

Ponale

Torrente Ponale

Creare: 2023-03-09 20:53:34	Aggiornamento: 2023-10-14 09:16:19	Stampa: 2026-06-07 10:06:46
Paese: Italia / Italy Regione: Trentino-Alto Adige Sottoregione: Trento / Provincia autonoma di Trento Città: Riva del Garda		
Difficoltà: un po' difficile	Grado: v4 a3 III	Tempo totale: 4h
Tempo avvicinamento: 30min	Tempo giaro: 2h30	Tempo ritorno: 1h
Altitudine di entrata: 240m	Altitudine di uscita: 65m	Altitudine delta: 175m
Lunghezza del canyon: 500m	Rapel più alto: 25m	Quantità rapelli: 9
Transporto: a piedi	Tipo di roccia:	Area di ingresso: 128.00km ²
Stagione:	Orientamento: Est	Tempo migliore:
Valutazione: ★ 3.4 (8)	Info: ★ 2.8 (5)	Belay: ★ 2.5 (6)
Specialità:		
Attrezzatura: Corde: 2x30m		
Sintesi: (traduzione alternativa) Rappel canyon in attractive ambience		
Idrologia:		
Accesso: (traduzione alternativa) From Riva del Garda on the SS 240 in the direction of Lake Ledro. About 350 m after the exit of the long tunnel section, turn left over the bridge (below the T. Ponale) in the direction of Pregasina. About 300 m after the bridge and about 100 m before the tunnel there is a large parking bay on the left of the road. Park your car here.		
Avvicinamento: (traduzione alternativa) 50 m further on, in the direction of the tunnel, a dirt road branches off to the left, which we follow downhill high above the Ponale. We come to a paved road that now descends more steeply until we come to a narrow tarred road that is now mainly used as a bike path. Keeping to the left on the little road, we come to a bridge high above the Ponale. It is possible to rappel directly from the bridge into the streambed (about 55 m) or (easier) with the help of a rope to cross the iron gate at the northern end of the bridge and to reach the bottom of the streambed on the path that follows (a few meters before an old water drainage down into the streambed).		
Giro: (traduzione alternativa) Besides rappels, there are also slides and jumps. The final passage with the swim out into the lake under a huge rock bridge is overwhelming. Since slightly above the access a sewage plant discharges the hopefully well cleaned sewage, the underground is usually slippery and you should choose a time after heavy precipitation for the ascent.		
Ritorno: (traduzione alternativa) After the last waterfall, keeping left through the rock gate and swimming out into the lake, after about 30 meters you reach a small brick platform. Over this we come across the remains of a path, which first over the rock arch meets a partially still paved path, which leads us up to the tarred road and then further, the access path now back up to the car.		
Coordinate: Inizio del canyon 45.8624 10.8275 Fine del canyon 45.8612 10.8327 Parcheggio Entrata e uscita 45.8638 10.8195		

