

# Kremastos

Canyon Kremastos

<b>Creare:</b> 2023-03-09 20:51:52	<b>Aggiornamento:</b> 2025-07-05 21:41:19	<b>Stampa:</b> 2026-06-07 09:06:15
<b>Paese:</b> Ελλάδα / Greece <b>Regione:</b> Περιφέρεια Ανατολικής Μακεδονίας και Θράκης / Eastern Macedonia and Thrace <b>Sottoregione:</b> Νομός Έβρου / Evros Prefecture <b>Città:</b> Samothraki		
<b>Difficoltà:</b> difficile	<b>Grado:</b> v5 a2 III	<b>Tempo totale:</b> 5h20
<b>Tempo avvicinamento:</b> 2h	<b>Tempo giaro:</b> 3h	<b>Tempo ritorno:</b> 20min
<b>Altitudine di entrata:</b> 260m	<b>Altitudine di uscita:</b> 0m	<b>Altitudine delta:</b> 260m
<b>Lunghezza del canyon:</b> 220m	<b>Rapel più alto:</b> 58m	<b>Quantità rapelli:</b> 12
<b>Transporto:</b> Auto necessaria	<b>Tipo di roccia:</b>	<b>Area di ingresso:</b> km <sup>2</sup>
<b>Stagione:</b> aprile - novembre	<b>Orientamento:</b>	<b>Tempo migliore:</b>
<b>Valutazione:</b> ★ 4.4 (5)	<b>Info:</b> ★ 2.5 (2)	<b>Belay:</b> ★ 2.8 (4)
<b>Specialità:</b>		
<b>Attrezzatura:</b>		
<b>Sintesi:</b> Kremastos is a must-do highlight canyon of Samothraki. A vertical multi-stage abseil down a waterfall directly into the sea, with a boat-ride there and back. To tackle this route you need to be trained and have a good knowledge of the techniques to be used on big high verticals. The topo may not be accurate. The best advice is to have a 60m or longer rope per person, and work it out as you go. It is advantageous to have a phone that can make phone calls from Turkey to Greece (see "Return" below).		
<b>Idrologia:</b>		
<b>Accesso:</b> First organise the boat: contact Nicholas +30 698 4508105 (English, no WhatsApp known) to check that he is running the boat. Arrange departure from the beach, and an approximate pickup time. Drive the car to Pachía Ammos beach. Park at the western end at Nicholas's beach place. Proceed in Nicholas's boat to the drop-off point. Nicholas will show you where to climb up from the drop-off.		
<b>Avvicinamento:</b> Follow the GPX from Ropewiki <a href="https://ropewiki.com/Kremastos">https://ropewiki.com/Kremastos</a> to the canyon.		
<b>Giro:</b> Follow the topo. Some parts of the canyon have bolts both sides. Note that at times the topo is hard to follow.		
<b>Ritorno:</b> Just before the last abseil into the sea there is a bolt traverse canyon right, which may have a handline rigged. Climb the traverse and up a bit to get phone signal. Turkey may have better signal. Call Nicholas, agree a pickup time. Time the last abseil so most of the party are down just before Nicholas arrives. There is a ledge to wait on about 2-3m above the sea. When Nicholas arrives, go to the left of the ledge, jump in and swim to the boat.		
<b>Coordinate:</b> Inizio del canyon <a href="#">40.4062 25.6289</a> Parcheggio Entrata e uscita <a href="#">40.3961 25.5790</a> Fine del canyon <a href="#">40.4048 25.6303</a>		

## Rapporti:

2025-09-30 | System User | |📖|📌|🌊 Normale | 🍏 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Kremastos Anchor points OK. Walk there and back. Very beautiful area and route! Return route with handrails and two short abseils very cool! 7 h for all. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21599/observations.html>)

2025-07-05 | System User | |📖|📌|🌊 Basso | 🍏 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Kremastos Super bel environnement et cascades. Prendre les deux dernières 50 en RG depuis la vasque jusqu'à la MC. Possibilité d'approche en bateau jusqu'à Vatos voire plus loin, gps : 40.40064 25.61884 Du coup approche réduite à moins d'une heure ! Retour bateau ! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21599/observations.html>)

