Sinigo (superiore)

Rio Sinigo,Sinich Bach,Forra di Sinigo,Rio Sinigo (Superiore)

Creare: 2024-06-05 22:52:00	**Aggiornamento:** 2026-02-18 09:12:50	**Stampa:** 2026-11-05 10:11:22
Paese: Italia / Italy **Regione:** Trentino-Alto Adige **Sottoregione:** Bolzano **Città:** Merano		
Difficoltà: molto difficile	**Grado:** v6 a5 V	**Tempo totale:** 6h40
Tempo avvicinamento: 20min	**Tempo giaro:** 6h	**Tempo ritorno:** 20min
Altitudine di entrata: 1230m	**Altitudine di uscita:** 770m	**Altitudine delta:** 460m
Lunghezza del canyon: 2200m	**Rapel più alto:** 135m	**Quantità rapelli:** 11
Transporto: Auto necessaria	**Tipo di roccia:**	**Area di ingresso:** km²
Stagione: agosto - agosto	**Orientamento:**	**Tempo migliore:**
Valutazione: ☆ 3.5 (2)	**Info:** ★ 1.5 (2)	**Belay:** ★ 2 (2)

Specialità:

Attrezzatura:
Corde: 2x 140m

Sintesi: (traduzione alternativa)
Impressive canyon cut into the porphyry; challenging in length and water level, with a spectacular 130 m high waterfall at the exit. Normally the upper part is not accessible due to the high water level, except in particularly dry periods. The middle section begins below the exit from the upper part. The entire Rio Sinigo, from Hafling to the village of Sinigo, is certainly the most impressive canyon in South Tyrol, with around 50 equipped abseils or downclimbs over a length of more than 4 km.
Raw data import from Ropewiki https://ropewiki.com/Sinigo

Idrologia: (traduzione alternativa)
Only accessible in particularly dry periods. Otherwise not accessible due to the high water level.

Accesso: (traduzione alternativa)
Shuttle 13,5km

Approach to the parking exit: from Bolzano Sud take the Merano-Bolzano expressway in the direction of Merano. Then take the Sinigo/Sinich exit and continue towards this village. After the long straight, take the first exit at the traffic circle in the direction of Arelengo/Verano Hafling/Vöran. After approx. 1 km, at another traffic circle, take the first exit Pictung Freiberg/Montefranco (Via Castel Gatto). Follow the road for approx. 2 km until you reach the junction al Hohe 523 (crucifix) and turn left into Via #ers and then into Via Fragsburg/Castel Verruca Ge in the direction of Fragsburg. After about 3 km, drive past Fragsburg Castle and then park your car (BOTTOM CAR) in the unpaved parking lot. From here, a wide path begins on the right that leads to the Fades 130 m high waterfall in 15 minutes, where you can judge the water level.

Parking entry. From Fragsburg Castle, drive back to the junction with Via Labers and follow it to the right. At the exit of Via Labers, take the first exit at the traffic circle in the direction of Hafling When you reach the village of Hafling, turn left before the E55o petrol station and park directly above the petrol station (Nusser parking lot).

Avvicinamento: (traduzione alternativa)
From the parking lot, walk down and follow Via Locher for about 150 meters. Then take the wide path on the right that leads up the Sinigo stream to a small bridge. After crossing this small bridge, descend to the river bed on the orographic left bank and follow the watercourse until you reach a large stone wall, where the route begins.

Giro: (traduzione alternativa)
Difficult canyon for normal water flow. Risk of landslides and falling rocks. The route is divided into three parts: upper part, rarely passable due to strong current; middle part, generally passable and fairly open; lower part, often with little water, but becomes dangerous in strong current.

C135 (35-20-20-50)

Emergency exit near the first tributary on the left.

Remarks: it is recommended to bring your own material to reinforce inadequate anchors. Check the water level very carefully!

Ritorno: (traduzione alternativa)
After the 130-meter-high waterfall, follow the water inlet to the right and ascend above it on the path to Fragsburg Castle.

Coordinate:
Inizio del canyon 46.6469 11.2213
Fine del canyon 46.6351 11.2046
Parcheggio all'entrata 46.6488 11.2181
Parcheggio in uscita 46.6333 11.1955
Parcheggio in uscita 46.6327 11.1949

Rapporti:

2026-10-20 | Andrea Ceolan | ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ ★ | ≈ Basso | 👍 Completato
The four of us hiked through the gorge starting from the iron bridge, a few hundred meters upstream from the road bridge (the trail to the waterfall). In our opinion, about two-thirds of the gorge is not very interesting, with a long, fairly level section that requires walking and a few rappels. About one-third of the way in, a forest road from both the left and right banks extends all the way to the riverbed (retaining wall)—we believe it’s easily accessible about 200 meters before the last short tunnel (there’s a gas station after the tunnel)—and we recommend entering from there. In the lower third, the gorge becomes stunning, featuring rappels and four beautiful slides in succession. We broke down the 135-meter waterfall roughly as follows: 25-20-30-60, but other combinations are possible by using a mix of old (but good) anchors on handmade plates and new anchors. Note that the first (old) anchor is offset to the right by about 5m from the vertical, and reaching it over slippery slabs and a narrow descending ledge is not always easy. The rest of the rappels are perfectly vertical along the rope. The anchors are more or less reliable: always check if there’s a subsequent anchor, because in some situations you’ll otherwise have to climb down using trapped trees. There’s a single anchor at the start of the lower third that needs to be integrated (drill). After that are 4 nice slides in sequence. It took us 6 hours and 15' from car to car. (5h 30' for the canyon only)

2025-08-19 | Federico | ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ ★ | ≈ Normale | 👍 Completato
Bellissimo ed impegnativo canyon in ambiente molto selvaggio, per esperti. Presenza di numerosi tronchi caduti in acqua, utile seghetto. Abbiamo aggiunto 2 ancoraggi mancanti lungo il percorso. L'ultima calata da 135 mt ha 2 riprese (35 mt, 30 mt, 60 mt) attenzione che le corde si possono incastrare. Al momento tutti gli ancoraggi sono recenti ed in buono stato. Consigliata sacca d'armo e da fare solo dopo lunghi periodi di siccità e con meteo stabile. Solo 1 via di fuga nella prima parte del canyon.

2023-03-09 | System User | |🕮 |⚓ | |
Daten importiert von https://ropewiki.com/Sinigo

Parti:
Sinigo (superiore), v6 a5 V, 20min+6h+20min
Sinigo (intermedio), v4 a3 III, 15min+2h+5min
Sinigo (inferiore), v3 a5 IV, 2min+2h30+20min

Prima discesa: 01.07.1998 da Eccli Ervin, Colò Claudio, Leonardo (cr)