

# Prale

Rio di Prale

<b>Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.</b> Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports + <i>Nouveau rapport</i> . Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.		
<b>Créer:</b> 2023-03-09 20:53:39	<b>Mettre à jour:</b> 2025-10-10 07:43:20	<b>Imprimer:</b> 2026-06-22 06:06:21
<b>Pays:</b> Italia / Italy <b>Région:</b> Piemonte <b>Sous-région:</b> Cuneo <b>Ville:</b> Cantarana		
<b>Difficulté:</b> moins difficile	<b>Niveau:</b> v3 a2 III	<b>Temps total:</b> 2h35
<b>Temps approche:</b> 5min	<b>Temps tour:</b> 2h	<b>Temps de retour:</b> 30min
<b>Altitude d'entrée:</b> 910m	<b>Altitude de sortie:</b> 780m	<b>Altitude du delta:</b> 130m
<b>Longueur du canyon:</b> 550m	<b>Rapelle le plus haut:</b> 12m	<b>Nombre de rappelles:</b> 9
<b>Transport:</b> Voiture facultative	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b>	<b>Orientation:</b>	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 3.5 (2)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Spécialités:</b>		
<b>Matériel:</b> Cordes: 1x30m		
<b>Résumé:</b> (traduction alternative) Attractive rappel gorge with water flow, but usually lacking in summer.		
<b>Hydrologie:</b>		
<b>Accès:</b> (traduction alternative) From Turin on the A 6 for about 80 km in the direction of Savona. Leave the A 6 at the Ceva exit and take the SS 28 towards Ormea, Colle di Nava. Head south past Garéssio to Ormea (approx. 34 km from the highway). Continue on the SS 28 and after 4 km - immediately after the village of Cantarana - turn left onto the S.P. 216 in the direction of Colle di Caprauna. If you have 2 vehicles, park the lower one in the open area, which you reach 100 m after the bridge over the river Tanaro by turning left. Here you can see the opening of a tunnel that has not been under construction for many years. However, car thieves are also said to be at work here. With the second or only vehicle, continue uphill along the tarred road in many bends until you reach an incised mountain saddle (chapel at the top left). Continue slightly downhill for another hundred meters and park your car in a suitable place after the bridge over the Prale.		
<b>Approche:</b> (traduction alternative) By car or on foot along the small tarred road on the right bank of the Rio Prale in a northerly direction to the hamlet of Borgata Lunotti. There, turn left down to the dirt road bridge over the Prale. Get in just above the bridge.		
<b>Tour:</b> (traduction alternative) Immediate entry into the gorge; uninterrupted sequence of rappels, only towards the exit running routes.		

**Retour:** (traduction alternative)

After the canyon has opened up, continue in or next to the streambed until you see blue markers (procanyon) on the right bank. Follow these, sometimes climbing, until you come to an inconspicuous path coming from the right and follow it to the left across the streambed. A few meters up this path on the opposite slope we come to a fork. If you have a vehicle parked at the tunnel opening, continue downhill following the blue dots to the car. However, if we want to get to the car at the top, we take the left-hand path and climb upwards in serpentines. We pass an electricity pylon, at the next one we descend slightly and reach the old road (no tarmac). Follow this uphill until you reach the new road just below the saddle with the chapel. Depending on where you parked the car, you can either continue along the new road or take the dirt road that turns left before the hill with the chapel, then goes around the hill to the right, down to the bridge at the entry point and on to Borgota Lunotti. This return route is very pleasant, so you can easily do without a shuttle.

**Coordonnées:**Départ du Canyon [44.1190 7.8985](#)Fin du Canyon [44.1202 7.8951](#)**Rapports:**

2026-05-16 | System User | |📖|📍|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prale RAS. Très beau. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22333/observations.html>)

2026-04-19 | System User | |📖|📍|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prale Les armes sont toutes en bon état. Quelques troncs d'arbres, mais rien de grave. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22333/observations.html>)

2025-07-23 | System User | |📖|📍|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prale (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22333/observations.html>)

2025-05-25 | System User | |📖|📍|🌊 Haut | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prale (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22333/observations.html>)

2025-05-01 | System User | |📖|📍|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prale Équipement en bon état, quelques petits embâcles par endroit. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22333/observations.html>)

2025-05-01 | System User | |📖|📍|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prale (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22333/observations.html>)

2024-02-04 | System User | |📖|📍|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prale chaînes ok, quelques arbres coincés (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22333/observations.html>)

2023-03-09 | System User | ⭐⭐⭐ |📖|📍| |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/22333>

2023-03-09 | System User | ⭐⭐⭐ |📖|📍| |

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/PraleCanyon.html>