Sein

Barranco de Sein,Barranco del Sen

Info: La qualità di questa descrizione non è stata ancora controllata o è stata valutata negativa.
Se si conosce questo canyon, si prega di controllare questa descrizione e di inviare una segnalazione con una valutazione per questa descrizione utilizzando Segnalazioni *+Nuova segnalazione.* Se notate un errore, fatecelo sapere o unitevi alla comunità per correggere voi stessi questa descrizione.

Creare: 2023-11-20 21:14:06	**Aggiornamento:** 2026-07-09 17:29:18	**Stampa:** 2026-11-05 10:11:39
Paese: España / Spain **Regione:** Aragón **Sottoregione:** Huesca **Città:** San Juan de Plan		
Difficoltà: non così difficile	**Grado:** v3 a3 I	**Tempo totale:** 1h18
Tempo avvicinamento: 17min	**Tempo giaro:** 1h	**Tempo ritorno:** 1min
Altitudine di entrata: 1290m	**Altitudine di uscita:** 1180m	**Altitudine delta:** 110m
Lunghezza del canyon: 500m	**Rapel più alto:** 12m	**Quantità rapelli:** 5
Transporto:	**Tipo di roccia:**	**Area di ingresso:** km²
Stagione: marzo - novembre	**Orientamento:**	**Tempo migliore:**
Valutazione: ☆ 3 (1)	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Specialità:

Attrezzatura:
Corde: 2x20

Sintesi: (traduzione alternativa)
Or ravine of Sen, as it is born of the lake of the same name. With a short access and immediate return and a descent with a permanent and abundant flow most of the year. Very well excavated and with deep sections, it forms gorges of great quality, in which there are waterfalls and projections with a lot of continuity.
Attention: There is a dam that regulates the flow of the Ibón. It is usually opened once a year, in order to fill the reservoirs at the end of the low water period. Ask at the town hall of San Juan de Plan.

Idrologia:

Accesso: (traduzione alternativa)
We have to go to San Juan de Plan, for this we arrive at Ainsa and take the A138 towards France. After Lafortunada and before reaching Bielsa we will have a detour to the right to Salinas, Valle de Chistau, Gistain, etc.. We will go along this road and pass Plan and soon San Juan de Plan. In the village road makes a turn to the left and there is a street on the right that becomes a track, we follow it and cross the Cinqueta. The next bridge is the river Sen. We park.

Avvicinamento: (traduzione alternativa)
On the orographic right of the river Sen there is a path that goes up the riverbed in about 15-20min and leaves us on a concrete bridge, the beginning of the descent.

Giro: (traduzione alternativa)
Beautiful and little known descent. In many occasions we will find it empty. A very well formed and continuous fattened area awaits us after a small open stretch. It does not have jumps or big abseils but its great flow and boxing forces you to be continually attentive.

Ritorno: (traduzione alternativa)
You reach the bridge

Coordinate:
Inizio del canyon 42.5948 0.3499
Fine del canyon 42.5927 0.3499
Parcheggio sconosciuto 42.5926 0.3497

Rapporti:

2026-09-27 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Sein RAS.Si quelqu'un trouve un casque gris/bleu à la sortie ...Réalisé après la partie sup (5/6 rappels max 30 m) qui a un équipement disparate. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2026-09-19 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Sein Un peu en avance pour Octobre Rose, on a découvert ce joli petit canyon de sien. Comme dit précédemment, complète bien une journée. Bon ratio marche/canyon. Par contre, on n'a vu aucun saut. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2026-08-30 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Sein (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2026-08-27 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Sein Petit canyon sympa à faire.Relais ok (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2026-08-11 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Sein (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2026-08-08 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Sein (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

