

Sanetsch

Saane, Saaneschlucht, Sarine

Créer: 2023-03-09 20:54:20	Mettre à jour: 2025-09-25 12:11:32	Imprimer: 2026-06-22 05:06:56
Pays: Schweiz / Switzerland Région: Kanton Bern / Canton de Berne Sous-région: Verwaltungskreis Obersimmental-Saanen / Obersimmental-Saanen administrative district Ville: Gsteig		
Difficulté: moins difficile	Niveau: v3 a3 IV	Temps total: 4h25
Temps approche: 25min	Temps tour: 3h15	Temps de retour: 45min
Altitude d'entrée: 1925m	Altitude de sortie: 1595m	Altitude du delta: 330m
Longueur du canyon: 730m	Rapelle le plus haut: 16m	Nombre de rapelles: 20
Transport: Téléphérique	Type de roche:	Zone de prise d'eau: km ²
Saison:	Orientation:	Meilleur moment:
Évaluation: ★ 3.6 (4)	Info: ★ 2 (1)	Belay: ★ 2 (2)
Spécialités: Barrage (informer l'exploitant),		
Matériel: Cordes: 2x25m		
Résumé: (traduction alternative) Alpine canyon in limestone with 4 parts. The first part starts below the Sanetschsee, is dry and - therefore - is not usually climbed. It is unclear whether it has rapel and is secured. Parts 2 and 3 are described below. Part 4 would be the Sanetschfall, which would connect downstream after the exit described here. Here, too, doubts about the presence of a belay are indicated. Similarly, it is not possible to obtain any precise information about the height of the fall (information between 30m - probably the last free fall - and 150m).		
Hydrologie:		
Accès: (traduction alternative) Access from the Saanen valley (Gstaad): From Gstaad/Saanen we drive about 11 km in southern direction to Gsteig. Approximately in the center of the village we follow the signpost to the Sanetsch cable car and turn half-left into the Innergsteigstraße/the Wallisgässli. After 1.6 km from here we reach the valley station of the cable car (Innergsteig) and park our car here. The cable car now takes us up to the top station in a little more than 10 minutes. The cabin offers 6 seats and runs during the season (second half of June until about mid-October) "as needed", a maximum of five times per hour. In 2015, the price for the uphill ride was 15 CHF. For pensioners - like me - the price is reduced, although no corresponding notice was ascertainable. Access from the Rhone Valley: From Sion/Sitten, a post bus runs up to the Sanetschsee (2033m above sea level). The road is relatively narrow already in the lower part. With your own car it is better to take the road from Conthey (south of Sion) via Erde and Daillon. After Daillon you meet the road coming up from Sion (1030m above sea level - 10.5 km from Conthey here). The road continues on mostly one lane, in between through a 800m long tunnel up to the Col du Sanetsch (2251m a.s.l. - 26 km from Conthey) and beyond down to the Sanetsch lake (Lac de Sénin), at the exit of which one parks the car a bit above the lake at the Auberge du Sanetsch (31.5 km from Conthey). From here you can see the top station of the cable car to the NE, where the access begins.		

Approche: (traduction alternative)

From the exit of the mountain station we first walk about 40m in a northerly direction, then the wide path swings to the NE, we walk past a house located to the north of the path and continue to follow the path, which now swings to the OSE. About 100m further we meet the path coming up from the valley station. Here (2035m a.s.l.) it is decided whether to take the entry to the 2nd part or only to the 3rd part.

If one wants to enter to the 2nd part, one leaves the said path after a few meters and follows the inconspicuous path that descends in the hollow on the left towards NW. The path becomes clearer, circles a ridge and then keeps heading SW towards the stream. Cross the stream, which is not incised here, and follow the path on the far bank, which keeps almost parallel to the streambed but is essentially horizontal. After a prominent boulder, you then go down to the right, i.e. in a northerly direction, into the streambed, which you reach immediately at the first rappel (1925m a.s.l.).

If you want to limit the ascent to the actual canyon and enter directly at the beginning of the 3rd part, follow the path in the direction of Gsteig and the valley station further down. It runs parallel to the slope for quite a while, but then rapidly reduces height in many serpentines. At the exit of the serpentine section (at about 1870m above sea level), the path begins to describe a long right-hand bend. At about 1830m a.s.l. the path starts to walk downhill again in many serpentines. At this point (1830m a.s.l.) we leave this path and continue straight ahead in direction WNW. Our new path walks below the steep slope (Fluh), moves, partly a bit exposed, around a Gländenase and leads us over a pasture area to the hut with the name Brapire (sheep pen). We follow the path past the hut for a few meters, but then turn off from it in the direction of SW and walk without a path on sight down to the stream. Downstream you can already see the beginning of the gorge (1780m a.s.l.).

