Groven (Inferiore)

Creare: 2023-12-22 08:03:25	**Aggiornamento:** 2026-08-10 22:43:42	**Stampa:** 2026-11-05 11:11:48
Paese: Schweiz / Switzerland **Regione:** Kanton Graubünden **Sottoregione:** Region Moesa **Città:** Lostallo		
Difficoltà: un po' difficile	**Grado:** v4 a4 IV	**Tempo totale:** 3h35
Tempo avvicinamento: 1h	**Tempo giaro:** 2h30	**Tempo ritorno:** 5min
Altitudine di entrata: 590m	**Altitudine di uscita:** 450m	**Altitudine delta:** 140m
Lunghezza del canyon: m	**Rapel più alto:** m	**Quantità rapelli:**
Transporto: a piedi	**Tipo di roccia:**	**Area di ingresso:** 4.16km²
Stagione:	**Orientamento:**	**Tempo migliore:**
Valutazione: ☆ 3.5 (1)	**Info:** ★ 3 (1)	**Belay:** ★ 1 (1)

Specialità:

Attrezzatura:
Corde: 2x 40m

Sintesi: (traduzione alternativa)
3/4; 1/2 smiley faces
A winding rappel canyon with a few fun rappelling opportunities.

Idrologia:

Accesso: (traduzione alternativa)
At the southern entrance to Lostallo, turn off the main road toward the canyon and park along the side of the road.

Avvicinamento: (traduzione alternativa)
We climbed up from the northern end of the village toward "Arla." Then we followed a trail to "Paire" and on to "Pontell." Up to that point, red dots were visible at regular intervals to help us find our way.

Starting at the power poles, there are better trails marked with a white outer circle and a purple center. These trails and their markings likely belong to Swissgrid or its power poles.
We followed these markings until we reached a fork in front of a power pole at approximately 596 meters above sea level, where we took the lower path, which descends slightly. We followed this path until we reached the streambed of the Groven.

https://swisstopo.app/i/5/2RQWXSTX
(In this track, we looked too far up for the path to the “Inferiore” entry. The section above 600 can be ignored.)

Giro: (traduzione alternativa)
A series of medium-height rappels, some of which involve somewhat challenging rope placement.

Ritorno: (traduzione alternativa)
On the orographically left path from the swimming area back to the parking lot

Coordinate:
Inizio del canyon 46.3245 9.1994
Fine del canyon 46.3248 9.2026
Parcheggio Entrata e uscita 46.3245 9.2031

Rapporti:

2026-08-10 | Peisen | ☆ ☆ ☆ ⯨ | 🕮 ★ ★ ★ | ⚓ ★ | ≋ Basso | 👍 Completato
It’s slippery going. Some anchors needed to be tightened. Before lowering the rope, you need to check where the next belay point is, since the canyon has only a few belay points. On the third-to-last or second-to-last high rappels, old anchors could/should be cut out with a grinder. (traduzione alternativa)

Parti:
Groven (superiore), v5 a4 V, 2h+6h+5min
Groven (Inferiore), v4 a4 IV, 1h+2h30+5min