

# Cascade Morette Est

<b>Creare:</b> 2025-05-22 16:36:23	<b>Aggiornamento:</b> 2025-05-23 16:56:45	<b>Stampa:</b> 2026-06-07 10:06:20
<b>Paese:</b> France <b>Regione:</b> Auvergne-Rhône-Alpes <b>Sottoregione:</b> Haute-Savoie <b>Città:</b> Thônes		
<b>Difficoltà:</b> un po' difficile	<b>Grado:</b> v4 a3 II	<b>Tempo totale:</b> 1h20
<b>Tempo avvicinamento:</b> 15min	<b>Tempo giaro:</b> 1h	<b>Tempo ritorno:</b> 5min
<b>Altitudine di entrata:</b> 690m	<b>Altitudine di uscita:</b> 610m	<b>Altitudine delta:</b> 80m
<b>Lunghezza del canyon:</b> 150m	<b>Rapel più alto:</b> 45m	<b>Quantità rapelli:</b> 4
<b>Transporto:</b> a piedi	<b>Tipo di roccia:</b> limestone	<b>Area di ingresso:</b> km <sup>2</sup>
<b>Stagione:</b> aprile - giugno	<b>Orientamento:</b> Sud	<b>Tempo migliore:</b> 11-16 Ore
<b>Valutazione:</b> ★ 3.5 (1)	<b>Info:</b> ★ 3 (1)	<b>Belay:</b> ★ 2 (1)
<b>Specialità:</b>		
<b>Attrezzatura:</b> Corde: 1 x 30m, 2 x 50m		
<b>Sintesi:</b> (traduzione alternativa) Eastern arm of the well-known waterfalls, probably only carries water after rain / when the snow melts, a good, short addition to the western arm.		
<b>Idrologia:</b> (traduzione alternativa) The water level under the road bridge does not match the water level in the high cascade, at the exit of the canyon a powerful spring pours into the stream.		
<b>Accesso:</b> (traduzione alternativa) Simply navigate to the "Cascade de Morette" (google maps), the small parking lot next to the garbage containers opposite the small restaurant is perfect (see GPS parking lot).		
<b>Avvicinamento:</b> (traduzione alternativa) 15 minutes Opposite, a path leads up through the forest. Just follow this for a good 10 minutes. The path then approaches a small forest stream. You can get dressed at the point where the path is closest to this stream. Then walk back down a good 15 meters and head down through the forest towards the edge of the drop-off (approx. 1 minute). The first anchor is an orange-colored rope sling around a large tree on the right bank.		
<b>Giro:</b> (traduzione alternativa) 60 minutes From here it goes 15 meters forward, be careful, extreme danger of falling rocks due to a lot of loose debris! The belay is also on the right, slightly next to the waterline on a comfortable ledge (2 single pitons with ring). From here it is a free-hanging 45 meters into the depths. You land on a small, perfectly fitting platform. I recommend 50m ropes, as it is easier to pull off from further out. Under the roof of the shallow cave is a piton with a chain link, which is connected by a rope to other anchors in the cave (not easy to see). From here C18, then right 2 single pitons with ring, C30. In the route you actually only move without a rope to pull off the ropes at C45. An emergency exit after the high waterfall: a rope ladder leads down in front of the stable.		
<b>Ritorno:</b> (traduzione alternativa) 2 minutes At the foot of the last rappel, a faintly recognizable path on the left bank leads back to the road (1 minute), then left to the car (1 minute).		
<b>Coordinate:</b> Parcheggio Entrata e uscita <a href="#">45.8996 6.2918</a>		

## Rapporti:

2025-05-22 | Casa Vento Madeira | ⭐⭐⭐👉 | 📖⭐⭐⭐ | 🚢⭐⭐ | 🌊 Alto | 👍 Completato

First ascent, that something like this still exists in 2025, right next to the famous Cascade de Morette... Probably dry in summer (traduzione alternativa)

Prima discesa: 22.05.2025 da Michael Jordan, Matthias Pickl, Dietmar Roseneder