Schiltbach

Créer: 2023-11-20 21:11:34	**Mettre à jour:** 2026-09-18 15:17:13	**Imprimer:** 2026-11-09 08:11:10
Pays: Schweiz / Switzerland **Région:** Kanton Bern / Canton de Berne **Sous-régione:** Verwaltungskreis Interlaken-Oberhasli / Interlaken-Oberhasli administrative district **Ville:** Lauterbrunnen		
Difficulté: difficile	**Niveau:** v5 a4 IV	**Temps total:** 6h50
Temps approche: 1h	**Temps tour:** 5h	**Temps de retour:** 50min
Altitude d'entrée: 1747m	**Altitude de sortie:** 1217m	**Altitude du delta:** 530m
Longueur du canyon: 730m	**Rapelle le plus haut:** 70m	**Nombre de rapelles:** 25
Transport: Téléphérique	**Type de roche:**	**Zone de prise d'eau:** 6.00km²
Saison: juillet - octobre	**Orientation:**	**Meilleur moment:**
Évaluation: ☆ 4 (7)	**Info:** ★ 2.5 (2)	**Belay:** ★ 1.8 (5)

Avertissements:
Interdiction d'accès à l'ordonnance sur la pêche Berne Cas B (annuellement 01.11. - 15.07.)
Ce tronçon de cours d'eau peut être parcouru conformément à l'ordonnance sur la pêche du canton de Berne du 16 juillet au 31 octobre.

Spécialités:

Matériel:
Cordes: 2x80m

Résumé: (traduction alternative)
A rappel canyon with two distinct features. At the top, the stream is deeply incised; at the bottom, there are beautiful waterfalls, mostly in the sun. What’s unique about this stream is that it splits after the large crevice, and the two branches, only 10 meters apart, carry the water alternately.

Hydrologie: (traduction alternative)
Possible during winters with little snow, starting at the end of the snowmelt (July).

Accès: (traduction alternative)
Drive into the Lauterbrunnen Valley as far as Stechelberg and park there at the valley station of the mountain railway. You can take the gondola to Gimmelwald or Mürren to save yourself some elevation gain.

Approche: (traduction alternative)
Stay on the hiking trails all the way to the bridge that crosses the stream.

Tour: (traduction alternative)
The first 7 rappels aren’t too daunting, but once you reach the 70-meter one, it’s a massive canyon. There, you can go right into the niche to get out of the water, or head straight to the ledge up ahead to take the exposed belay station that leads right back into the water.

After the narrow gap, the stream splits. It’s best to take the branch that has water flowing through it, which can change from one high-water period to the next.

At the end, the two branches come together again, and more beautiful rappels follow.

Retour: (traduction alternative)
Head down to the bridge at the old sawmill. From there, take the hiking trail down into the valley toward Stechelberg. If the Sefi-Lütschine route is feasible, you can include that as well (call the power plant!).

Coordonnées:
Départ du Canyon 46.5483 7.8769
Fin du Canyon 46.5414 7.8824
Parking à l'entrée 46.5551 7.9013
Parking à la sortie 46.5454 7.9024

Rapports:

2026-11-08 | Peter Lampacher | ☆ ☆ ☆ ☆ ⯨ |🕮 ★ ★ ★ |⚓ ★ ★ | 〰 Faible | 👍 Terminé
Great climb. On the first C40 (on the right side of the wall), the rope got stuck in the crack while we were lowering it. It took about 150 kg to free it. On the C70, please tighten the nuts—we didn't have the right wrench on hand. (traduction alternative)

2026-09-17 | Alex54 | ☆ ☆ ☆ ☆ ⯨ |🕮 |⚓ | 〰 Normale | 👍 Terminé
Top, long, continuous, and spectacular (traduction alternative)

2026-09-15 | System User | |🕮 |⚓ | 〰 Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Schiltbach We added or improved various belay stations, including an anchor so you can descend the 70m in the flow. It’s a hanging station, river right, at the top of the big drop. Further down we put anchors on the branch river right as river left is currently dry. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22868/observations.html)

2026-09-15 | Bubtore | ☆ ☆ ☆ ☆ ⯨ |🕮 ★ ★ |⚓ ★ ★ | 〰 Normale | 👍 Terminé
A really cool stream. We’ve added or set up a few new belay stations. Among other things, we set up a station at the “70” so we can rappel down the waterfall. It’s very open and airy, yet easy to navigate. Further down, we’ve set up a belay station on the western branch of the stream since the eastern branch is currently dry. (traduction alternative)

2026-08-09 | Adrian Roth | ☆ ☆ ☆ |🕮 |⚓ ★ | 〰 Faible | 👍 Terminé
The climb into the deep, narrow section above the C70 is brilliant. In the middle, open section, there was little to no water flowing in the left branch. The rock offered good grip for the most part, and the anchors were a bit older but still okay (mostly maillons). (traduction alternative)

2026-08-09 | Adrian Roth | ☆ ☆ ☆ |🕮 |⚓ ★ | 〰 Faible | 👍 Terminé
The climb into the deep, steep section above the C70 is brilliant. There was little to no water flowing in the left branch of the open middle section. The rock offered good grip for the most part, and the anchors were mostly maillons—somewhat older but still in good condition. (traduction alternative)

2025-11-16 | System User | |🕮 |⚓ | 〰 Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Schiltbach Extrem rutschig (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22868/observations.html)

2025-11-16 | System User | |🕮 |⚓ | 〰 Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Schiltbach Super méga glissant...patinoire de jus de vaches... (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22868/observations.html)

2025-11-01 | System User | |🕮 |⚓ | 〰 Haut | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Schiltbach Quite high flow from the melting snow which almost doubled during descent. Equipment solid but quite old. Some bolts are a bit awkwardly placed. In some cases an anchor must be used for more than 1 drop, which is not always evident or logical (risk of stuck ropes).Currently extremely slippery, which made reaching some of the anchors quite difficult and slowed progress. We used the last exit (bridge, path to Gimmelwald) because it was getting dark. This exit was very exposed, but possible to setup a belay at the bolt for the rappel. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22868/observations.html)

2024-11-16 | Peisen | ☆ ☆ ☆ ☆ ⯨ |🕮 |⚓ ★ | 〰 Faible | 👍 Terminé
Very varied in terms of abseil height and aquatics. Already nicely iced up after the 70. You don't need crampons and ice tools yet. The lower part is slippery due to light moss. The middle section was a welcome warm change in the sun around 12 o'clock. Have set a new anchor for the traverese rope to the 70er. (traduction alternative)

2024-10-26 | Peisen | |🕮 |⚓ | 〰 Normale | 📈 Sortie de secours
Only climbed up to the 70m steps. Up to there the anchors were there but not of the best/newest quality. (traduction alternative)

2023-03-09 | System User | ☆ ☆ ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/22868/Schiltbach.html

Partie:
Chilchbalm, v5 a4 III, 1h50+4h+1h10
Ahorni, v3 a3 III, 1h20+2h+1h5
Sefi, v5 a4 IV, 2h+3h+1h
Schiltbach, v5 a4 IV, 1h+5h+50min
Sefi-Lutschine, v4 a4 IV, 30min+2h+5min