Gnaupenloch

Ehnbach

Creare: 2023-03-09 20:55:35	**Aggiornamento:** 2025-05-20 07:21:05	**Stampa:** 2026-11-05 11:11:21
Paese: Österreich / Austria **Regione:** Tirol **Sottoregione:** Bezirk Innsbruck-Land **Città:** Zirl		
Difficoltà: un po' difficile	**Grado:** v3 a4 V	**Tempo totale:** 5h30
Tempo avvicinamento: 2h	**Tempo giaro:** 2h30	**Tempo ritorno:** 1h
Altitudine di entrata: 1575m	**Altitudine di uscita:** 1130m	**Altitudine delta:** 445m
Lunghezza del canyon: 1650m	**Rapel più alto:** 18m	**Quantità rapelli:** 35
Transporto: Bici/Mountainbike	**Tipo di roccia:**	**Area di ingresso:** km²
Stagione:	**Orientamento:** Sud	**Tempo migliore:**
Valutazione: ☆ 4.1 (19)	**Info:** ★ 2.6 (12)	**Belay:** ★ 2.2 (17)

Specialità:

Attrezzatura:
Corde: 2x20m

Sintesi: (traduzione alternativa)
Sequence of many smaller rappels in a continuously narrow and long gorge section

Idrologia:

Accesso: (traduzione alternativa)
Coming from Innsbruck, we leave the A 12 at Zirl onto the B 177 in the direction of Seefeld, Garmisch (D). After about 2 km we leave the B 177 via the Zirl-West exit. This is where the Hochzirler Straße begins, which we follow uphill. After 1.7 km, a forest road joins from the right. Here we can park the lower car in a suitable place. The second car continues uphill, past the Hochzirl train station to the Hochzirl regional hospital (3 km from the B 177). Park the (upper) car on the left-hand side of the road here.

Avvicinamento: (traduzione alternativa)
From the upper parking lot, we take the forest path that leads directly above the hospital in an easterly direction. Follow the signs to the "Solsteinhaus" here and beyond. If you only have one car available, it is best to park it in the lower parking lot and then walk up the forest path that ends here. After just 300 m, you have the first opportunity to change to the upper access path ("Brunnalm"). After 2 km (from Hochzirler Straße) there is a second option (easy forest path) and after about 3 km a third option (just before crossing the Ehnbach). Follow the signs to the "Solsteinhaus". At an altitude of 1385 m above sea level, we pass the freight elevator to the Solsteinhaus. We continue uphill on a path past a fountain with fresh water. At 1610 m above sea level, we pass a hunting lodge (on the left) and shortly afterwards come to the Soln-Alm (1645 m above sea level - also with a fountain). To the right of the path we now see a fenced-in wooden cross. Directly to the left of this, a path leads down to the stream.

Giro: (traduzione alternativa)
After about 100m in the open gravel bed of the Ehnbach stream, the gorge begins. Now follows a long series (about 30) of shorter rappels (mostly outside the beam) until you reach the exit of the first section of the gorge after about 2 hours. Here, if necessary, you can climb steeply up to the slope. The more recommendable variant leads after another hour and 5 not unattractive rappels as well as a longer stretch in the stream bed gravel down to the exit on the crossing piste.

Ritorno: (traduzione alternativa)
On the slope always slightly downhill and via the hiking trail past the train station to Hochzirler Straße.

Coordinate:
Inizio del canyon 47.3056 11.2826
Fine del canyon 47.2920 11.2815
Parcheggio all'entrata 47.2854 11.2437
Parcheggio in uscita 47.2785 11.2517
Punto di passaggio 47.2949 11.2782
Punto di passaggio 47.3036 11.2808

Rapporti:

2026-10-10 | Florian Heufler | ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ | ≋ Normale | 👍 Completato
Everything's fine! Some new stations with SOS markers; about half of the small rappels can also be downclimbed without any problems! We only climbed the upper section—from the gear cable car to the gear cable car—in 2 hours and 50 minutes as a pair. (traduzione alternativa)

