Grigna

Valle della Grigna,Torrente Grigna

Créer: 2023-03-09 20:55:13	**Mettre à jour:** 2026-08-20 16:30:50	**Imprimer:** 2026-11-09 09:11:26
Pays: Italia / Italy **Région:** Lombardia **Sous-régione:** Brescia **Ville:** Bienno		
Difficulté: un peu difficile	**Niveau:** v4 a4 III	**Temps total:** 4h10
Temps approche: 30min	**Temps tour:** 3h30	**Temps de retour:** 10min
Altitude d'entrée: 710m	**Altitude de sortie:** 490m	**Altitude du delta:** 220m
Longueur du canyon: m	**Rapelle le plus haut:** 45m	**Nombre de rapelles:**
Transport: Voiture obligatoire	**Type de roche:**	**Zone de prise d'eau:** km²
Saison:	**Orientation:**	**Meilleur moment:**
Évaluation: ☆ 3.2 (2)	**Info:** ★ 2 (1)	**Belay:** ★ 2 (1)

Spécialités:

Matériel:
Cordes: 2x 50m

Résumé: (traduction alternative)
At the beginning a succession of rappels, then hiking and swimming canyon with rappels.

Hydrologie:

Accès: (traduction alternative)
Take the A4 highway (Milan-Brescia) between Bergamo and Brescia, exit at Ospidaletto, and head north on the SS 10 toward Lake Iseo. Continue along the lake's eastern shore on the SS 42, heading up through the Val Camonica to Esine. Turn there and head up to Bienno. From there, continue up the main road through the switchbacks, and after the first one, turn right onto Via Ponte Prada toward the cemetery (Isola district). Continue on the narrow road and cross a bridge over a right-hand tributary of the Grigna. Immediately after the bridge, turn right onto Via Isola toward the power plant. Park the first car on the left at the first set of parking spaces.

Drive the second vehicle back to the bridge, but do not cross it; instead, turn right uphill before the bridge (Via Ponte Prada), drive through a small industrial area, and then turn right onto a small paved road toward Novali. The road climbs steeply until you reach a larger open area to the right of the road (in a left-hand curve) (elevation approx. 850 m above sea level). Park the second car here.

Approche: (traduction alternative)
From the upper parking lot, follow a zigzagging trail directly down toward Grigna, passing a goat pen (on the right).
P. v. Duin suggests crossing to the left across the hollow after about 50 m onto a small path that leads slightly uphill and then down to Grigna (see the description there).
We, on the other hand, continued straight down and reached a traverse path marked by a cairn. The horizontal path might have led left to the entry, but it was completely overgrown. So we continued down to a small plateau above the Grigna. Here, look for the tracks to the left and head slightly uphill across the cirque that descends toward the river to a ridge, and from there, down to the entry point on the other side. We mistakenly descended the cirque on the right and, unfortunately, ended up at the Grigna directly below the attractive entry waterfalls.

Tour: (traduction alternative)
At the beginning a sequence of longer rappels, mostly "in the beam". Then swim and run sections alternate, interrupted by the odd rappel. Some slides and jumps are also possible. Attractive ambience in red rock.

Retour: (traduction alternative)
After the power station, continue along the river bed for about 200 m and then turn right up to Via Isola and on this road to the lower car. \nPossibility of an exit before the narrower final passage to the left up the slope on a fixed rope (May 2012).

Coordonnées:
Départ du Canyon 45.9130 10.3141
Fin du Canyon 45.9249 10.3042
Parking à la sortie 45.9294 10.3000
Parking à l'entrée 45.9161 10.3134
Départ alternatif du Canyon 45.9041 10.3255

Rapports:

2026-08-20 | Mazzoldi | ☆ ☆ ☆ ½ | 🕮 ★ ★ | ⚓ ★ ★ | ≋ Faible | 👍 Terminé
The trail was difficult to follow; bring a sickle to cut through the brambles. I saved the GPX track, which I'm attaching here: https://out.ac/IjYZTx (traduction alternative)

2023-03-09 | System User | ☆ ☆ | 🕮 | ⚓ | |
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