To the Brapire hut and thus to the beginning of the 3rd part you can also climb directly from the valley station over the footbridge at the end of the canyon. The corresponding route description can be found in the book "Canyoning Tours Switzerland" by Brunner/Bétrisey, Tour 18, page 142. This means that only the 3rd part is described in more detail in this book.

Tour: (traduction alternative)

In the 2 parts at the beginning usually no or only low water flow. Nevertheless, possible jumps into deep pools. In the big mess after the rappels in the 1st part, a powerful karst spring rises at the left foot of the slope, which brings correspondingly cold water into the stream.

The canyon proper is the 3rd part. Here, too, there are jumps and slides. At the end of the gorge at the wooden hut under the wall on the left exit possibility, but the further descent to the railingless footbridge is recommended.

Retour: (traduction alternative)

At the wooden footbridge without railings (1595m a.s.l.) we climb out to the right onto the path, which first leads us slightly uphill along the wall out of the cut in the terrain and then steeply downhill. You then meet the path that goes up from the valley station to the Sanetschsee lake. Follow this downhill to the valley station.\n

Coordonnées:

Départ du Canyon [46.3635 7.2885](#)

Fin du Canyon [46.3713 7.2860](#)

Départ du Canyon [46.3660 7.2840](#)

Parking à l'entrée et à la sortie [46.3761 7.2806](#)

Parking à l'entrée et à la sortie [46.3627 7.2967](#)

Point de repère [46.3642 7.2978](#)

Point de repère [46.3654 7.2953](#)

Point de repère [46.3639 7.2918](#)

Point de repère [46.3632 7.2889](#)

Point de repère [46.3740 7.2829](#)

Rapports:

2026-06-19 | System User | |📖|📌|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Sanetsch Attention une avalanche a coulée après la marche, où sort la source. De nombreux arbres y sont bloqués. Accès dangereux.. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21854/observations.html>)

2025-08-09 | System User | |📖|📌|🌊 Faible | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Sanetsch DC- Rien à signaler tout passe comme d'habitude (bien contrôler les vasques avant de sauter si on connaît mal ce canyon, l'eau très transparente donne le sentiment que ça saute partout, alors que non...). Un passage un peu pénible sur la fin (entre la cabane et la fin) à cause d'un arbre tombé dans le lit du ruisseau, mais rien de bien méchant. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21854/observations.html>)

2025-06-22 | System User | |📖|📌|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Sanetsch Tip top très beau, un peu de marche dans un bloc coupant faut être prudent et riche très glissante une fois sous l'eau. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21854/observations.html>)

2025-06-21 | Flurin Lanz | ★★★★★ |📖|📌|★ |🌊 Normale | 🟢 Terminé

All stands good, easy access, after the spring the water gets very cold. We made a few jumps. In part 3, there were 2 rope clamps. Very beautiful canyon (traduction alternative)

2025-06-15 | System User | |📖|📌|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Sanetsch (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21854/observations.html>)

2024-09-21 | System User | |📖|📌| |

Automatisch importiert von Schlucht.ch für Canyon Sanetsch / Saaneschlucht, Wasserstand: "Gering"
Verankerungen: "Top" Sehr gut eingerichtet Im Wasserlauf äusserst glitschig. (Quelle: <https://schlucht.ch/schluchten-der-schweiz-liste/1018-saaneschlucht>)

2024-08-11 | System User | |📖|📌|🌊 Faible | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Sanetsch RAS. Eau très claire.Très bel environnement de montagne. Départ magnifique. Beaux encaissements calcaires.Mas pas mal de marche en bloc tout de même. Et cascades pas top esthétiques.Bref, un poil déçu :(Mais à faire une fois :) (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21854/observations.html>)

2023-03-09 | System User | ★★★★★ |📖|📌| |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/21854>

2023-03-09 | System User | ★★★★★ |📖|📌| |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/SanetschCanyon.html>

2021-09-03 | Bubtore | ★★★★★ |📖|★ |📌|★ |🌊 Faible | 🟢 Terminé

Cold water, but little flowing. A few jumps possible. Have drilled the Sanetschfall. (traduction alternative)