2025-06-14 | System User | |📖|📌|🌊 Normale | 🍏 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Kremastos Approche et retour en bateau . Fin d'approche magnifique. Belle verticale qui se jette dans la mer. Vue incroyable, rapide. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21599/observations.html>)

2025-06-14 | System User | |📖|📌|🌊 Normale | 🍏 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Kremastos Splendide!!! RDV chez Nikolas beach bar pour la navette bateau! Un personnage local des plus agréable!!! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21599/observations.html>)

2025-06-12 | Jeanne Picart | ⭐⭐⭐⭐ |📖|📌|🌊 Basso | 🍏 Completato

Equipment ok. Approach in 1h30 with boat drop off from Agelada beach. Nikolas +306984508105. We got a bit lost on the way, about 100m from the canyon, the kerns had disappeared and looking at the map on Avenza maps, we were 50m too low... Strange... Kerns and blue dots found again later, maybe we followed the way back from the canyon? Otherwise magnificent canyon, with a splendid view. Be careful in the 50-50 wall (before the final relay and after the big wall), the second relay is on the left bank.... (traduzione alternativa)

2024-08-07 | Rok | ⭐⭐⭐⭐ |📖|📌|🌊 Basso | 🍏 Completato

Everything tip top. 2nd visit on this vacation. Boat transfer organized at Ammos beach. You can only experience something like this here. All stands with 2 rings or chain. A unique experience. A must do on the island. (traduzione alternativa)

2024-07-29 | AlexS | ⭐⭐⭐⭐ |📖|📌|🌊 Basso | 🍏 Completato

Grandiose, unfortunately too short canyon. Access marked with cairns and red and white dots . Boat trip recommended. (traduzione alternativa)

2024-07-16 | System User | |📖|📌|🌊 Normale | 🍏 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Kremastos Ammos à Vatos et fin du canyon à Ammos en bateau , 150 euros avec le bateau de Nikolas gérant du bar de la plage d'Ammos, du coup comme on était deux ça fait cher. Approche en 1h20 de Vatos , suivre les cairns .Canyon en 1h40 , c'est beau très beau même majestueux .Pour la grande cascade : deux relais au départ RD ou RG puis 10 m plus bas 2 relais RD préférer le plus bas en bord de lèvres . Puis bon relais chaîné 15 m plus bas toujours en RD . De là on a tiré jusqu'au replat . ( fractio encore possible sur très bon relais inox environ 30 m plus bas non utilisé ). Puis cascade suivante avec relais en RG environ 40m puis relais RG très excentré pour environ 60m jusqu'aux MC de l'échappatoire et dernier rappel jusqu'à la mer. C'est très classe (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21599/observations.html>)

2024-07-05 | System User | |📖|📌|🌊 Basso | 🍏 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Kremastos Pour l'accès : après avoir débarqué sur la plage de Vatos , la longer coté est presque juste au bout , puis prendre un sentier qui monte . Suivre les points rouges et les cairns , on traverse 2 ou 3 ruisseaux qui coulent un peu .Arrivé à un petit col , on aperçoit à droite une petite arche naturelle . Ne pas descendre dans le vallon à droite ( échappatoire de retour si pas de bateau ! ) , mais continuer de monter à gauche ( cairns , chemin de muletier ) . On arrive peu après dans le canyon. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21599/observations.html>)

