

# Cascades de Thuy

Torrent de Septumian,Thuy,Septumian

<b>Creare:</b> 2023-08-28 15:29:05	<b>Aggiornamento:</b> 2025-08-05 18:24:44	<b>Stampa:</b> 2026-04-21 04:04:17
<b>Paese:</b> Italia / Italy <b>Regione:</b> Valle d'Aosta / Regione Autonoma Valle d'Aosta <b>Sottoregione:</b> Chambave <b>Città:</b> Chambave		
<b>Difficoltà:</b> difficile	<b>Grado:</b> v5 a2 III	<b>Tempo totale:</b> 2h35
<b>Tempo avvicinamento:</b> 30min	<b>Tempo giaro:</b> 2h	<b>Tempo ritorno:</b> 5min
<b>Altitudine di entrata:</b> 800m	<b>Altitudine di uscita:</b> 620m	<b>Altitudine delta:</b> 180m
<b>Lunghezza del canyon:</b> 440m	<b>Rapel più alto:</b> 107m	<b>Quantità rapelli:</b> 4
<b>Transporto:</b> a piedi	<b>Tipo di roccia:</b>	<b>Area di ingresso:</b> 0.74km <sup>2</sup>
<b>Stagione:</b>	<b>Orientamento:</b> Nord	<b>Tempo migliore:</b>
<b>Valutazione:</b> ★ 3.8 (2)	<b>Info:</b> ★ 3 (1)	<b>Belay:</b> ★ 2 (1)
<b>Specialità:</b>		
<b>Attrezzatura:</b> Corde: 2x 60m, 3x 30m		
<b>Sintesi:</b> (traduzione alternativa) A moderate canyon with a spectacular and very rewarding spot.		
<b>Idrologia:</b>		
<b>Accesso:</b> (traduzione alternativa) In Aosta, drive in the direction of Châtillon. At the traffic circle at the entrance to Chambave, turn right towards Arlier. At the next traffic circle, after passing under the highway, turn right again towards Septumian. Just before the first houses in this village, turn left onto a small road. A yellow hiking sign shows you the way to Thuy. Follow this small road until it is closed to traffic. Park as well as possible.		
<b>Avvicinamento:</b> (traduzione alternativa) Continue along the road, which is closed to traffic and turns into a path. This runs along the Septumian stream on the right-hand side. At a meadow with an unobstructed view of the canyon's large waterfall, the track makes a sharp 90° bend to the left. The exit of the canyon is at this point. Follow the ascending track for another 300 m until you reach a crossroads 60 m before a bridge over the Torrent d'Arlier. Turn right to walk along the stream and, 100 m further on, take a well-maintained and clearly visible path on the right that leads up to the hamlets of Thuy dessus and Thuy dessous. After just under a quarter of an hour of fairly steep ascent, the path bends to the left, bordered on the right by an imposing escarpment. The path then continues on a gentler slope. At this bend, note a barely visible track on the right that leads to a ridge overlooking the canyon, which can be reached in 3' from the trail (cairn erected in 2018).		

**Giro:** (traduzione alternativa)

Canyon Thuy actually only has one complex key section, but this is definitely worth a canyoning tour. The high rappel has 3 parts: On the left side are the rakes for the first 25 to 30 meters with a moderate gradient. Directly at the edge, you have to go far to the right (in the direction of the river). It can be challenging for the first to reach the second anchor point. There is no eye contact between the first and second anchor points. From the second anchor point, the route descends freely for about 50 meters. There is a shower, but not much water flows. The third anchor is again on the left side and from there the remaining meters go down.

A fairly short and pleasant descent that will delight fans of big verticals. After an MC access (anchors at RD or AN height), the large vertical is divided into three lengths: 27 m inclined, anchors RG, then 55 m in vacuum, anchors RD, and 25 m, anchors RG at the height of a ledge.

Exit in the RD via an obvious path after a water inlet and before a hydraulic structure to protect the village.

**Commitment**

Possible but difficult to exit before the large vertical. Quite easy after this.

**Period/water character**

The flow rate is generally low, but never zero.

The optimal period is from the exit of May until the first cold snap.

**Geology**

Metamorphic rock.

Poor rock quality in the area of the large verticals.

**History**

First ascent on 14.07.2018 by JM Aguilar and F Lété, whereby the large vertical was apparently already climbed during ice climbing (a single, rather poorly placed anchor on spits found at the top).

**Notes**

Descent with air relay only for people who are comfortable with rope maneuvers.

**Ritorno:** (traduzione alternativa)

On the way there

**Coordinate:**

Inizio del canyon [45.7295 7.5322](#)

Fine del canyon [45.7316 7.5319](#)

Parcheggio Entrata e uscita [45.7370 7.5280](#)

**Rapporti:**

2023-08-24 | Marco Pasquera | ★★☆☆ | 📖 | 📍 | 🌊 Basso | 🍏 Completato

Bella verticale, abbastanza corto il canyon

2020-09-23 | Christian Balla | ★★☆☆ | 📖 | 🌊 | 📍 | 🌊 Basso | 🍏 Completato

On 23.09.2020 we went canyoning in the Cascades de Thuy (Torrent de Septumian). This canyon is a very short canyon. The highlight is a 107m high waterfall, with two intermediate stands. Anchor very well placed. Be careful, there is an extreme risk of kicking stones loose. Clear water as long as no one is in the canyon. Dirty water is created by the canyonists. The following video shows a few impressions of this tour in the Valle d'Aosta:

<https://www.youtube.com/watch?v=xbznT1sikXE> (traduzione alternativa)

Prima discesa: 14.07.2018 da JM Aguilar und F Lété