

# Seinsbachklamm

Seinsbach

<b>Creare:</b> 2023-03-09 20:55:15	<b>Aggiornamento:</b> 2023-10-15 23:16:07	<b>Stampa:</b> 2026-04-21 03:04:33
<b>Paese:</b> Deutschland / Germany <b>Regione:</b> Oberbayern / Upper Bavaria <b>Sottoregione:</b> Landkreis Garmisch-Partenkirchen <b>Città:</b> Mittenwald		
<b>Difficoltà:</b> un po' difficile	<b>Grado:</b> v4 a4 III	<b>Tempo totale:</b> 1h45
<b>Tempo avvicinamento:</b> 30min	<b>Tempo giaro:</b> 1h10	<b>Tempo ritorno:</b> 5min
<b>Altitudine di entrata:</b> 970m	<b>Altitudine di uscita:</b> 900m	<b>Altitudine delta:</b> 70m
<b>Lunghezza del canyon:</b> m	<b>Rapel più alto:</b> 12m	<b>Quantità rapelli:</b> 5
<b>Transporto:</b> a piedi	<b>Tipo di roccia:</b>	<b>Area di ingresso:</b> km <sup>2</sup>
<b>Stagione:</b>	<b>Orientamento:</b>	<b>Tempo migliore:</b>
<b>Valutazione:</b> ★ 3.6 (3)	<b>Info:</b> ★ 2.5 (2)	<b>Belay:</b> ★ 2.5 (2)
<b>Specialità:</b>		
<b>Attrezzatura:</b> Corde: 1x30m		
<b>Sintesi:</b> (traduzione alternativa) Short but varied descent, which is reserved for experienced canyonists with a good flow of water.		
<b>Idrologia:</b>		
<b>Accesso:</b> (traduzione alternativa) From Garmisch-Partenkirchen (town center, central intersection) 17.4 km on the B 2 in the direction of Mittenwald, Innsbruck. At the Isarhorn campsite, turn left off the B 2 before the (second) bridge over the Isar, take the second small road to the left in the direction of Ferein-Alm and follow the orographic right bank of the Seinsbach for 300 m in a northerly direction. There is plenty of space to park at the next fork in the forest road.		
<b>Avvicinamento:</b> (traduzione alternativa) Continue along the forest road towards Ferein-Alm. After about 25 minutes and 900 m we take the forest road to the right in the direction of Aschaualm, Mittenwald and after another 5 minutes we reach the Seinsbach.		
<b>Giro:</b> (traduzione alternativa) After about 150 m in the open streambed, we come to the first pools and the first rappel (right 4 m, mostly slippable). After a few more pools and a small slide, we go through a narrow corridor about 50 m long. This is followed by an open part of the gorge, at the exit of which an exit option opens up on the right. Now the core section begins with two rappels into pools, which are only easy if you can stand on the ground (completely gravelled up at the end of July 2018). This is followed by the last and highest rappel (12m+5m "run-up"), where you can clip into a guide line on the right (take the long part of the safety line!) to stay out of the powerful jet. On the left there is a not easily accessible belaystation from which you can rappel dry (12m). Where the canyon opens up, you can exit to the right onto the forest path or continue a little further through the small conglomerate gorge.		
<b>Ritorno:</b> (traduzione alternativa) Turn right to the forest road and follow it to the car.		
<b>Coordinate:</b> Inizio del canyon <a href="#">47.4716 11.2910</a> Fine del canyon <a href="#">47.4743 11.2851</a> Parcheggio Entrata e uscita <a href="#">47.4750 11.2805</a>		

**Rapporti:**

2024-03-29 | Max | ★★★★★ | 📖★★★★ | ⚓★★★ | 🌊 Alto | 🍏 Completato

Everything is tip top! The pool at the penultimate rappel is now deep! (traduzione alternativa)

2023-09-24 | Ralf Breitenstein | ★★★★★ | 📖★★★★ | ⚓★★★ | 🌊 Alto | 🍏 Completato

Tree trunk directly in the upper part, therefore, due to the water level abseiled over tree left to get to the first small rappel. Rope on the last rappel has not existed for some time, but was also not necessary. Short canyon which nevertheless always makes fun :) Parking fee due (>2h parking time). Only coins without exchange function (6.50 €), alternatively EasyPark app. Currently probably cheaper with app (5.29 €)... (traduzione alternativa)

2023-03-09 | System User | ★★ | 📖 | ⚓ | |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/SeinsbachklammCanyon.html>

**Parti:**

Seinsbach, v4 a4 III, 1h+45min+20min

Seinsbachklamm, v4 a4 III, 30min+1h10+5min