

Arzino (superiore)

Cascate e pozze turchesi del Torrente Arzino, Arzino -1, Arzino sup

Creare: 2023-07-01 16:56:45	Aggiornamento: 2026-05-27 08:10:42	Stampa: 2026-06-07 09:06:24
Paese: Italia / Italy Regione: Friuli Venezia Giulia Sottoregione: ente di decentramento regionale di Udine Città: Preone		
Difficoltà: un po' difficile	Grado: v3 a4 II	Tempo totale: 3h
Tempo avvicinamento: 5min	Tempo giaro: 2h30	Tempo ritorno: 25min
Altitudine di entrata: 715m	Altitudine di uscita: 655m	Altitudine delta: 60m
Lunghezza del canyon: 250m	Rapel più alto: 20m	Quantità rapelli: 14
Transporto: a piedi	Tipo di roccia: dolomite	Area di ingresso: km ²
Stagione: maggio - ottobre	Orientamento: Nord-Est	Tempo migliore: 11-14 Ore
Valutazione: ★ 4.4 (6)	Info: ★ 2 (3)	Belay: ★ 1.8 (5)
Specialità:		
Attrezzatura: Corde: 2x20m		
Sintesi: 'Arzino sup' touristically known as 'Cascate e pozze turchesi del Torrente Arzino' is a compact and rather aquatic canyoning tour in a remote Dolomite valley of glacier origin. The descent is characterized by a succession of leaps, pools, potholes and its inviting, colourful water straight from the source. Start of the obstacles are an almost horizontal geyser, a Niagara-pool, followed by a slightly more carved out gorge, but never more than 10m deep. Many obstacles can be jumped, bypassed or abseiled in the flow. Linking the upper & lower Arzino is the ultimate challenge in the valley, but can be done only with low to normal summer water conditions and experienced teams. The upper Arzino is more (beginner) friendly. Non-canyoneers can easily follow from the trail. Morning to mid-day for ideal light conditions. No phone reception in the upper parts of this valley.		
Idrologia: Partially karstic, additionally some tributaries.		
Accesso: Drive all the way up the Arzino valley, before the last hairpin turns take the left-hand secondary road that takes us higher into the Arzino valley than Arzino 0 starting point (there is one touristic sign for each of the canyons). Follow this little road which is quite narrow with lots of short turns, up until the P on the left hand side, marked again by a touristic sign.		
Avvicinamento: From the car park walk down to the waterfalls. Start of the obstacles is near the picnic bench and a broken down viewing platform. Left of this viewing platform we can use the tree for abseiling into the first obstacle and find a first bolt left bank, as an intermediate anchor, from which an ideal access is given to the geyser.		

Giro:

01 - natural anchor on the tourist trail, left bank, 10m from a tree to a ledge (1p. only)

02 - 7m abseil, left bank, from a bolt on the ledge (exposed, 1p. only) into a waterjet-geyser (impressive when source is active)

If the water is overflowing on all sides of this obstacle, the canyon is in high flow/overflowing.

(01 & 02 are avoidable, but recommended to test the strength of the waterflow) Can also be jumped on the right.

03 - 8m abseil, from a natural anchor, right bank, 8m, into a Niagara-pool, can be partially avoided by abseiling left bank from a natural anchor. Or jumped from the right to the right of the pool (watch out, tree in the bottom centre)

04 - 6m left bank, before the bridge, bolt. Can be jumped into a more shallow pool.

05 - 5m right bank, directly under the bridge, bolt. Rocks below, no jump.

06 - 7m right bank, into a turbulent pool, bolt left & right. Jump left or right.

07 - 9m left bank, into a pool with water movement, bolt + ring. Jump to the right.

Hanging pool with tourist viewpoint on the right (possible escape)

08 - 16m abseil, right bank, from a bolt w.ring

09 - 20m abseil, right bank, from 2 bolts

(In 2026 there was a tree + undercurrent further down the pool, attention with high water)

10 - downclimb the sloping right bank, 5m

11 - MC with 1 intermediate bolt w.carabiner to a ledge, 2 bolts, left bank, to avoid the strong flow + water movement in pool below. Can also be abseiled + jumped straight into the pool.

12 - 5m abseil, left bank, 2 bolts.

Possible games in the small pool with water movement

13 - abseil from a bolt + ring, left bank, 15m across 2 small pools.

Exit of the canyon, right bank.

Ritorno:

Exit at beach, right bank, hike up to the little bridge and take the trail up, 25' to the car. Or continue to Arzino inf. along the trail (few km).

Coordinate:

Inizio del canyon [46.3421 12.8914](#)

Parcheggio Entrata e uscita [46.3409 12.8879](#)

Fine del canyon [46.3434 12.8935](#)

Rapporti:

2026-05-25 | Clarissa Linder | ★★☆☆ | 📖 ★★ | 🚣 ★★ | 🌊 Normale | 🍏 Completato

Watery, beautiful canyon with crystal-clear turquoise pools. Many places are jumpable. Can be easily connected with the inferior part due to the orographic hiking trail on the right. (traduzione alternativa)

2026-05-22 | Saša | ★★☆☆ | 📖 | 🚣 ★★ | 🌊 Normale | 🍏 Completato

Nice and interesting aquatic canyon. All anchors OK.

2026-04-30 | Jeroen Kirchner | ★★☆☆ | 📖 ★★ | 🚣 ★★ | 🌊 Normale | 🍏 Completato

A bit early in the year, but given the fact it had only rained little in April (1cm of snow), the water flow is already at summer level. However, as a measure of precaution, a personal floating device was still useful. Thankful for the feedback of Jason, the aquatic scale was raised, i doubled the first anchor, doubled the big waterfall, added another anchor for the final handline, and doubled its exit (4 bolts for the handline in total). All the anchors are away from the tourist trail. No slings or ropes on the trees.

2025-07-20 | Jason Walker | ★★☆☆ | 📖 ★ | 🚣 ★ | 🌊 Basso | 🍏 Completato

V3, probably. A3 - very very stiff. More aquatic than most around Friuli. At the flow we had it'd be A4 at least, and if it was higher it'd push into A5... The bolting is sufficient. Singles the whole way down though, not ideal. The canyon itself is actually super nice, and much more interesting than we were expecting. It was certainly very very cold water. Perhaps the coldest in the region at this time of year. Certainly worth a look. If this is A3, the bottom section must be super rowdy!

2025-05-12 | Jeroen Kirchner | ★★☆☆ | 📖 | 🚣 | 🌊 Folle | 🍏 Non fatto

A bit too much water, but then again, it had rained heavily for days. Water colour and the pools looked really good. Plenty of light penetrating the forest this time of year.

2023-06-07 | Jeroen Kirchner | ★★☆☆ | 📖 | 🚣 ★★ | 🌊 Alto | 🍏 Completato

Removed some wood from the canyon and opened a new aquatic line half way through the canyon. Conditions were perfect, a bit lower than the opening year 2021 (but higher than in 2022), it would seem the source depends on melting water (hence: more snow, late in the year = bigger flow, throughout summer) (traduzione alternativa)

Parti:

Arzino (superiore), v3 a4 II, 5min+2h30+25min

Arzino (inferiore), v3 a5 II, 0min+2h30+0min

Prima discesa: 30.07.2021 da Jeroen Kirchner