

# Clue de Saint-Auban

Clue de Saint-Auban, Estéron

<b>Creare:</b> 2023-03-09 20:53:54	<b>Aggiornamento:</b> 2025-08-22 08:35:35	<b>Stampa:</b> 2026-06-07 10:06:01
<b>Paese:</b> France <b>Regione:</b> Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur <b>Sottoregione:</b> Alpes-Maritimes <b>Città:</b> St. Auban		
<b>Difficoltà:</b> non così difficile	<b>Grado:</b> v3 a2 II	<b>Tempo totale:</b> 3h35
<b>Tempo avvicinamento:</b> 5min	<b>Tempo giaro:</b> 3h	<b>Tempo ritorno:</b> 30min
<b>Altitudine di entrata:</b> 1010m	<b>Altitudine di uscita:</b> 890m	<b>Altitudine delta:</b> 120m
<b>Lunghezza del canyon:</b> 1000m	<b>Rapel più alto:</b> 20m	<b>Quantità rapelli:</b> 4
<b>Transporto:</b> Auto facoltativa	<b>Tipo di roccia:</b> limestone	<b>Area di ingresso:</b> 50.00km <sup>2</sup>
<b>Stagione:</b> giugno - settembre	<b>Orientamento:</b> Nord	<b>Tempo migliore:</b>
<b>Valutazione:</b> ★ 3.7 (6)	<b>Info:</b> ★ 2 (3)	<b>Belay:</b> ★ 2.7 (3)
<b>Specialità:</b>		
<b>Attrezzatura:</b> Corde: 2x 20m		
<b>Sintesi:</b> (traduzione alternativa) Watery rappel canyon. It is the first of four river stretches of the Estéron that are canyoned. Very frequented by commercial groups during the season. Not without danger during stronger water flow because of the backwaters.		
<b>Idrologia:</b>		
<b>Accesso:</b> (traduzione alternativa) From the valley of the Estéron we take the D 2211 direction St. Auban. Already before the village we park a car at the Maison des Services au Public de Saint-Auban. If we have a second car, we continue downhill along the left canyon rim and after a few switchbacks we reach a bridge over a side stream of the Estéron. A few meters later, we can park the second car in the open space on the left.		
<b>Avvicinamento:</b> (traduzione alternativa) From the bridge on the road first past the parking areas for hikers, climbers and fishermen at the site and left of the Esteron the road award.... Shortly after the tunnel at the break in the railing down to the right into the river.		
<b>Giro:</b> (traduzione alternativa) Although you can see large parts of the canyon from the road, it is a very sporty hike that is not recommended for beginners. In some places, the abundance of water leads to backwaters and backwaters. The highest waterfall (a few meters after crossing under a rope bridge made of 2 steel ropes) should not be rappelled at more than 500 litres/sec, although you can rappel through it and come to a halt behind the waterfall. A (not easy) switch from the right to the left side of the gorge is recommended here, as well as a traverse to the left around an edge and with several intermediate hooks and a tree to a sloping slab from which you can jump. A rope ferry is also possible here and is used by commercial guides. Incidentally, they only use the rope twice for the rappel.		
<b>Ritorno:</b> (traduzione alternativa) Where the canyon widens considerably and a side stream flows in from the left, follow the clear footprints to the left into the valley of the side stream and across a forest road to the parking exit.		
<b>Coordinate:</b> Inizio del canyon <a href="#">43.8508 6.7298</a> Fine del canyon <a href="#">43.8568 6.7267</a> Parcheggio in uscita <a href="#">43.8578 6.7240</a> Parcheggio all'entrata <a href="#">43.8468 6.7289</a>		

## Rapporti:

2026-05-25 | System User | |📖|📌|🌊 Normale | 🍀 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saint Auban (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/250/observations.html>)

2026-05-17 | System User | |📖|📌|🌊 Alto | 🍀 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saint Auban (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/250/observations.html>)

2026-04-26 | System User | |📖|📌|🌊 Normale | 🍀 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saint Auban Ras (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/250/observations.html>)

2025-10-05 | System User | |📖|📌|🌊 Normale | 🍀 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saint Auban Ras (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/250/observations.html>)

2025-09-26 | System User | |📖|📌|🌊 Basso | 🍀 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saint Auban Jolie canyon, équipement OK. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/250/observations.html>)

2025-09-21 | System User | |📖|📌|🌊 Normale | 🍀 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saint Auban RAS, toujours très sympa mais l'eau est bien, bien, bieeeenn froide ! + D'infos Nico 0618522515 (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/250/observations.html>)

2025-08-31 | System User | |📖|📌|🌊 Normale | 🍀 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saint Auban Superbe canyon mais bien trop court Équipements OK (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/250/observations.html>)

2025-08-31 | System User | |📖|📌|🌊 Normale | 🍀 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saint Auban Les perceptions sont propres à chacun bien sûr. La température de l'air était bonne en réalité, mais selon la nomenclature du site, "Bon" signifie qu'on se mouillait de bon coeur. Donc malgré la température bonne, on ne se mouillait vraiment pas de bon coeur, l'eau était déjà bien bien froide pour la saison. Certains avaient froid en attendant, d'autres pas. Donc en résumé, l'eau est déjà bien froide, à prendre en compte selon les personnes présentes, et pour la combinaison et les sous-couches à prévoir éventuellement. Débit correct, mais avec des débutants ou de récents pratiquants, il faut déjà être bien prudent et attentif dans certaines cascades ou vasques. On peut sauter par endroit mais faut vraiment bien sonder avant. La plupart du temps, on n'a pas pu. RAS niveau équipement. En ayant discuté avec un guide très sympathique à la sortie, il paraît qu'il y a 5 échappatoires. Il faudrait vraiment qu'ici, et partout ailleurs, elles soient indiquées. Les topos et carte IGN ne permettent pas toujours de les identifier. C'est une action à mettre en place par les fédérations et les équipeurs. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/250/observations.html>)

2025-08-24 | System User | |📖|📌|🌊 Normale | 🍀 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saint Auban (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/250/observations.html>)

2025-08-18 | System User | |📖|📌|🌊 Normale | 🍀 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saint Auban Eau fraîche, entre douce et froide. Débit correct mais eau laiteuse. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/250/observations.html>)

2025-08-15 | System User | |📖|📌|🌊 Normale | 🍀 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saint Auban Beaucoup de groupes (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/250/observations.html>)

2025-08-08 | System User | |📖|📌|🌊 Normale | 🍀 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Saint Auban Superbe découverte bien ludique. Des pros sympas tout le long du canyon. faire bien attention aux cailloux cachés dans l'eau :D (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/250/observations.html>)