

# Tenasses

Ravin des Tenasses, Canyon des Tenasses, Ruisseau des Tenasses, La Vausseresse

<b>Creare:</b> 2023-03-09 20:52:22	<b>Aggiornamento:</b> 2025-03-26 08:42:02	<b>Stampa:</b> 2026-06-07 10:06:15
<b>Paese:</b> Schweiz / Switzerland <b>Regione:</b> Kanton Waadt / Canton de Vaud <b>Sottoregione:</b> Ancien district du Pays-d'Enhaut <b>Città:</b> Chateau d'Oex		
<b>Difficoltà:</b> non così difficile	<b>Grado:</b> v3 a2 IV	<b>Tempo totale:</b> 3h15
<b>Tempo avvicinamento:</b> 15min	<b>Tempo giaro:</b> 2h30	<b>Tempo ritorno:</b> 30min
<b>Altitudine di entrata:</b> 1385m	<b>Altitudine di uscita:</b> 1180m	<b>Altitudine delta:</b> 205m
<b>Lunghezza del canyon:</b> 550m	<b>Rapel più alto:</b> 35m	<b>Quantità rapelli:</b> 15
<b>Transporto:</b> a piedi	<b>Tipo di roccia:</b>	<b>Area di ingresso:</b> 1.10km <sup>2</sup>
<b>Stagione:</b> aprile - novembre	<b>Orientamento:</b> Sud	<b>Tempo migliore:</b>
<b>Valutazione:</b> ★ 3 (7)	<b>Info:</b> ★ 2 (3)	<b>Belay:</b> ★ 2 (3)
<b>Specialità:</b>		
<b>Attrezzatura:</b> Corde: 2x 35m		
<b>Sintesi:</b> (traduzione alternativa) Alpine canyon, south-facing, little cut, sequence of waterfalls without runs, no possible jumps, rarely a possibility for slides, short, pleasant access		
<b>Idrologia:</b>		
<b>Accesso:</b> (traduzione alternativa) From Chateau d'Oex in the Saane valley (975m above sea level), take the Route du Mont, then keep left at the last houses onto the Route du Clôt and drive up the northern slope above the village in long serpentines to the exit of the road at the hamlet of Les Planards (1325m above sea level). - Ask for permission to park.		
<b>Avvicinamento:</b> (traduzione alternativa) From the farm, we climb up the meadow in a westerly direction on indistinct tracks and enter the forest at a metal fence crossing. We follow the now clear path (red and white markings), cross a steep mountain flank sloping down to the canyon and then stand in the streambed. If you also want to walk the upper part of the Tenasses, follow the stream up the other bank, cross a side ditch, then keep sharp right and follow the path to the Tenasses at 1500m.		
<b>Giro:</b> (traduzione alternativa) Descent in mostly open streambed on grippy limestone in small-scale steps. Practically no running sections.		
<b>Ritorno:</b> (traduzione alternativa) As soon as you meet red rock in the streambed, look for a suitable exit that leads us pathless and steeply up to the farm where our car is parked.		
<b>Coordinate:</b> Inizio del canyon <a href="#">46.4873 7.1279</a> Fine del canyon <a href="#">46.4851 7.1293</a> Parcheggio Entrata e uscita <a href="#">46.4879 7.1330</a> Partenza alternativa del canyon <a href="#">46.4900 7.1264</a>		

## Rapporti:

2026-05-10 | System User | |📖|📍|🌊 Folle |🔴 Non fatto

Automatisch importiert von Descente-Canyon.com für Canyon Tenasses Le canyon est toujours rempli de neige (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22235/observations.html>)

2026-04-11 | System User | |📖|📍|🌊 Folle |🔴 Non fatto

Automatisch importiert von Descente-Canyon.com für Canyon Tenasses Le canyon est rempli de l'entrée a la fin des cascades par une grande avalanches (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22235/observations.html>)

