

# Vallière de Roueste

**Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.**

Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports +Nouveau rapport. Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.

**Créer:** 2023-11-20 21:21:38

**Mettre à jour:** 2026-03-13 07:19:35

**Imprimer:** 2026-06-22 07:06:40

**Pays:** France **Région:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Sous-région:** Alpes-Maritimes **Ville:** La Tour

**Difficulté:** moins difficile

**Niveau:** v3 a2 II

**Temps total:** 3h45

**Temps approche:** 55min

**Temps tour:** 2h30

**Temps de retour:** 20min

**Altitude d'entrée:** 750m

**Altitude de sortie:** 493m

**Altitude du delta:** 257m

**Longueur du canyon:** 940m

**Rapelle le plus haut:** 20m

**Nombre de rapelles:**

**Transport:** à pied

**Type de roche:**

**Zone de prise d'eau:** km<sup>2</sup>

**Saison:**

**Orientation:**

**Meilleur moment:**

**Évaluation:** ★ 2 (2)

**Info:** ★ 1 (1)

**Belay:** ★ 1 (1)

**Spécialités:**

**Matériel:**

Cordes: 2x 20m

**Résumé:** (traduction alternative)

First a flat canyon, then an exciting finale.

**Hydrologie:** (traduction alternative)

Important: This canyon is only filled with water after a long period of heavy rainfall.

**Accès:** (traduction alternative)

Drive up the Tinée valley and reach La Tour Sur Tinée. At the top of the village, just after the wash house and a large wheel, park in a small parking lot on the right.

**Approche:** (traduction alternative)

To the left of the wash house, the GR510 long-distance hiking trail runs below the road. Follow it for a few dozen meters and, at the height of the small trees on the right, take a path that is initially poorly marked but is easier to see further up. The starting point is at the level of a second canyon, which you reach after a short descent.

**Tour:** (traduction alternative)

The first 80% run through a shallow canyon. The first waterfall is a C20 with a steep gradient, the anchoring of which must be sought very high up. The exit leads through a small darkness and then opens into 5 main pools: jump - rappel - jump - small ledge - slide. You reach the Ginoire, which has a tricky passage towards the exit with a strong current; you overcome this by carefully following the chute and climbing a few meters up the right bank in view of the waterfall to be able to rappel down a tree with a rappel, which allows you to cross the stream and descend this small waterfall on the left bank.

A moderately difficult path crosses the canyon at the level of the Oscuro.

Thanks to the pleasant finish, this route can be rated at around 1.5. Conversely, it would be rated as crap despite this finale...

**Retour:** (traduction alternative)

Leave the bridge and cross it. Follow the GR long-distance hiking trail back to the village.

**Coordonnées:**

Départ du Canyon [43.9584 7.1937](#)

Fin du Canyon [43.9542 7.1867](#)

Parking inconnu [43.9485 7.1865](#)

## Rapports:

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2025-05-27 | Michiel Dullaert | ★★ | 📖 ★ | 🚶 ★ | 🌊 Faible | 🍏 Terminé

Canyon that is little done. Path to it was dense. Nice to find natural anchor points and sharpen techniques (traduction alternative)

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2023-03-09 | System User | ★ | 📖 | 🚶 | |

Daten importiert von <https://www.descente-canyon.com/canyoning/canyon/23660/Valliere-de-Roueste.html>