

# Frontenex

Canyon Frontenex, Nant Debout

<b>Creare:</b> 2023-03-09 20:50:37	<b>Aggiornamento:</b> 2024-01-30 17:38:39	<b>Stampa:</b> 2026-06-07 08:06:06
<b>Paese:</b> France <b>Regione:</b> Auvergne-Rhône-Alpes <b>Sottoregione:</b> Haute-Savoie <b>Città:</b> Faverges		
<b>Difficoltà:</b> non così difficile	<b>Grado:</b> v2 a3 II	<b>Tempo totale:</b> 1h2
<b>Tempo avvicinamento:</b> 2min	<b>Tempo giaro:</b> 45min	<b>Tempo ritorno:</b> 15min
<b>Altitudine di entrata:</b> 680m	<b>Altitudine di uscita:</b> 645m	<b>Altitudine delta:</b> 35m
<b>Lunghezza del canyon:</b> 100m	<b>Rapel più alto:</b> 9m	<b>Quantità rapelli:</b> 4
<b>Transporto:</b> a piedi	<b>Tipo di roccia:</b>	<b>Area di ingresso:</b> km <sup>2</sup>
<b>Stagione:</b>	<b>Orientamento:</b> Nord-Ovest	<b>Tempo migliore:</b>
<b>Valutazione:</b> ★ 3.5 (3)	<b>Info:</b> ★ 2 (1)	<b>Belay:</b> ★ 3 (1)
<b>Specialità:</b>		
<b>Attrezzatura:</b> Corde: 1x25m		
<b>Sintesi:</b> (traduzione alternativa) Short rappel canyon		
<b>Idrologia:</b>		
<b>Accesso:</b> (traduzione alternativa) From Annecy on the N 508 along the southwest shore of Lac d'Annecy to Faverges(25 km), continue on the D 12 in the direction of Col de Tamie, past Vercheres (27 km) to the hamlet of Frontenex (about 29 km from Annecy). After the last houses, cross the stream, turn left after the bridge and park the car here.		
<b>Avvicinamento:</b> (traduzione alternativa) From the parking lot directly into the stream.		
<b>Giro:</b> (traduzione alternativa) Short and attractive, combine well with Angon, Fontaine Fayard, Nant de Graz, Mine or Montmin.		
<b>Ritorno:</b> (traduzione alternativa) Only a few meters after the gulch widens, a trail climbs steeply to the left, partly secured with ropes. At the top, follow the canyon rim on a meadow up to the road and the car.		
<b>Coordinate:</b> Inizio del canyon <a href="#">45.7288 6.3111</a> Fine del canyon <a href="#">45.7301 6.3080</a> Parcheggio Entrata e uscita <a href="#">45.7284 6.3114</a>		

## Rapporti:

2026-05-25 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)

2026-05-24 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex Ras (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)

2026-05-10 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex Très beau canyon court mais complet et bien arrosé en cette période DC+, Amarrages OK (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)

2025-08-28 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex DC- après les pluies (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)

2025-08-17 | System User | |📖|📌|🌊 Basso | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex Filet d'eau +, équipement RAS, la dernière vasque commence à être stagnante. On a évité de passer de dedans. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)

2025-08-12 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex DC-Pas de toboggans possibles mais très jolie canyon si vous passez dans le coin (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)

2025-07-24 | System User | |📖|📌|🌊 Basso | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex Filet d'eau + ou débit correct -- Équipement en place.Plus aucun toboggan ne passe, rappel obligatoire sur chaque obstacles (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)

2025-07-11 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex Ras , les vasques sont très engravées cette année (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)

2025-06-25 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)

2025-06-09 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex mini canyon très joli ! dommage qu'il soit si court !équipement ok, tous les obstacles doivent être passés avec la corde, pas de tob possible. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)

2025-05-30 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex Belle découverte ce petit canyon tout mignon. Il ne vaut pas un déplacement mais il vaut le coup après la mine. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)

2025-04-13 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex DC ++ (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)

2024-09-08 | System User | |📖|📌|🌊 Basso | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)

2024-09-02 | System User | |📖|📌|🌊 Normale | 🟢 Completato

Automatisch importiert von Descente-Canyon.com für Canyon Frontenex DC+ (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2140/observations.html>)