2025-06-07 | Nathan |⭐️👉|📖⭐️|📍⭐️|🌊 Normale |👍 Completato

DC R.A.S. concerning the anchors, the addition of the one from the trail is a very good initiative. Otherwise, the névés are still present (and dangerous). There are lots of logs and rockfalls cluttering up the end of the canyon. (traduzione alternativa)

2025-05-18 | System User | |📖|📍|🌊 Basso |👍 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Tenasses DC- Encore beaucoup de neige par endroits ! On a posé un relais dans l'accès pour accéder au canyon (accès pédestre dangereux, névé raide). Deux jolis restes de névé vers le milieu du canyon, on passe dessous sans problème, puis un énorme névé de bien 200m de long, on est passés par-dessus mais ça passe possiblement aussi dessous (frontale obligatoire et prévoir une possibilité de remonter si ça passe pas). Actuellement ça passait super bien moyennant de l'adaptation, mais attention lors des prochaines pluies ou grosses chaleurs, les névé vont bien finir par se casser la gueule... Rééquipé/doublé certains relais (posé 6 nouveaux points au total).Sinon parcouru l'Hongrin juste après, nickel ! Et entendu des retours de Leyvra et Mérils, nickel aussi ! (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22235/observations.html>)

2025-03-22 | Peisen |⭐️⭐️⭐️👉|📖|📍|🌊 Normale |🔴 Uscita di emergenza

The canyon is still largely buried under avalanche snow. The steps of the first 3-4 cascades can already be rappelled if you crawl under the ice after the rappel or continue rappelling on the ice to the next belay. We got off after the big step as all the anchors and the entire canyon are buried under the avalanche snow. The exit is difficult, tricky and laborious. Current ascents only recommended with ice equipment and/or a drill (traduzione alternativa)

2024-10-20 | System User | |📖|📍| |

Automatisch importiert von Schlucht.ch für Canyon Tenasses, Wasserstand: "DC-" Verankerungen: "gut" Herrliche Herbstschlucht mit viel Sonne, Haken gut; aufgrund der Kühe und der eher privat anmutenden Chalet-Situation waren wir sehr unsicher mit dem PP (ein Herr befand es später für iO, erwartet aber, dass man vorgängig fragt - als wir geläutet haben, hat aber niemand reagiert); der Ausstieg bei "rot" links hoch ist sehr steil und für Vierbeiner - weiss jemand, ob der Ausstieg nach den 3 roten Abseilern besser ist? (Quelle: <https://schlucht.ch/schluchten-der-schweiz-liste/1202-tenasses>)

2024-10-20 | System User | |📖|📍|🌊 Normale |👍 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Tenasses DC- und alle Haken iO; wunderschöne, sonnige Tour; der Ausstieg bei "rot" links hoch ist schon sehr schweinhisch ;) kennt jemand den Vergleich zu der Stelle nach den drei roten Abseilern? (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22235/observations.html>)

2024-10-12 | System User | |📖|📍|🌊 Normale |👍 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Tenasses Débit sympa.Équipement ok.Nous avons fait 3 rappels dans la partie rouge du bas. Retour en mode sanglier. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22235/observations.html>)

2024-10-05 | System User | |📖|📍| |

Automatisch importiert von Schlucht.ch für Canyon Tenasses, Wasserstand: "wenig, kalt" Verankerungen: "gut, mit 60m Seil kann die gesamte Schlucht problemlos bewältigt werden..." Benzinkanister gerettet und auf dem Wanderweg deponiert...! (Quelle: <https://schlucht.ch/schluchten-der-schweiz-liste/1202-tenasses>)

2024-09-22 | Tim |⭐️⭐️⭐️⭐️|📖⭐️⭐️⭐️|📍⭐️⭐️⭐️|🌊 Basso |👍 Completato

The anchors looked fairly new. Seen from the valley, the canyon can also be entered and exited from the left side. However, the exit is quite arduous. The alternative start is worthwhile. (traduzione alternativa)