

Kiengrabenbach

Creare: 2026-10-10 17:30:33	Aggiornamento: 2026-10-11 12:13:35	Stampa: 2026-10-24 05:10:17
Paese: Österreich / Austria Regione: Steiermark Sottoregione: Liezen District Città: Sankt Gallen		
Difficoltà: non così difficile	Grado: v3 a1 II	Tempo totale: 2h50
Tempo avvicinamento: 50min	Tempo giaro: 1h50	Tempo ritorno: 10min
Altitudine di entrata: 1040m	Altitudine di uscita: 660m	Altitudine delta: 380m
Lunghezza del canyon: m	Rapel più alto: 15m	Quantità rapelli: 8
Transporto: a piedi	Tipo di roccia:	Area di ingresso: km²
Stagione:	Orientamento:	Tempo migliore:
Valutazione: ★ 2 (1)	Info: ★ 3 (1)	Belay: ★ 2 (1)
Specialità:		
Attrezzatura: Corde: 1x40m		
Sintesi: (traduzione alternativa) Mostly an open, rocky gorge with little water. Remains of an old hermitage past the first third of the gorge. Can be combined with the nearby Griesbach (Griesbach as the first hike, then climb back up to the Kiengraben trailhead).		
Idrologia:		
Accesso: (traduzione alternativa) From Admont, take the B117 over the Buchauer Sattel. At Griesbauer, turn right onto a sand road and follow it for a short distance to a small parking area just before the forest road begins.		
Avvicinamento: (traduzione alternativa) Cross the bridge and follow Trail 664 toward Sparerriegel/Kleiner Buchstein. First, hike for about 15 minutes along the forest road into the valley floor, then turn left onto another forest road and soon follow a beautiful hiking trail up the forest ridge. You'll briefly return to the forest road before turning right again onto a path. Follow this path uphill, crossing the forest road one more time. Follow the forest road to a leftward haipin bend, then turn left at the turn onto another forest road leading into the Kienbach Valley. The entry is at the ford across the stream.		
Giro: (traduzione alternativa) A forest and rocky gorge with short slides and parts requiring downclimbing, as well as two narrower parts. Often dry at the top, with slightly more water further down. The area above the described entry might also be worth exploring. 5-minute downclimb and small bumpy slides 8 m rappel from a glued anchor on the right 10 m rappel from a glued anchor on the left; destroyed chain anchor Walking and downclimbing 3 m rappel from an expansion hook on the right Walking and downclimbing to the remains of a hermitage 2.5 m slide 15m rappel from a glued anchor on the left; briefly exposed 2x3m downclimb, then 20min walk and downclimb Start of a deeper canyon 5m downclimb to the right Rappel 5 m from an expansion hook with a chain link on the left Rappel 5 m from a glued anchor at the back left Rappel 4 m from an expansion hook on the left Rappel 5 m from a glued anchor on the left Walk and downclimb to the canyon exit at the iron pipe crossing the stream		

Ritorno: (traduzione alternativa)

Take a short detour to the right down the forest road; at the haipin bend, head back into the streambed and follow it to the Griesbach; from there, take a short detour to the left uphill to the parking lot

Coordinate:

Inizio del canyon [47.6415 14.6131](#)

Fine del canyon [47.6456 14.5969](#)

Parcheggio Entrata e uscita [47.6477 14.5936](#)

Rapporti:

2026-10-10 | Rok | ★★ | 📖 ★★★ | ⚓★★ | 🌊 Secco | 🍴 Completato

It's worth doing once. Ideal after heavy rain. Where we were, it was dry—or rather, there was just an occasional trickle. We added two anchors and a rapid link. Otherwise, it's almost always a older glued anchor, but it works fine. A beautiful, secluded, and alpine atmosphere. (traduzione alternativa)