

# Sinigo (intermedio)

Rio Sinigo (Intermedio)

<b>Creare:</b> 2024-08-09 08:49:54	<b>Aggiornamento:</b> 2026-02-18 09:12:11	<b>Stampa:</b> 2026-06-07 09:06:35
<b>Paese:</b> Italia / Italy <b>Regione:</b> Trentino-Alto Adige <b>Sottoregione:</b> Bolzano <b>Città:</b> Merano		
<b>Difficoltà:</b> un po' difficile	<b>Grado:</b> v4 a3 III	<b>Tempo totale:</b> 2h20
<b>Tempo avvicinamento:</b> 15min	<b>Tempo giaro:</b> 2h	<b>Tempo ritorno:</b> 5min
<b>Altitudine di entrata:</b> 770m	<b>Altitudine di uscita:</b> 575m	<b>Altitudine delta:</b> 195m
<b>Lunghezza del canyon:</b> 1000m	<b>Rapel più alto:</b> 45m	<b>Quantità rapelli:</b> 11
<b>Transporto:</b> Auto facoltativa	<b>Tipo di roccia:</b>	<b>Area di ingresso:</b> km <sup>2</sup>
<b>Stagione:</b>	<b>Orientamento:</b>	<b>Tempo migliore:</b>
<b>Valutazione:</b> ★ 3.7 (4)	<b>Info:</b> ★ 2.5 (4)	<b>Belay:</b> ★ 2.3 (4)
<b>Specialità:</b> Cattura dell'acqua,		
<b>Attrezzatura:</b> Corde: 2x 50m		
<b>Sintesi:</b> (traduzione alternativa) Canyon with a lot of water flow, without narrow sections. One jump, otherwise rappel.		
<b>Idrologia:</b> (traduzione alternativa) Water catchment at the foot of the 130m waterfall before entry.		
<b>Accesso:</b> (traduzione alternativa) Attention! Do NOT park the car on the slope at the upper parking lot! Danger of falling rocks!		
<b>Avvicinamento:</b> (traduzione alternativa) From the parking lot, follow the road for a short distance and then turn right onto the hiking trail to Cascata. Follow this until you reach the foot of the 135 m waterfall (the exit of the upper part).		
<b>Giro:</b> (traduzione alternativa) Once you reach the stream, you stand on a "balcony" with a railing. To the left of the large stone is a good downclimb. Then go directly to the right and walk underneath the retaining wall until you almost reach its exit. On the left-hand side, there are climbing tracks down to a small ridge. Follow these down a few meters and downclimb again to the left - i.e. back towards the large waterfall. Here you will find a single bolt on a slab with which you can reach the belay about 15 meters ahead (do not go down to the stream - keep up - the belay is behind the small crest.  In the further course of the stream, rappel in the wide terrain, a lot of time is spent looking for anchors. Alternatively, there are often trees for rappels. For a Pro Canyon equipped canyon quite poorly equipped (or we simply did not find the anchors). Be careful with the potential jumps - for us, only one pool was deep enough (there is a thick rope on the left hand side to get back up)		
<b>Ritorno:</b> (traduzione alternativa) After the slide brake (concrete structure) turn right out to the car - 2 min.		
<b>Coordinate:</b> Inizio del canyon <a href="#">46.6353 11.2036</a> Fine del canyon <a href="#">46.6331 11.1961</a> Parcheggio in uscita <a href="#">46.6333 11.1958</a> Parcheggio in uscita <a href="#">46.6329 11.1954</a> Parcheggio all'entrata <a href="#">46.6386 11.1944</a>		

## Rapporti:

2026-04-16 | Andrea Ceolan | ★★☆☆ | 📖★★★ | ⚓★★★ | 🌊 Alto | 🍷 Completato

We had hoped that, given the almost total lack of snow and the virtually non-existent rainfall in the preceding months, the water level would be lower than normal, but we were wrong! Every descent is treacherous because it is very slippery, as is reaching certain anchors, even with a handrail. The anchors are often positioned on the ground or set back, which makes it difficult to retrieve the rope. Diving is not recommended as there are sharp rocks scattered haphazardly about! We gave up on the lower section, which is graded A5, as the middle section (A3) had already taken us three hours today.

2025-06-20 | Federico | ★★☆☆ | 📖★★★ | ⚓★★★ | 🌊 Normale | 🍷 Completato

Bel canyon divertente. Ancoraggi e deviatori nuovi. Attenzione nella calata da 45 mt utilizzare l'armo più basso per ridurre gli attriti delle corde (non utilizzare il primo ma guardare circa 5 mt sotto al primo).

2024-08-09 | Peisen | ★★☆☆ | 📖★★★ | ⚓★★★ | 🌊 Normale | 🍷 Completato

Very beautiful. Not very slippery except for the access to the aquatic rappel of the 45m high rappel, which is very very slippery. Alternatively, this waterfall can also be walked dry on the right. Unfortunately, a lot of garbage in the canyon, especially in the freely accessible areas. (traduzione alternativa)

2024-08-04 | Daniel Sturm | ★★☆☆ | 📖★★★ | ⚓★★★ | 🌊 Normale | 🍷 Completato

Beautiful canyon with good water in the wide run. It took us a long time to find the first stand. Now well described. Water level picture from the bridge at the exit (traduzione alternativa)

## Parti:

Sinigo (superiore), v6 a5 V, 20min+6h+20min

Sinigo (intermedio), v4 a3 III, 15min+2h+5min

Sinigo (inferiore), v3 a5 IV, 2min+2h30+20min