

Gries

Gamchibach, Griesschlucht, Gamchi inf.

Creare: 2023-03-09 20:54:22	Aggiornamento: 2025-12-21 15:30:51	Stampa: 2026-06-07 08:06:37
Paese: Schweiz / Switzerland Regione: Kanton Bern / Canton de Berne Sottoregione: Verwaltungskreis Frutigen-Niedersimmental / Frutigen-Niedersimmental administrative district Città: Kiental		
Difficoltà: molto difficile	Grado: v5 a6 IV	Tempo totale: 2h40
Tempo avvicinamento: 35min	Tempo giaro: 2h	Tempo ritorno: 5min
Altitudine di entrata: 1350m	Altitudine di uscita: 1150m	Altitudine delta: 200m
Lunghezza del canyon: m	Rapel più alto: 35m	Quantità rapelli:
Transporto: a piedi	Tipo di roccia:	Area di ingresso: 26.20km ²
Stagione:	Orientamento: Ovest	Tempo migliore:
Valutazione: ★ 4.8 (7)	Info: ★ 2.4 (5)	Belay: ★ 2 (5)
Avvertenzas: inattivo: <i>Divieto di pesca a Berna Caso J</i> (annuale 01.01. - 15.04.) Questo specchio d'acqua può essere utilizzato solo dal 16 aprile al 31 dicembre, in conformità con le norme di pesca del Cantone di Berna.		
Specialità: Ghiacciaio nel bacino idrografico, Canyon invernale,		
Attrezzatura: Lampada frontale,		
Sintesi: (traduzione alternativa) Immensely impressive gorge of a glacial stream that is generally accessible only in November and December. One of the great tours in the Bernese Oberland.		
Idrologia:		
Accesso: (traduzione alternativa) Take the A6 to Spiez, then turn off towards Adelboden. In Reichenbach, turn left and follow the road uphill to Kiental. Continue in the direction of Griesalp. Parking exit: After crossing the wide valley floor at Tschingelsee, park in the paid parking lot (2016: 2 Chf, change machine for francs available) Parking entry: Follow the steep road uphill over several hairpin bends until a road branches off to the left towards Pochtenalp. There are small parking spaces near the bridge.		
Avvicinamento: (traduzione alternativa) Descend into the streambed above the bridge.		
Giro: (traduzione alternativa) Rappel right from a tree with a sling, cross the pool and climb left to the next anchor. Rappel 12m and carefully pass the tree trunk to reach the next 14m rappel. After short walking passages the canyon opens for a moment before a 35m rappel into the dark cathedral. Intermediate position possible after 25m on the right. In December 2016, here were many tree trunks that were thrown into the gorge during forestry work. The next rappel can be rappelled from the left or from the right. Climbing to the right anchor is technically difficult (V+). Another 12m rappel brings you back out into the open. The anchor for the 27m high Pochtenfall is located behind the right edge and is reached by a wide straddle step. After a short walking passages follows the short second gorge with two low rappels and a waterfall from the left. Walk 100m before the last gorge section of the Hexenkessel begins. After the bridge, jump 3m or go around to the left, then carefully downclimb to the downclimb anchor on the right above a 5m step. Climb the ropes to the right onto the small ledge under the overhang and rappel 18m into the pool under the Hexenkessel. From now on only downclimb and jump in a beautiful gorge.		
Ritorno: (traduzione alternativa) Cross to the right to the parking lot		

Coordinate:

Inizio del canyon [46.5478 7.7591](#)

Parcheggio in uscita [46.5494 7.7562](#)

Parcheggio all'entrata [46.5476 7.7590](#)

Fine del canyon [46.5485 7.7564](#)

Rapporti:

2025-12-20 | Peisen | ★★★★★ | 📖 | 📍 | 🌊 Normale | 🍏 Completato

No ice, neither in the access nor in the canyon. Superiore conditions. Unfortunately, an excavator above the stream has clouded the water. (traduzione alternativa)

2025-12-04 | System User | 📖 | 📍 | |

Automaticamente importato da Schlucht.ch für Canyon Gamchibach / Griesschlucht, Wasserstand: "Mittel."

Verankerungen: "Gut." Z.T. dünne Eisschicht vorhanden, keine grossen Eisgebilde, Schneehöhe im unverspurten Gelände 40 cm. Im C 37 liegt ein dünner Baumstamm der einen Seilklemmer produzieren kann. Bohrhaken freigelegt. (Quelle: <https://schlucht.ch/schluchten-der-schweiz-liste/1068-gamchibach-griesschlucht>)

2025-11-14 | System User | 📖 | 📍 | |

Automaticamente importato da Schlucht.ch für Canyon Gamchibach / Griesschlucht, Wasserstand: "Hoch"

Verankerungen: "Gut" Alles gut, teils verblocktes Holz in der Schlucht, sportlicher Wasserstand. Kein Eis. Einige Fixseile könnten ersetzt werden. (Quelle: <https://schlucht.ch/schluchten-der-schweiz-liste/1068-gamchibach-griesschlucht>)

2025-11-14 | Peter Lampacher | ★★★★★ | 📖 | 🌟 | 📍 | 🌊 Alto | 🍏 Completato

All good, sporty water level. No ice. Some fixed ropes could be replaced. (traduzione alternativa)

2023-03-09 | System User | ★★★★★ | 📖 | 📍 | |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/GriesCanyon.html>

2021-11-05 | Christian Balla | ★★★★★ | 📖 | 🌟 | 📍 | 📍 | 🌊 Alto | 🍏 Completato

High volume of water but doable. Hooks in good condition, but in one place so extremely icy that we could not use them. (traduzione alternativa)

2021-11-02 | Christian Balla | ★★★★★ | 📖 | 🌟 | 📍 | 📍 | 🌊 Folle | 🚫 Non fatto

The water level was too high for a safe ascent without knowing the canyon. (traduzione alternativa)

2021-10-30 | Bubtore | ★★★★★ | 📖 | 🌟 | 📍 | 📍 | 🌊 Alto | 🍏 Completato

Difficult undertaking with so much water. One of the 2nd group that went in got stuck more than 2 hours before the Hammer Mental. A rucksack was also lost. (traduzione alternativa)

2016-12-09 | GeorgB | ★★★★★ | 📖 | 🌟 | 📍 | 📍 | 🌊 Basso | 🍏 Completato

Low water level for this stream. Many tree obstacles in the high waterfall, otherwise everything perfect (traduzione alternativa)

Parti:

Gamchi, v5 a5 V, 2h+2h40+40min

Gornerbach (Bern), v4 a5 III, 1h+1h30+35min

Gries, v5 a6 IV, 35min+2h+5min