Trümmelbach I

Trümmelbach

Creare: 2023-11-20 21:11:44	**Aggiornamento:** 2025-09-06 20:49:54	**Stampa:** 2026-11-05 11:11:51
Paese: Schweiz / Switzerland **Regione:** Kanton Bern / Canton de Berne **Sottoregione:** Verwaltungskreis Interlaken-Oberhasli / Interlaken-Oberhasli administrative district **Città:** Lauterbrunnen		
Difficoltà: non così difficile	**Grado:** v3 a2 III	**Tempo totale:** 3h10
Tempo avvicinamento: 1h	**Tempo giaro:** 2h	**Tempo ritorno:** 10min
Altitudine di entrata: 2695m	**Altitudine di uscita:** 2340m	**Altitudine delta:** 355m
Lunghezza del canyon: 300m	**Rapel più alto:** 40m	**Quantità rapelli:** 9
Transporto: Cablecar	**Tipo di roccia:**	**Area di ingresso:** 1.20km²
Stagione: agosto - ottobre	**Orientamento:** Ovest	**Tempo migliore:**
Valutazione: ☆ 3.6 (5)	**Info:** ★ 1.7 (4)	**Belay:** ★ 2 (4)

Avvertenzas:
inattivo: *Divieto di pesca a Berna Caso J* (annuale 01.01. - 15.04.)
Questo specchio d'acqua può essere utilizzato solo dal 16 aprile al 31 dicembre, in conformità con le norme di pesca del Cantone di Berna.

Specialità:

Attrezzatura:
Corde: 2x 30m

Sintesi: (traduzione alternativa)
2.5/4; 0/2 Smileys.
Trümmelbach I is the canyon with the highest entry in Switzerland. The panorama on the ascent alone is very impressive. The canyon is not particularly deep, but offers great rock formations and is extremely narrow in places.

Idrologia:

Accesso: (traduzione alternativa)
On the A8 highway, take exit 25 (Wilderswil) and then drive up the valley towards Lauterbrunnen. Cross the village and turn left shortly after the Weisse Lütschine towards the retirement home. Park at the exit of the road at a sports field or in the parking garage at Lauterbrunnen train station.

Avvicinamento: (traduzione alternativa)
From the parking lot to the train station and take the train to Kleine Scheidegg station and continue by train to the Eiger Glacier. Since the exit of 2020, it has been possible to take the Eiger Express from Grindelwald, which takes you directly to the Eiger Glacier station in 15 minutes. From the Eiger Glacier station, you continue hiking up on a blue and white marked trail, which initially runs along the railroad line. The path is exposed in some places, but there are fixed hand lines to help you over the steep parts. Continue along the path to an altitude of 2680m, from where you can begin the traverse to the right through the loose rock field to the start of the canyon.

Giro: (traduzione alternativa)
The canyon is more of a mini-canyon in terms of depth and width, especially at the beginning.

The water has ditched a very narrow and small slot towards the first abseiling points. After the first waterfalls, the canyon continues in beautifully polished rock and gets deeper and deeper. There are always some steep downclimbs, but this is not a problem with the enormously grippy rocks. The canyon with its beautiful views and surroundings is a great adventure. At the exit, the route continues directly in front of the ice field and it is recommended to include Trümmelbach II in the same tour, as this combination works excellently. If Trümmelbach II is to be appended, you can enter the same stream after bypassing the snow/ice field and do some nice downclimbs and slides until you reach the start of Trümmelbach II.

Caution: the plates on the rakes are often missing, even if someone has been in there shortly before. Better take a few plates and M10 nuts and washers in SS316 with you.

Ritorno: (traduzione alternativa)
If you only do Trümmelbach I, then leave the path at the snow/ice field to the right and traverse to Eigergletscher station, which is more or less at the same altitude. If you add Trümmelbach II, you can either hike up from the exit of the canyon to the Eigergletscher station or hike down to Wengernalp to catch the next train.

Coordinate:
Inizio del canyon 46.5759 7.9861
Fine del canyon 46.5732 7.9787
Parcheggio Entrata e uscita 46.5975 7.9099
Parcheggio Entrata e uscita 46.6239 8.0211

Rapporti:

2026-09-26 | Alex Engelhardt | ☆ ☆ ☆ |🕮 ★ |⚓ ★ | ≋ Basso | 👍 Completato
Everything ok (traduzione alternativa)

2026-09-07 | System User | |🕮 |⚓ | |
Automatisch importiert von Schlucht.ch für Canyon Trümmelbach I, Wasserstand: "Tief-Mittel" Verankerungen: "Alle Top" Sehr lohnende Schlucht, schmale Stellen und hier und da Super cool eingeschnitten. Es hat Passagen die mit runterklettern bei höherem Wasserstand nicht angenehm sein könnten und es kein Haken hat zum Abseilen meistens 2-5m. Könnte man aber umgehen da die stellen kaum Tief sind und so aus der Schlucht schnell raus & wieder rein kommt. (Quelle: https://schlucht.ch/schluchten-der-schweiz-liste/1272-truemmelbach-i)

2026-09-07 | Adrian Büschlen | ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ ★ ★ | ≋ Basso | 👍 Completato
everything tip top (traduzione alternativa)

2025-12-13 | MarcoW | ☆ ☆ ☆ ½ |🕮 ★ |⚓ ★ ★ | ≋ Normale | 👍 Completato
with Sami, Damian (traduzione alternativa)

2025-08-23 | Peisen | ☆ ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ | ≋ Normale | 👍 Completato
If you like alpine canyons, this is certainly one of the best. Very grippy, generally superiore conditions (traduzione alternativa)

2023-03-09 | System User | ☆ ☆ ☆ ½ |🕮 |⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/24188/Trummelbach-I.html

Parti:
Trümmelbach I, v3 a2 III, 1h+2h+10min
Trümmelbach II, v4 a2 IV, 45min+1h+45min
Trümmelbach III, v3 a3 V, 20min+3h+30min
Trümmelbach IV, v5 a4 V, 1h+5h+45min
Trümmelbach V, v5 a5 V, 50min+4h+5min