Lerca

Rio Lerca

Creare: 2023-03-09 20:52:16	**Aggiornamento:** 2025-09-29 15:19:15	**Stampa:** 2026-11-05 11:11:15
Paese: Italia / Italy **Regione:** Liguria **Sottoregione:** Genova **Città:** Lerca		
Difficoltà: non così difficile	**Grado:** v2 a3 II	**Tempo totale:** 3h35
Tempo avvicinamento: 50min	**Tempo giaro:** 2h30	**Tempo ritorno:** 15min
Altitudine di entrata: 300m	**Altitudine di uscita:** 140m	**Altitudine delta:** 160m
Lunghezza del canyon: 1650m	**Rapel più alto:** 12m	**Quantità rapelli:** 9
Transporto: a piedi	**Tipo di roccia:**	**Area di ingresso:** km²
Stagione:	**Orientamento:** Sud-Est	**Tempo migliore:**
Valutazione: ☆ 3.6 (12)	**Info:** ★ 2.3 (7)	**Belay:** ★ 2.7 (9)
Specialità:		
Attrezzatura: Corde: 1x30m		
Sintesi: (traduzione alternativa) River with partly open streambed, but also narrow sections, with possible jumps and rappels		
Idrologia:		
Accesso: (traduzione alternativa) A-10 from Voltri (Genoa), exit Arenzano; take the SS-1 west towards Cogoleto, Varazze. The road reaches the sea after approx. 500 m and turns right over a bridge (Rio Leone). Immediately after the bridge, turn right and drive through an industrial estate. Not quite 1.5 km after leaving the SS-1, follow the road branching off to the right towards Case Soprane. Park the car at the exit of the hamlet near a fountain with a tap. For an alternative access from the orographic right-hand side, leave the road branching off to Case Soprane on the right and drive up to Lerca. At the beginning of the village, take a sharp right and head straight on up to the campsite. Below the campsite, turn right, past a chapel and a ruin (left). You can park your car on the left at a water cistern on the right (approx. 1 km from Lerca).		
Avvicinamento: (traduzione alternativa) From the fountain, a track leads up to the right, which after a few hairpin bends then runs halfway up the orographic left bank of the Lerca. After 30 minutes you come to a junction where you take the mule track on the left. At the exit of a pine forest in a left-hand bend, where a mostly dry stream crosses the path, we continue for a few more meters. We come to a small wood; here a blue dot with a white background on a tree to the left marks the point where the tracks lead steeply down into the streambed of the Lerca (approx. 50 min. in total). The alternative access is via a path branching off to the right from the parking lot, which climbs steeply at first and then gradually becomes flatter. The path, which initially runs high above the Rio Lerca, comes closer and closer to the riverbed after a while, and soon you can descend a few meters into the streambed of the Lerca at a side stream (approx. 60 min. in total). The alternative access is scenic, but requires a strenuous ascent at the exit of the canyon (20 min.).		
Giro: (traduzione alternativa) Starts immediately with a jump (6-8m), then walking passages, smaller rappels, possible jumps again and again. Escape option in the middle of the gorge to the right at a large pool (Lago du Mei). The key point is a 7m rappel in the water at a short gorge with a clamping block above.		
Ritorno: (traduzione alternativa) About 10 minutes after the last abseil point, you pass a small dam wall, where a path leads to the left. Alternatively, you can also descend the stream for another 10 minutes, past some pools that are very busy in summer. A path crosses the streambed here. Here you can either turn left uphill via the hamlet of Valconara to the parking lot in Case Soprane or - as an alternative - turn right uphill to the car.		

Coordinate:
Inizio del canyon 44.4191 8.6309
Fine del canyon 44.4115 8.6393
Parcheggio Entrata e uscita 44.4111 8.6439
Fine del canyon alternativo 44.4094 8.6379

Rapporti:

2026-10-24 | Peter Lampacher | ☆ ☆ ☆ ½ |🕮 ★ ★ |⚓ ★ ★ ★ | ≋ Normale | 👍 Completato
Mostly an open canyon, with plenty of opportunities for jumps. Pleasant even in the fall when the sun is out. (traduzione alternativa)

2026-09-26 | System User | |🕮 |⚓ | ≋ Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2026-09-02 | Elias Eberl | ☆ ☆ ☆ ½ |🕮 ★ ★ |⚓ ★ ★ | ≋ Basso | 👍 Completato
The canyon has very few anchors. Starting at Lago di Mei, there are no more anchors. We walked all the way to the pool in front of the clamping block rappel point and then exited at the side exit. The last rappel point after the water intake also had no loops or chain links. (traduzione alternativa)

2026-07-06 | System User | |🕮 |⚓ | ≋ Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2026-06-27 | System User | |🕮 |⚓ | ≋ Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2026-05-29 | Marco | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | ≋ Normale | 👍 Completato
Tutto ok!

2026-05-08 | System User | |🕮 |⚓ | ≋ Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Lerca Beau canyon, ludique ,relais ok. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2025-10-12 | System User | |🕮 |⚓ | ≋ Normale | 👍 Completato
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2025-09-29 | System User | |🕮 |⚓ | ≋ Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2025-09-29 | Bina | ☆ ☆ ☆ |🕮 |⚓ ★ ★ | ≋ Normale | 👍 Completato
Be careful when jumping, some of the rocks are not visible from above. A beautiful tour in the sun. (traduzione alternativa)

2025-09-25 | System User | |🕮 |⚓ | ≋ Normale | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2025-09-24 | System User | |🕮 |⚓ | ≋ Alto | 👍 Completato
Automatisch importiert von Descente-Canyon.com für Canyon Lerca Petit gros débit gênant uniquement dans les désescalades. Très beau dans ces conditions. Par contre ce n'est pas équipé pour y aller avec très gros débit. Je devais encadrer en Ossola mais j'ai rapatrié mon groupe sur Gênes et c'était clairement la stratégie quand tout le nord est sous les inondations (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2025-07-13 | sc8 | ☆ ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ ★ ★ | ≋ Normale | 👍 Completato
Tutto in ordine

2025-05-30 | Michele Dini | ☆ ☆ ☆ |🕮 |⚓ | ≋ Basso | 👍 Completato
Tutto ok

2025-05-26 | thijs | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ | ≋ Alto | 📈 Uscita di emergenza
nice start with good flow, but we chickened out at the C9. It looked like a big whirpool down there but it could be our experience as well ;)