Cerise

Clue de la Cerise,Estéron

Creare: 2023-03-09 20:50:21	**Aggiornamento:** 2025-08-22 08:29:22	**Stampa:** 2026-11-05 11:11:21
Paese: France **Regione:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Sottoregione:** Alpes-Maritimes **Città:** Gilette		
Difficoltà: un po' difficile	**Grado:** v1 a4 II	**Tempo totale:** 2h45
Tempo avvicinamento: 30min	**Tempo giaro:** 45min	**Tempo ritorno:** 1h30
Altitudine di entrata: 200m	**Altitudine di uscita:** 180m	**Altitudine delta:** 20m
Lunghezza del canyon: 800m	**Rapel più alto:** 0m	**Quantità rapelli:**
Transporto: a piedi	**Tipo di roccia:**	**Area di ingresso:** 400.00km²
Stagione: luglio - settembre	**Orientamento:** Sud-Est	**Tempo migliore:**
Valutazione: ☆ 3.1 (2)	**Info:** ★ 2 (1)	**Belay:** ★ 0 ()

Specialità:

Attrezzatura:
Corde: 1x 30m(Abklettern)

Sintesi: (traduzione alternativa)
River hiking and swim, 4th canyoning section in the Estéron.

Idrologia:

Accesso: (traduzione alternativa)
From Nice on the N 202 in northern direction 24 km to the Pont (bridge) Charles Albert. Here you can not immediately turn left onto the D 17, but must continue for about 100 m, round a traffic circle, back towards Nice, and then turn right onto the bridge over the Var. Now we go up on the D 17 for about 8 km in the direction of Roquesteron. We reach Gilette, which towers like an eagle's nest over Var and Esteron. We continue on the D 17 for another 4.5 km and then see a dirt road branch off to the left. Here we park our car at the edge of the tarred road.

Avvicinamento: (traduzione alternativa)
We walk down the slope, take the respective trails to shortcut and come down to stone bridge (Pont de la Cerise) over the Esteron (200 m a.s.l.). The entry on the orographic left side is a bit more pleasant.

Giro: (traduzione alternativa)
Magnificent canyon with a natural arch and strong rock faults at the exit.
Can be dangerous if the water flow is exceptionally strong.
Otherwise also suitable for a family outing (water temperature in summer 17-23°C).

Rope is required for rope traverses.

Ritorno: (traduzione alternativa)
If the water flow allows, it is best to turn back after the canyon exit and cross the canyon against the current (1 hour to the bridge).

If this does not seem possible due to a strong water flow, continue along the river bed, around the next left-hand bend in the river and then look for the start of a path on the orographic right-hand side of the river that leads back over the orographic right-hand ridge (markers 103 - 102 - 101) to the Pont de la Cerise (1.5 hours to this point). From here, take the approach path back up to the parking lot.

Coordinate:
Inizio del canyon 43.8541 7.1257
Parcheggio Entrata e uscita 43.8563 7.1366
Fine del canyon 43.8483 7.1289

Rapporti:

2026-06-20 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Cerise Eau de couleur marron, sûrement dû à un orage dans le massif la veille. Échelle de hauteur de l’eau à l’entre du canyon inférieur à 50 cm. Nous n'avons rencontré aucune difficulté lié à ce débit. Nous nous sommes baignés au moins 30 min à la sortie du canyon sans combinaison (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html)

2026-06-12 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Cerise Échelle à 50 difficile de tenir debout dans le courant après le 1er coude (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html)

2025-09-14 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Cerise Niveau d'eau à 36cm sur la règle au départ (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html)

2025-05-31 | System User | |🕮 |⚓ | 〰 Alto | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Cerise Retour par le sentier, un peu trop de débit pour remonter les clues avec le matos. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html)

2024-07-18 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Cerise On n’ a pas trouvé le bord ‘ exit canyonning ‘. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html)

2024-07-02 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Cerise (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html)

2024-04-09 | System User | |🕮 |⚓ | 〰 Folle | 👎 Non fatto
Automatisch importiert von Descente-Canyon.com für Canyon Cerise (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2155/observations.html)

2023-04-19 | Daniel Sturm | |🕮 ★ ★ |⚓ | | 👎 Non fatto
Coordinates and description edited. (traduzione alternativa)

2023-03-09 | System User | ☆ ☆ |🕮 |⚓ | |
Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von https://www.descente-canyon.com/canyoning/canyon/2155

2023-03-09 | System User | ☆ ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/CeriseCanyon.html