Gries (CH)

Gamchi inf.,Gries,Gamchibach, Griesschlucht

Creare: 2023-03-09 20:54:22	**Aggiornamento:** 2026-10-27 10:47:50	**Stampa:** 2026-11-05 11:11:46
Paese: Schweiz / Switzerland **Regione:** Kanton Bern / Canton de Berne **Sottoregione:** Verwaltungskreis Frutigen-Niedersimmental / Frutigen-Niedersimmental administrative district **Città:** Kiental		
Difficoltà: molto difficile	**Grado:** v5 a6 IV	**Tempo totale:** 2h40
Tempo avvicinamento: 35min	**Tempo giaro:** 2h	**Tempo ritorno:** 5min
Altitudine di entrata: 1350m	**Altitudine di uscita:** 1150m	**Altitudine delta:** 200m
Lunghezza del canyon: m	**Rapel più alto:** 35m	**Quantità rapelli:**
Transporto: a piedi	**Tipo di roccia:**	**Area di ingresso:** 26.20km²
Stagione:	**Orientamento:** Ovest	**Tempo migliore:**
Valutazione: ☆ 4.8 (7)	**Info:** ★ 2.4 (5)	**Belay:** ★ 2 (5)

Avvertenzas:
È necessaria l'autorizzazione dell'Ispettorato venatorio per lo svolgimento di attività commerciali di canyoning
Secondo il sito https://www.belex.sites.be.ch/app/de/texts_of_law/923.111/versions/1792/annex/2, l'esercizio a titolo professionale di attività sportive acquatiche richiede l'autorizzazione dell'Ispettorato della caccia.
inattivo: *Divieto di pesca a Berna Caso J* (annuale 01.01. - 15.04.)
Questo specchio d'acqua può essere utilizzato solo dal 16 aprile al 31 dicembre, in conformità con le norme di pesca del Cantone di Berna.

Specialità:
Ghiacciaio nel bacino idrografico, Canyon invernale,

Attrezzatura:
Lampada frontale,

Sintesi: (traduzione alternativa)
Immensely impressive gorge of a glacial stream that is generally accessible only in November and December. One of the great tours in the Bernese Oberland.

Idrologia:

Accesso: (traduzione alternativa)
Take the A6 to Spiez, then turn off towards Adelboden. In Reichenbach, turn left and follow the road uphill to Kiental. Continue in the direction of Griesalp. Parking exit: After crossing the wide valley floor at Tschingelsee, park in the paid parking lot (2016: 2 Chf, change machine for francs available) Parking entry: Follow the steep road uphill over several hairpin bends until a road branches off to the left towards Pochtenalp. There are small parking spaces near the bridge.

Avvicinamento: (traduzione alternativa)
Descend into the streambed above the bridge.

Giro: (traduzione alternativa)
Rappel right from a tree with a sling, cross the pool and climb left to the next anchor. Rappel 12m and carefully pass the tree trunk to reach the next 14m rappel. After short walking passages the canyon opens for a moment before a 35m rappel into the dark cathedral. Intermediate position possible after 25m on the right. In December 2016, here were many tree trunks that were thrown into the gorge during forestry work. The next rappel can be rappelled from the left or from the right. Climbing to the right anchor is technically difficult (V+). Another 12m rappel brings you back out into the open. The anchor for the 27m high Pochtenfall is located behind the right edge and is reached by a wide straddle step. After a short walking passages follows the short second gorge with two low rappels and a waterfall from the left. Walk 100m before the last gorge section of the Hexenkessel begins. After the bridge, jump 3m or go around to the left, then carefully downclimb to the downclimb anchor on the right above a 5m step. Climb the ropes to the right onto the small ledge under the overhang and rappel 18m into the pool under the Hexenkessel. From now on only downclimb and jump in a beautiful gorge.

Ritorno: (traduzione alternativa)
Cross to the right to the parking lot

Coordinate:
Inizio del canyon 46.5478 7.7591
Parcheggio in uscita 46.5494 7.7562
Parcheggio all'entrata 46.5476 7.7590
Fine del canyon 46.5485 7.7564

Rapporti:

2025-12-20 | MarcoW | |🕮 |⚓ | 〰 Alto | 👎 Non fatto
...we had to stop because we had overestimated the water level... (traduzione alternativa)

2025-12-20 | Peisen | ☆ ☆ ☆ ☆ ½ |🕮 |⚓ | 〰 Normale | 👍 Completato
No ice, neither in the access nor in the canyon. Superiore conditions. Unfortunately, an excavator above the stream has clouded the water. (traduzione alternativa)

2025-12-04 | System User | |🕮 |⚓ | |
Automatisch importiert von Schlucht.ch für Canyon Gamchibach / Griesschlucht, Wasserstand: "Mittel." Verankerungen: "Gut." Z.T. dünne Eisschicht vorhanden, keine grossen Eisgebilde, Schneehöhe im unverspurten Gelände 40 cm. Im C 37 liegt ein dünner Baumstamm der einen Seilklemmer produzieren kann. Bohrhaken freigelegt. (Quelle: https://schlucht.ch/schluchten-der-schweiz-liste/1068-gamchibach-griesschlucht)

2025-11-14 | System User | |🕮 |⚓ | |
Automatisch importiert von Schlucht.ch für Canyon Gamchibach / Griesschlucht, Wasserstand: "Hoch" Verankerungen: "Gut" Alles gut, teils verblocktes Holz in der Schlucht, sportlicher Wasserstand. Kein Eis. Einige Fixseile könnten ersetzt werden. (Quelle: https://schlucht.ch/schluchten-der-schweiz-liste/1068-gamchibach-griesschlucht)

2025-11-14 | Peter Lampacher | ☆ ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ | 〰 Alto | 👍 Completato
All good, sporty water level. No ice. Some fixed ropes could be replaced. (traduzione alternativa)

2023-03-09 | System User | ☆ ☆ ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/GriesCanyon.html

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2021-11-05 | Christian Balla | ☆ ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ | 〰 Alto | 👍 Completato
High volume of water but doable. Hooks in good condition, but in one place so extremely icy that we could not use them. (traduzione alternativa)

2021-11-02 | Christian Balla | ☆ ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ | 〰 Folle | 👎 Non fatto
The water level was too high for a safe ascent without knowing the canyon. (traduzione alternativa)

2021-10-30 | Bubtore | ☆ ☆ ☆ ☆ ½ |🕮 ★ ★ |⚓ ★ ★ | 〰 Alto | 👍 Completato
Difficult undertaking with so much water. One of the 2nd group that went in got stuck more than 2 hours before the Hammer Mental. A rucksack was also lost. (traduzione alternativa)

2016-12-09 | GeorgB | ☆ ☆ ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ ★ | 〰 Basso | 👍 Completato
Low water level for this stream. Many tree obstacles in the high waterfall, otherwise everything perfect (traduzione alternativa)

Parti:
Gamchi, v5 a5 V, 2h+2h40+40min
Gornerbach (Bern), v4 a5 III, 1h+1h30+35min
Gries (CH), v5 a6 IV, 35min+2h+5min