

# Carcerelha

<b>Créer:</b> 2023-03-09 20:49:54	<b>Mettre à jour:</b> 2023-10-14 09:16:06	<b>Imprimer:</b> 2026-02-02 02:02:25
<b>Pays:</b> Portugal <b>Région:</b> Região Norte / Norte Region <b>Sous-région:</b> Viana do Castelo <b>Ville:</b> Germil		
<b>Difficulté:</b> moins difficile	<b>Niveau:</b> v3 a3 II	<b>Temps total:</b> 3h30
<b>Temps approche:</b> 20min	<b>Temps tour:</b> 3h	<b>Temps de retour:</b> 10min
<b>Altitude d'entrée:</b> 960m	<b>Altitude de sortie:</b> 150m	<b>Altitude du delta:</b> 810m
<b>Longueur du canyon:</b> m	<b>Rapelle le plus haut:</b> 15m	<b>Nombre de rapelles:</b> 2
<b>Transport:</b> Voiture facultative	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b>	<b>Orientation:</b>	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 3 (2)	<b>Info:</b> ★ 2 (1)	<b>Belay:</b> ★ 3 (1)
<b>Spécialités:</b>		
<b>Matériel:</b> Cordes: 2x40m		
<b>Résumé:</b> (traduction alternative) Entertaining open beautiful granite gorge; longer walking and downclimbing passages; several emergency exits possible; large catchment area; in the ideal case everything can be slid or jumped except for 2 steps; very beautiful pools with clean mostly warm water; is often commercially entered; some slippery downclimb passages; well equipped; drill hooks for rope traverse or ropeway available; in midsummer a 3mm neoprene is enough because the water is warm.  Small tip: Stop at the campsite "Lima Escape (down by the main road) cyclists and hamburgers...  Date 30.05.2016		
<b>Hydrologie:</b>		
<b>Accès:</b>		
<b>Approche:</b> (traduction alternative) (with 2nd car: 0min) From the parking exit (approx. 220m) follow the road for approx. 20min to the bridge with the large turnout on the left. Directly at the signs Lago4 you descend 20m to the stream.		
<b>Tour:</b> (traduction alternative) The tour starts with a nice 8-12m jump in a large pool (bolts left). This is followed by a longer walking and abseiling section which is not boring due to several possible jumps. Caution is advised on some slippery downclimbs as there are often hidden stones under the water surface. In the middle of the canyon, there are then two compelling rappels (10/15m), interrupted by a short walking passages with possible jumps (4/7m). The 15m rappel is followed by another longer walk and downclimb into a somewhat narrower canyon. Here you downclimb skillfully over slippery rocks before reaching the last steps. The first steps are usually bypassed on the right using a traversese rope that can be pulled off (watch out for the first pool, which often recedes). This is followed by a cascade of 5 and 15m which can be jumped and slid/jumped and rappelled or only rappelled (be careful with the last edge due to the current/fall). After the last deep pool you leave the canyon after approx. 100m on the left side.		
<b>Retour:</b> (traduction alternative) Approx. 100m after the last pool, a small path is visible approx. 150m left. Follow this path for about 10 minutes up to the road.		
<b>Coordonnées:</b>		

**Rapports:**

2024-08-19 | Marosffy Dániel | ★★ ★ | 📖 ★★ | ⚓ ★★ ★ | 🌊 Faible | 👍 Terminé  
Not much stress, easy all the way down. For a fun day.

2023-03-09 | System User | ★★ ★ | 📖 | ⚓ | |  
Daten importiert von <https://www.canyoning.or.at/index.php/liste-aller-canyons/393-carcerehla>