2026-09-12 | Simone & Armin | ☆ ☆ ☆ ☆ ⯨ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | ≋ Basso | 👍 Completato
Everything’s fine. Thanks to whoever drilled a bolt at the “Gnaupenloch” □□—that way, you don’t have to go around the corner along the “rope traverse”… □□ Otherwise, everything’s great! It’s always such an impressive, narrow canyon □□□□ (traduzione alternativa)

2026-07-04 | Flo | ☆ ☆ ☆ ☆ ☆ |🕮 |⚓ ★ ★ ★ | ≋ Normale | 👍 Completato
A beautiful, extremely narrow, and deeply carved canyon. The route is in very good condition. All anchors are present and easily accessible. Some rope anchors are also in good condition. There are 2–3 spots where you have to downclimb over some wood, but it’s never a problem. The access is also easily manageable by bike. It takes about 3.5 hours to hike through the upper and lower sections of the canyon. Just before the exit of the upper section, there’s a dead chamois in the stream; unfortunately, the water smells a bit after that. (traduzione alternativa)

2026-05-30 | Patrick Summerer | ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ | ≋ Normale | 👍 Completato
Tour variant with bikes. All anchors in order and easy to reach. A few annoying downclimbs and unfortunately 4 dead chamois (!) in the water. Exit at the confluence of the Oberbach, up to the cable car along the stream takes about 20min (traduzione alternativa)

2025-10-21 | Lieke Smulders | ☆ ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | ≋ Basso | 👍 Completato
Amazing tour, so beautiful!!! Long walk but not difficult, we did it in 2 hours. canyon is very narrow and I would recommend it for every one. We where in a group of 7 and completed the canyon in 2,5/3 hours. Anchoring most are mono point but very good to spot and some high water anchors aswell. The water at the end was 3x more than the beginning, with high water can be very challenging.

2025-09-20 | Matthias Schwarz | ☆ ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ | ≋ Normale | 👍 Completato
Perfect conditions. Stands fit, sometimes quite high, but something can always be missing, would not go without a drill set. When using the e-bike (start at the PPL below the station) a pleasant, short day tour is possible. It's best to leave the bikes after the railing 200m after the material cable car - this is also where the stream comes up, which you can use to get off after the first part. Beautiful! At lunchtime there is also a bit of sun at the moment... (traduzione alternativa)

2025-09-08 | Joey CIA | ☆ ☆ ☆ ⯨ |🕮 |⚓ ★ ★ | ≋ Normale | 👍 Completato
Access with e-bike 10min + 45 minutes hiking to the entry. Stands ok, a few loose anchors but tightened. Great canyon, lots of pushing in the canyon (traduzione alternativa)

2025-08-23 | Manuel Reindl | ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ | ≋ Normale | 👍 Completato
Very nice canyon - as in the previous ascents, a lot of debris. Stands are ok - one stand can be "climbed" or reached with a "robber's ladder". All others can be reached normally. (traduzione alternativa)

2025-08-13 | Herbert von Neumann | ☆ ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ ★ | ≋ Basso | 👍 Completato
Everything ok

2025-07-05 | Benedikt Mayr | ☆ ☆ ☆ |🕮 |⚓ ★ | ≋ Normale | 👍 Completato
A lot of pushing. (traduzione alternativa)

2025-05-19 | Ba | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ | ≋ Normale | 👍 Completato
Access by MTB 50 min + 40 on foot. We only walked the upper part (abseiling points 35 to 6). Exit after the hole on the right up the streambed back to the bike. Water cold and perhaps a little more than usual. We didn't need the auger. At one point we used a Panikexe (highly recommended). Abseiling point 25, the belay is much too high (not easy to reach even with a robber ladder), a glued anchor in good condition looks out to the right at foot level, with good rope management you can easily pull off the rope. A flap has been added to the Abs 23, when pulling the rope I noticed that it is not very tight. Please tighten it. We had a lot of fun □□ (traduzione alternativa)

2024-09-08 | Joey CIA | ☆ ☆ ☆ ⯨ |🕮 |⚓ ★ ★ | ≋ Normale | 👍 Completato