Sa Spendula

Riu Coxinas

Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.
Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports +*Nouveau rapport.* Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.

Créer: 2023-03-09 20:54:43	**Mettre à jour:** 2023-11-23 18:50:20	**Imprimer:** 2026-11-09 09:11:24
Pays: Italia / Italy **Région:** Sardegna **Sous-régione:** provincia del Medio Campidano **Ville:** Villacidro		
Difficulté: moins difficile	**Niveau:** v3 a2 II	**Temps total:** 2h55
Temps approche: 20min	**Temps tour:** 2h30	**Temps de retour:** 5min
Altitude d'entrée: 320m	**Altitude de sortie:** 225m	**Altitude du delta:** 95m
Longueur du canyon: m	**Rapelle le plus haut:** 25m	**Nombre de rapelles:**
Transport: à pied	**Type de roche:**	**Zone de prise d'eau:** km²
Saison:	**Orientation:**	**Meilleur moment:**
Évaluation: ☆ 2.1 (1)	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Spécialités:

Matériel:
Cordes: 2x30m

Résumé: (traduction alternative)
Sa Spendula is a succession of beautiful waterfalls. Riu Coxinas is the stream that feeds them and as such is not a burner, especially quite overgrown.

Hydrologie:

Accès: (traduction alternative)
Leave the four-lane SS 131 from Cagliari to Sássari approx. 40 km north of Cagliari at Sanluri and drive via San Gavino Monreale and on to Villacidro. At the overpass over the SS 196, the wide Villacidro bypass, turn right onto the SS 196 in the direction of Gùspini. After approx. 2 km, the northern access road to Villacidro branches off to the left. Take this access road towards Villacidro and, before reaching the village, turn right at a crossroads with a signpost for 'Cascata Sa Spendula'. After a wide left-hand bend, there is a large parking lot on the right. This is the exit.
Take a second vehicle or walk from the parking lot onto the road you came in on, turn right and up the hill. At the first houses, after a left-right bend, a road branches off to the right that leads steeply uphill. Follow this road uphill and shortly afterwards turn right again onto a narrow tarred road that leads up through a pine forest and past a waterworks. Pass the waterworks on the right and at the exit take a gravel road to a parking lot below the transmitter masts (approx. 30 min. ascent).

Approche: (traduction alternative)
From the parking lot, follow the wide marked path westwards into the valley. After walking for about 5 minutes, you will see a dam wall in the background. You could walk to the dam wall and get in there. If you like getting completely scratched up in dense undergrowth, you can do that.
However, it is advisable to descend to the canyon to the right shortly after the striking path cut between the rocks. This allows you to enjoy the interesting final section and largely avoid the weedy upper section of the stream.
From the parlplatz at the bottom, you can also climb up the orographic left side of the canyon and get directly to the entry.

Tour: (traduction alternative)
Up to the final waterfalls, stream climbing with no gradient to speak of and almost no rappel. The final cascades are attractive and the climber can count on spectators.

Retour: (traduction alternative)
After the last waterfall on the footpath to the car.

Coordonnées:
Départ du Canyon 39.4651 8.7214
Fin du Canyon 39.4679 8.7253

Rapports:

2023-10-27 | System User | |🕮 |⚓ | 〰 Sèche | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Coxinas Sec malgré au moins 2 jours de pluie. Vasques pas croupies mais presque ! Seule la partie finale est intéressante dans ces conditions. Canyon bien envahi par la végétation. Équipement ok. A faire avec de l'eau ! (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22430/observations.html)

2023-03-09 | System User | ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/SaSpendulaCanyon.html