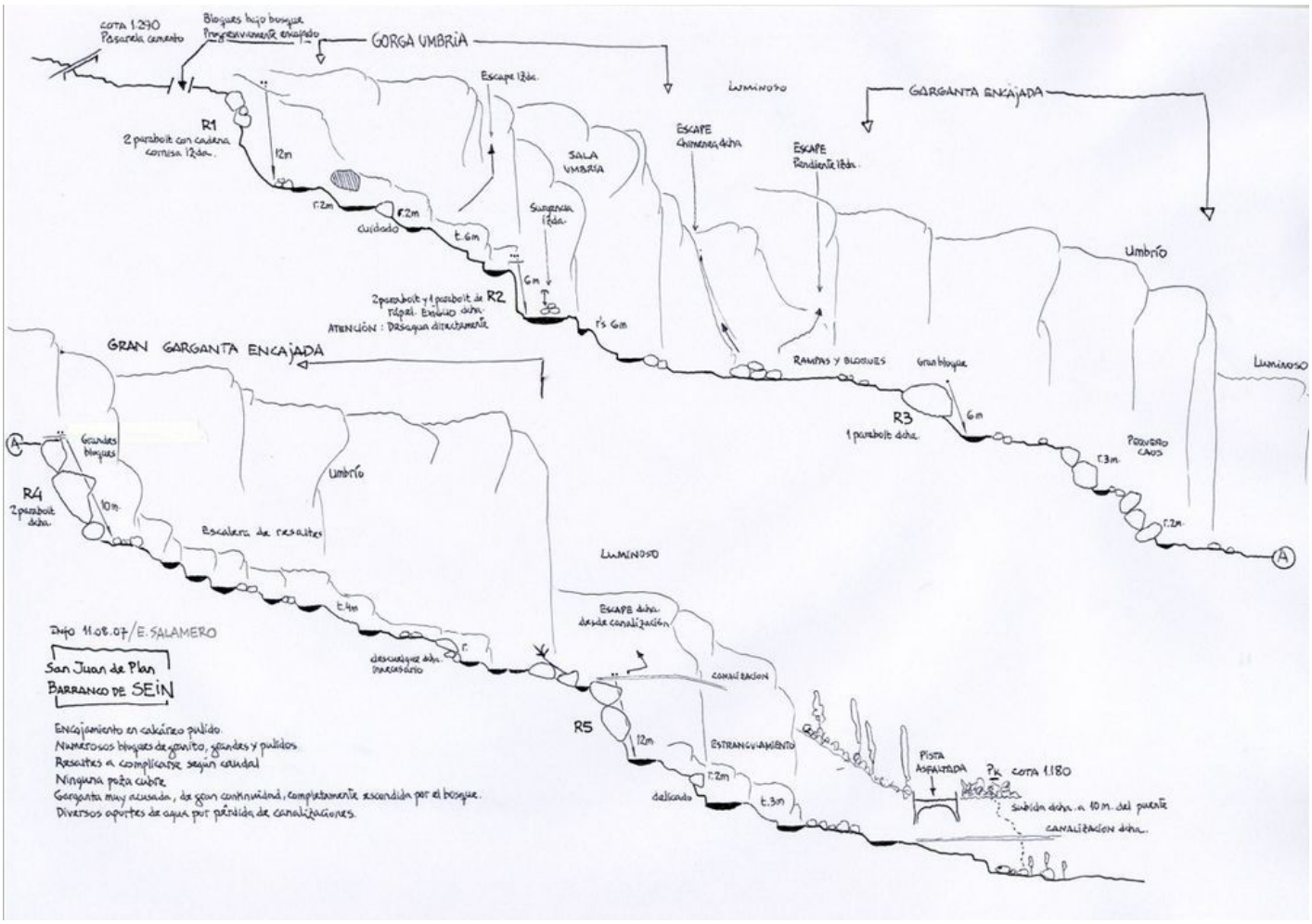
2026-07-12 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Sein Départ à 12 h. Parking plein. Dans le canyon, on a été seul après avoir laissé partir le premier groupe. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2026-06-30 | System User | |🕮 |⚓ | 〰 Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Sein (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23178/observations.html)

2024-06-16 | System User | |🕮 |⚓ | |
Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Resumen, Acceso, Acceso, Recorrido, Regreso, Tiempo regreso, Cantidad rapells, Temporada start, Temporada end, Ruta GPS, Topografía de https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:huesca:sein

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2023-03-09 | System User | ☆ ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/23178/Sein.html



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