# Froda (Superiore)

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| **Créer:** 2023-08-07 18:38:43 | **Mettre à jour:** 2026-09-04 16:51:57 | **Imprimer:** 2026-11-09 09:11:29 |
| **Pays:** Schweiz / Switzerland **Région:** Kanton Tessin / Cantone Ticino **Sous-régione:** Bezirk Riviera **Ville:** Biasca | | |
| **Difficulté:** un peu difficile | **Niveau:** v4 a3 IV | **Temps total:** 9h |
| **Temps approche:** 4h | **Temps tour:** 3h | **Temps de retour:** 2h |
| **Altitude d'entrée:** 2090m | **Altitude de sortie:** 1260m | **Altitude du delta:** 830m |
| **Longueur du canyon:** 2000m | **Rapelle le plus haut:** 45m | **Nombre de rapelles:** 20 |
| **Transport:** à pied | **Type de roche:** gneiss | **Zone de prise d'eau:** 2.50km² |
| **Saison:** juin - octobre | **Orientation:** Ouest | **Meilleur moment:** 7-10 Heures |
| **Évaluation:** ☆ 3.2 (3) | **Info:** ★ 2 (2) | **Belay:** ★ 1.5 (2) |
| **Spécialités:** | | |

**Matériel:**
Cordes: 2x 50m

**Résumé:** (traduction alternative)
Alpine Canyon part of Froda. Not particularly worth doing on its own, but a really cool challenge as an Integral or even a Super Integral.

**Hydrologie:** (traduction alternative)
This part can handle a relatively large amount of water, but since you normally continue with the Intermedio, it shouldn't be too much.

**Accès:** (traduction alternative)
Either hike up from Biasca, or take a shuttle through the Pontirone Valley; you can drive as far as Alpe di Cava.

**Approche:** (traduction alternative)
From the bottom, it’s the same as the Intermedio route, but you just keep going higher.

From Alpe di Cava, first head over the Forcarella di Lago, then descend to the lake. For 15 francs, you can spend the night in the unstaffed hut (online registration required).

https://www.patriziatobiasca.ch/rifugio_lago.html

**Tour:** (traduction alternative)
From the lake to Alp Compiett, follow this route:
C20 left
C25 left
M400
C10 from the rocky outcrop (optional)
M400
C30 left (flat section)
C20 right
C10 left
Trail crossing at 1,775 m
M100
C15 left
C20 right
C25 right
C5 left
M50
MC10 + C45 right
M200
Alpe di Compiett

Then follow the route as described in Baumgartner's book.

**Retour:** (traduction alternative)
Continue on the Intermedio, or walk 1,000 meters of elevation down into the valley, or walk back up to the lake and then on to Alpe di Cava.

**Coordonnées:**
Départ du Canyon 46.3520 9.0203
Fin du Canyon 46.3544 8.9917
Départ alternatif du Canyon 46.3558 8.9988

**Rapports:**

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2026-09-19 | System User | |🕮 |⚓ | |
Automatisch importiert von Schlucht.ch für Canyon Ri della Froda superiore, Wasserstand: "Niedrig" Verankerungen: "Ok" Wir sind bei der Brücke auf 1250müM eingestiegen. Einige Haken könnten erneuert werden, geht aber auch so. (Quelle: https://schlucht.ch/schluchten-der-schweiz-liste/1081-ri-della-froda-superiore)

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2026-07-09 | Bubtore | ☆ ☆ ⯨ |🕮 ★ ★ |⚓ ★ ★ | 〰 Normale | 👍 Terminé
Starting from the lake at 2090m, the uppermost section really serves only to let you say you've done the Superintegrale, because after the two initial rappels, there's nothing for quite a while. But with an overnight stay at the hut, it's still a great experience. We drilled some new anchors between Alp Compiett and the start of the Intermedio. We also removed some of the old slings. (traduction alternative)

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2026-06-27 | Jeanne Picart | ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ | 〰 Normale | 👍 Terminé
Parcouru le canyon depuis l'Alpe di Lago jusqu'en bas. A 6 personnes, 1800m de dénivelé. Les ancrages du sup sup sont présents, beaucoup de marche en rivière. Les ancrages de la partie supérieurs laissent à désirer, que ce soit les relais sur arbre ou les points fixes. Un bon rééquipement ne ferait pas de mal. rien à signaler sur intermédiaire (DC+ pour la partie étroite mais aucun risque) et inférieure. Une beauté !

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2025-06-29 | Alex Arnold | ☆ ☆ ☆ |🕮 |⚓ | 〰 Normale | 👍 Terminé
Integrals. Perfect water level for this. Used trees a few times in the superiore. Overnight stay in hut Compiett (traduction alternative)

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2023-09-28 | Daniel Sturm | |🕮 |⚓ | |
Basic data taken with kind permission by Matthias Holzinger from "Swiss Alps Canyoning VOL. 2.0" (traduction alternative)

**Partie:**
Froda (Superiore), v4 a3 IV, 4h+3h+2h
Froda (Intermedio), v6 a4 V, 2h+4h+1h
Froda (Inferiore), v6 a3 IV, 1h15+4h30+5min