

# Casco

Forra del Casco, Fosso del Casco dell'Acqua, Fosso de Lu Casco dell'Acqua

<b>Creare:</b> 2023-03-09 20:53:28	<b>Aggiornamento:</b> 2023-11-27 22:47:47	<b>Stampa:</b> 2026-06-07 10:06:18
<b>Paese:</b> Italia / Italy <b>Regione:</b> Umbria <b>Sottoregione:</b> Perugia <b>Città:</b> Scheggino, Cese		
<b>Difficoltà:</b> non così difficile	<b>Grado:</b> v3 a3 III	<b>Tempo totale:</b> 4h40
<b>Tempo avvicinamento:</b> 1h	<b>Tempo giaro:</b> 3h30	<b>Tempo ritorno:</b> 10min
<b>Altitudine di entrata:</b> 730m	<b>Altitudine di uscita:</b> 460m	<b>Altitudine delta:</b> 270m
<b>Lunghezza del canyon:</b> 1400m	<b>Rapel più alto:</b> 28m	<b>Quantità rapelli:</b> 12
<b>Transporto:</b> Auto facoltativa	<b>Tipo di roccia:</b> limestone	<b>Area di ingresso:</b> km <sup>2</sup>
<b>Stagione:</b>	<b>Orientamento:</b> Sud-Est	<b>Tempo migliore:</b>
<b>Valutazione:</b> ★ 3.1 (4)	<b>Info:</b> ★ 2.5 (2)	<b>Belay:</b> ★ 2.5 (2)
<b>Specialità:</b>		
<b>Attrezzatura:</b> Corde: 2x30m		
<b>Sintesi:</b> (traduzione alternativa) rappel canyon		
<b>Idrologia:</b>		
<b>Accesso:</b> (traduzione alternativa) Coming from Florence on the A 1, past Arezzo and Orvieto, leave it 41 km after Orvieto at the Orte exit and continue on the SS 204 in a north-easterly direction to Terni. You still have to cross the town to reach the SS 209 ('Valnerina'), which runs up the Nera valley towards Visso. After 26.5 km from the center of Terni, you reach Ceselli (municipality of Scheggino), a few houses on the side of the road. Here you turn left onto a small road that leads to the village of Pontuglia. Where the road crosses the stream, you can park the lower vehicle. There is also a large parking area on the left 200 m further along the road. With the second car or on foot, continue along the road in the direction of Cese. Approx. 500 m before this village, the cemetery of Cese is on the righthand side. Park the second car here.		
<b>Avvicinamento:</b> (traduzione alternativa) From the cemetery, continue up the road for a few meters until a mule track branches off to the right at an acute angle. Follow this and after a while you will cross a side stream of the Casco and reach a largely treeless shoulder (from the cemetery approx. 45 minutes). If you want to reach the interesting narrow part of the canyon as directly as possible (see 'Figlie dell'Acqua e dell'Tempo' E2a !), go down beyond the shoulder across the meadows on clear tracks and then descend more steeply through the forest to the entry point (10 min.). The path is very slippery here, but a 'commercial' has secured it with ropes (preferred entry). If you want to enter the ditch further up, continue along the mule track towards the village of Sensati, which is no longer inhabited. About 100 m before reaching the houses, at a leftward haipin bend, a track turns off to the right, which is subsequently marked with red markings and leads down to the stream (see 'Figlie dell'Acqua e dell'Tempo' E2b and 'Gole & Canyons' p. 70).		
<b>Giro:</b> (traduzione alternativa) Open forest canyon at the beginning, then beautifully cut in from the middle entry to the large and beautiful waterfall. Then open again, but not without charm. Ground with good grip (limestone tufa).		
<b>Ritorno:</b> (traduzione alternativa) Soon after the last abseiling point you come to a dirt road on the orographic right bank, which leads in about 15 minutes to the road bridge, near which the lower vehicle is parked.		
<b>Coordinate:</b> Inizio del canyon <a href="#">42.6960 12.7854</a> Fine del canyon <a href="#">42.6899 12.7939</a> Parcheggio all'entrata <a href="#">42.6832 12.7899</a> Parcheggio in uscita <a href="#">42.6896 12.7962</a>		

## Rapporti:

2026-05-03 | System User | |📖|📌|🌊 Normale | 🍏 Completato

Automaticamente importato da Descente-Canyon.com für Canyon Casco Fun and continuous canyon. Over equipped; many fixed ropes and even steel cable. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21732/observations.html>)

2026-04-29 | Daniele | ⭐⭐⭐ |📖⭐⭐⭐|📌⭐⭐⭐|🌊 Basso | 🍏 Completato

Non avendo seconda auto abbiamo fatto avvicinamento a piedi, 1h20 totale 400mt dislivello. la prima parte molto inforata, stupenda, come la calata da 28. Seconda parte meno memorabile seppur carina, troppe corde fisse presenti, anche se capibili visto la frequentazione commerciale; alcune da sostituire. Armi in generale ok. Tempo percorrenza 1h.30 in 2 persone.

2025-07-21 | System User | |📖|📌|🌊 Basso | 🍏 Completato

Automaticamente importato da Descente-Canyon.com für Canyon Casco (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21732/observations.html>)

2025-06-04 | System User | |📖|📌|🌊 Normale | 🍏 Completato

Automaticamente importato da Descente-Canyon.com für Canyon Casco (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21732/observations.html>)

2024-05-18 | System User | |📖|📌|🌊 Normale | 🍏 Completato

Automaticamente importato da Descente-Canyon.com für Canyon Casco Percorsa da solo in 40 minuti. Ci sono diverse corde fisse (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21732/observations.html>)

2024-03-09 | System User | |📖|📌|🌊 Normale | 🍏 Completato

Automaticamente importato da Descente-Canyon.com für Canyon Casco Eau parfaite, sanglier mort entre les rappels 6 et 7 (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21732/observations.html>)

2023-03-09 | System User | ⭐⭐⭐ |📖|📌| |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/21732>

2023-03-09 | System User | ⭐⭐ |📖|📌| |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/CascoCanyon.html>

2019-03-10 | GeorgB | ⭐⭐⭐ |📖⭐⭐⭐|📌⭐⭐⭐|🌊 Normale | 🍏 Completato

Long but beautiful and relatively easy approach. Start at the middle entrance, where you are just above the beautiful part. The tour itself is an entertaining abseil canyon. (traduzione alternativa)