunghezza del canyon:** 1600m | **Rapel più alto:** 30m | **Quantità rapelli:** 4 |
| **Transporto:** Auto facoltativa | **Tipo di roccia:** | **Area di ingresso:** km² |
| **Stagione:** | **Orientamento:** Sud | **Tempo migliore:** |
| **Valutazione:** ☆ 1.7 (3) | **Info:** ★ 2 (1) | **Belay:** ★ 3 (2) |

**Specialità:**

**Attrezzatura:**
Corde: 2x40m

**Sintesi:** (traduzione alternativa)
Generally dry canyon and therefore not particularly attractive, long running routes with downclimbs on the way in and out.

**Idrologia:**

**Accesso:** (traduzione alternativa)
from Corinth to Prosimna to the parking lot for the exit:
https://www.google.de/maps/dir/37.912633,22.9065855/37.7246378,22.8492462/@37.8058786,22.7430891,32933m/data=
the gray route is not suitable for 2WD cars
Conversion: this conversion route is not suitable for 2WD vehicles:
https://www.google.de/maps/dir/37.7288834,22.8522494/37.7445108,22.8593954/@37.7355142,22.8588547,812m/data=
This is why Van den Berge offers a relatively long route via Prosymna-Limnes and Agionori in his book.
Access on foot therefore seems more practical, see "Access" below

**Avvicinamento:** (traduzione alternativa)
From the parking lot for the exit, continue up the bad slope. When you reach the parking lot for access, turn left at an acute angle. First down the dirt road where the path exits, keeping left to the streambed (entry).
Leaving the slope to the left, an inconspicuous path leads upwards, which later reaches the slope again.

**Giro:** (traduzione alternativa)
First we have to walk and downclimb in the dry streambed (over 30 minutes) before we reach the 1st rappel. This is followed by 4 rappels, 2 of which exit in a Marmita Trampa. Both dry pools can be climbed around on the right. This is followed by another 15 to 20 minutes of walking and downclimbing until we find an exit to the left up the bank.

**Ritorno:** (traduzione alternativa)
On the left high bank we descend pathlessly through the bushes parallel to the streambed until we see our car on the left for the exit.

**Coordinate:**
Parcheggio Entrata e uscita 37.7289 22.8525
Parcheggio all'entrata 37.7445 22.8594
Inizio del canyon 37.7439 22.8562
Fine del canyon 37.7336 22.8530

**Rapporti:**

2024-04-23 | Bina | ☆ ☆ |🕮 |⚓ | 〰 Secco | 👍 Completato
If you like dry gorges, this one is quite pretty. (traduzione alternativa)

2024-04-23 | Patrik Bartel | ☆ ☆ |🕮 ★ |⚓ ★ ★ ★ | 〰 Secco | 👍 Completato
Beautiful dry canyon, with water this one must be superiore. (traduzione alternativa)

2023-05-18 | Wolfgang Streicher | ☆ |🕮 |⚓ ★ ★ ★ | 〰 Secco | 👍 Completato
Makes sense only with water throughput, especially in view of the effort involved. Pleasant was only the descent with a French group from Montpellier/Chambery. (traduzione alternativa)