Froda inf.

Froda inferiore, Cascate della Froda,Torrente Froda

Créer: 2023-03-09 20:53:31	**Mettre à jour:** 2026-07-21 12:29:12	**Imprimer:** 2026-11-09 09:11:37
Pays: Italia / Italy **Région:** Lombardia **Sous-régione:** Varese **Ville:** Castelveccana		
Difficulté: difficile	**Niveau:** v5 a3 III	**Temps total:** 3h15
Temps approche: 5min	**Temps tour:** 3h	**Temps de retour:** 10min
Altitude d'entrée: 575m	**Altitude de sortie:** 380m	**Altitude du delta:** 195m
Longueur du canyon: 700m	**Rapelle le plus haut:** 50m	**Nombre de rapelles:** 12
Transport: Voiture facultative	**Type de roche:** limestone	**Zone de prise d'eau:** 1.30km²
Saison: janvier - décembre	**Orientation:** Nord	**Meilleur moment:** 10-18 Heures
Évaluation: ☆ 3.7 (8)	**Info:** ★ 2.7 (3)	**Belay:** ★ 2.5 (8)

Spécialités:

Matériel:
Cordes: 2x 60m

Résumé: (traduction alternative)
A 100 m - rappel with "run-up".

Hydrologie:

Accès: (traduction alternative)
Like Froda superiore:From Luino on the eastern shore of Lake Maggiore, take the SP 69 to Castello Castellveccana (9.4 km). We leave this road here and turn left onto the SP 7 - Via Galileo Galilei - in the direction of Nasca, Sant'Antonio, Arcumeggia. We now drive 1.9 km and come to a house directly on the right-hand side of the road. 200m further on the SP 7, a dirt road turns off to the right (http://www.valganna.info/phpBB3/download/file.php?id=5455&sid=f863e4b82142828d13c5222d5645bee5&mode=view). We park the lower car here.

Take the second car on the SP 7 in a southerly direction continuously uphill. We can see the 100 m high final waterfall of the Froda inferiore and after 2.7 km we come to a prominent left-hand serpentine. Here we park the second car, unless we intend an integral ascent of the Froda (see description of the Froda superiore!).

Approche: (traduction alternative)
In the haipin bend a footpath goes off in western direction into the forest.we follow it and in about 5 min. we come to a footbridge (entry).

Tour: (traduction alternative)
First downclimbs and smaller rappels until you reach the break-off edge with the 100 m waterfall. It is set up on the orographic right with several intermediate stands.

11- C7 (2 sx)
12- C5 (2 dx)
13- C3 (2 dx)
14- C5 (MC 2sx + 2sx)
15- C7 (1 sx)
16- C6 (2 sx)
17- C9 (MC 2dx + 2 dx)
18- C30 (2sx + dev sx - 15m)
19- C12 (2 dx)

Final waterfall in water:
20- C5 (2 dx)
21- C20 + C40 + C50 (2sx + 2sx+ 2sx) Only the essential anchors are indicated here; there are additional anchors that can be safely ignored.

Final dry waterfall:
20- C30 + C35 + C45 (2dx + 2dx + 2dx)

Retour: (traduction alternative)
At the foot of the waterfall we come to a wooden footbridge. Left here onto the hiking trail, we soon pass the houses of the hamlet of Casone Froda (394 m above sea level), continue north along the path, cross the river twice and, after the third crossing and another 600 m northwards, reach the SP 7 and our car at the bottom.

Coordonnées:
Départ du Canyon 45.9328 8.6881
Fin du Canyon 45.9347 8.6890
Parking à la sortie 45.9430 8.6870
Parking à l'entrée 45.9327 8.6887

Rapports:

2026-05-17 | System User | |🕮 |⚓ | 〰 Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Froda (inferieur) In the upper part are a lot of trees, therefore we did only Inferiore. Nice but slippery (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23250/observations.html)

2026-05-17 | Bina | ☆ ☆ ☆ |🕮 |⚓ ★ ★ ★ | 〰 Faible | 👍 Terminé
Unfortunately, there are a lot of trees in the upper part (Sup.), so we only did the lower part (Inf.). Slippery, but beautiful. (traduction alternative)

2026-04-18 | System User | |🕮 |⚓ | 〰 Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Froda (inferieur) Équipement ok. Très glissant.Nous avons pris la ligne rive gauche pour la cascade finale, dans l'actif. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23250/observations.html)

2025-08-23 | System User | |🕮 |⚓ | 〰 Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Froda (inferieur) Dc-Équipement ok (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23250/observations.html)

2025-07-25 | Enrico Rispoli | ☆ ☆ ☆ |🕮 |⚓ ★ ★ | 〰 Normale | 👍 Terminé
The big waterfall gives a twist to the canyon (traduction alternative)

2025-06-01 | Massimo Loriato | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Normale | 👍 Terminé
Done the lower part, from bridge to above the final waterfall, with people from the beginner course. Everything in order, added anchors on the last two points missing for additional security; flow normal, quite slippery here and there.

2024-08-25 | Anja | ☆ ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ | 〰 Faible | 👍 Terminé
Mega beautiful rappel canyon. All stands tiptop. Make sure the rope runs well, especially on the last rappel - sharp edges! (traduction alternative)

2024-06-02 | Peter | ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Normale | 👎 Pas fait
Everything in the normal range. A few pools still silted up. Traversed to above the final waterfall and then exited. (traduction alternative)

2023-11-25 | Bina | ☆ ☆ ☆ ½ |🕮 |⚓ ★ ★ | 〰 Normale | 👍 Terminé
Very cold water. (traduction alternative)

2023-11-25 | System User | |🕮 |⚓ | 〰 Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Froda (inferieur) (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23250/observations.html)

2023-05-18 | Bina | ☆ ☆ ☆ ½ |🕮 |⚓ ★ ★ | 〰 Normale | 👍 Terminé
Pretty. (traduction alternative)

2023-05-18 | Patrik Bartel | ☆ ☆ ☆ ☆ |🕮 |⚓ ★ ★ ★ | 〰 Normale | 👍 Terminé
Sup. and inf. committed. Only at the beginning a run, then continuously downhill. Abseil follows abseil. If the water level is uncomfortable at the big cascade, as it was during our ascent, the dry but green belay is recommended. https://canyon.li/froda-18-05-23/ (traduction alternative)

2023-03-09 | System User | |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/Frodainferiore2Canyon.html

Partie:
Froda sup., v4 a2 III, 5min+1h30+5min
Froda inf., v5 a3 III, 5min+3h+10min