2024-05-29 | System User | |📖|📌|🌊 Normale | 🍏 Completato

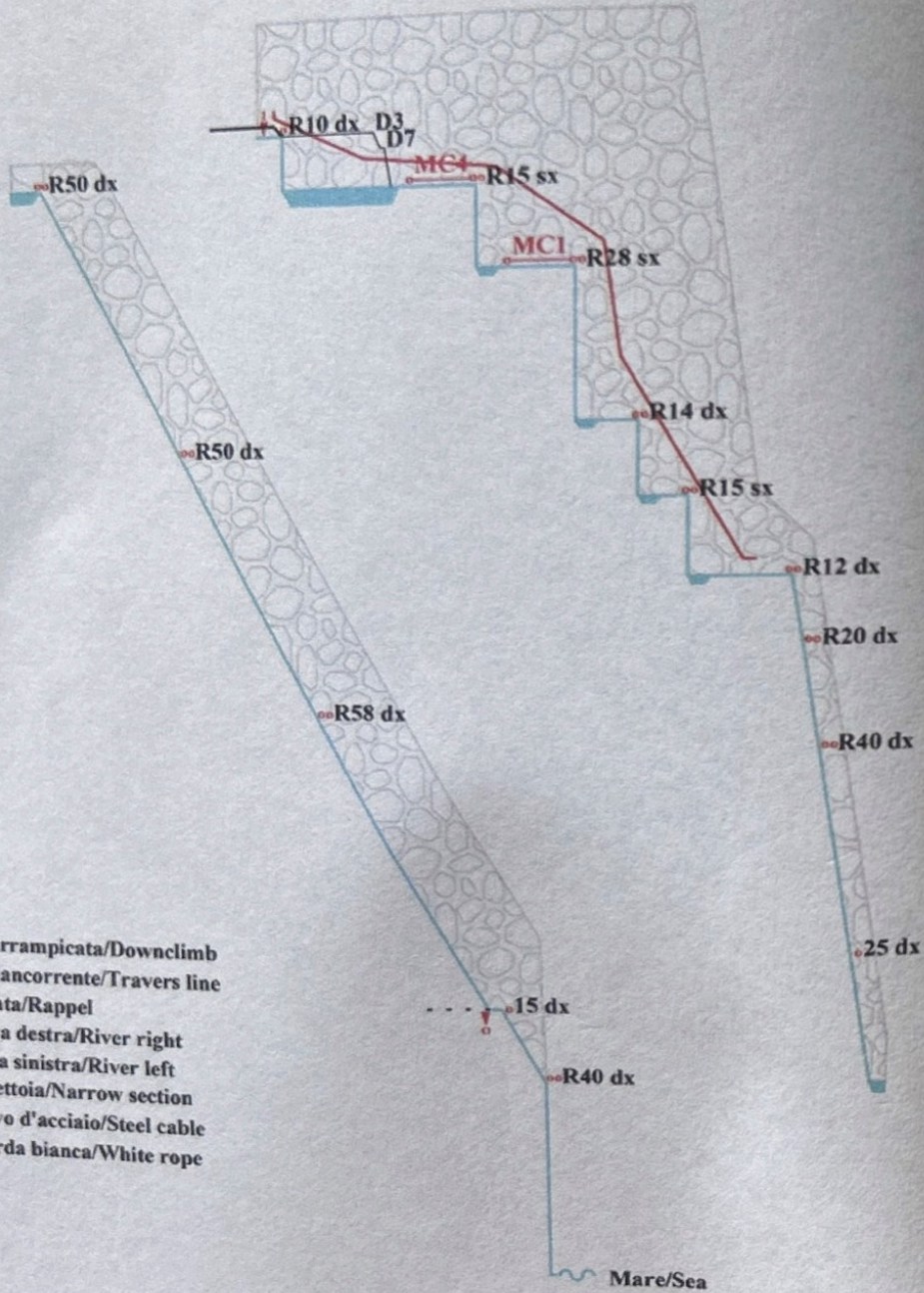
Automatisch importiert von Descente-Canyon.com für Canyon Kremastos For Access from Vatos-Beach:<https://de.wikiloc.com/routen-canyoning/zustieg-kremastos->



# KREMASTOS



IN (260 m) 40,406230°N 25,628864°E  
OUT (55 m) 40,404798°N 25,630303°E  
3:30 4:00 3:30 12 (hmax 58 m)



- D Disarrampicata/Downclimb
- MC Mancorrente/Travers line
- R Calata/Rappel
- dx Riva destra/River right
- sx Riva sinistra/River left
- Strettoia/Narrow section
- Cavo d'acciaio/Steel cable
- -Corda bianca/White rope