

Cenza

Da Cenza, Barranco del Val Da Cenza

Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise. Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports + <i>Nouveau rapport</i> . Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.		
Créer: 2024-06-05 22:46:39	Mettre à jour: 2026-05-22 16:16:25	Imprimer: 2026-06-22 06:06:01
Pays: España / Spain Région: Galicia Sous-région: provincia de Orense / Provincia de Ourense Ville: Villarino de Conso		
Difficulté: difficile	Niveau: v5 a2 II	Temps total: 2h50
Temps approche: 40min	Temps tour: 2h	Temps de retour: 10min
Altitude d'entrée: m	Altitude de sortie: m	Altitude du delta:
Longueur du canyon: 310m	Rapelle le plus haut: 46m	Nombre de rappelles: 6
Transport:	Type de roche:	Zone de prise d'eau: km ²
Saison: juin - août	Orientation:	Meilleur moment:
Évaluation: ★ 0 ()	Info: ★ 0 ()	Belay: ★ 0 ()
Spécialités:		
Matériel:		
Résumé: (traduction alternative) Nice waterfall of 66m, the rest is not much. We can follow the Couso riverbed (beautiful but without difficulties) or make a combination of cars going up to San Mamede.		
Hydrologie:		
Accès: (traduction alternative) We have to go towards Vilarino de Conso. For it by the A52 we leave in A Gudiña and we will take direction Vilarino de Conso. By OUR-CU-346 until we pass the dam, almost in Entrecinsa, here we turn left towards Edrada. We will follow this road until almost Edrada. 1.- If we have two cars and we want to leave in San Mamede, just before arriving at Edrada when we cross the Couso river on the orographic left, there is a road on the right to San Mamede, after 200m we turn left and continue to the village, we pass it and after the left curve there is a track on our left going down to the river. We park the access car. 2.- If we are not going to make a combination of cars, or with the access car, we will continue to Edrada and park.		
Approche: (traduction alternative) We will leave by the remains of a track heading NW, uphill, in Maps is marked as "Mirador ferverza de Edrada". We will follow this track until a very closed left fork just in front of San Mamede (on the other side of the valley), we leave this track and go straight towards the viewpoint, we pass it and now with the reference of the waterfall, we continue above this waterfall until the "path" crosses the stream.		
Tour: (traduction alternative) A couple of small rappels of 10m to reach the large waterfall of 66m (rope needed to overcome it min of 72m), after this slides, skills and a couple of small rappels. When arriving at the Couso river we can continue doing aquatic canyoning, without great difficulties but with an enviable environment.		
Retour: (traduction alternative) With a combination of cars, when we get to the Couso we cross it and go up that slope to take the track on the other side, we go up to the return car. If we follow the river to Edrada		

Coordonnées:

Départ du Canyon [42.1489 -7.2347](#)

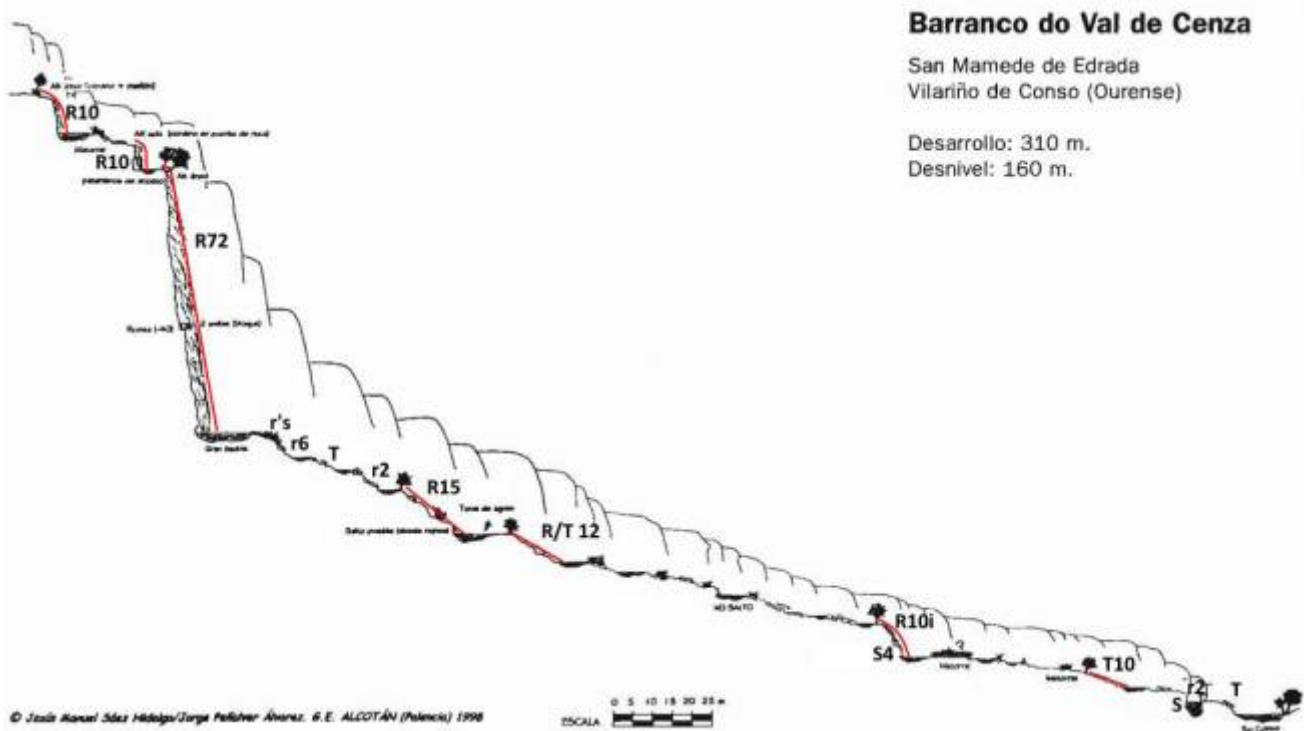
Rapports:

2024-06-16 | System User | |📖|📍|

Información: Partes de la descripción del cañón se han importado automáticamente. Concretamente, los campos Verticalidad, Acuáticos, Seriedad, Resumen, Acceso, Acceso, Recorrido, Regreso, Tiempo acceso, Tiempo regreso, Cantidad rapells, Longitud del cañón, Temporada start, Temporada end, Ruta GPS, Topografía de https://www.docuwiki.infobarrancos.es/doku.php?id=barrancos:ourense:val_cenza

2023-03-09 | System User | |📖|📍|

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