Ravine Amuse Gueule

Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.
Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports +*Nouveau rapport.* Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.

Créer: 2026-03-09 07:14:08	**Mettre à jour:** 2026-03-09 07:17:54	**Imprimer:** 2026-11-09 09:11:13
Pays: France **Région:** Réunion (La) / Reunion **Sous-régione:** La Réunion / Reunion **Ville:** Saint-Joseph		
Difficulté: extrêmement difficile	**Niveau:** v5 a7 IV	**Temps total:** 8h30
Temps approche: 2h30	**Temps tour:** 5h	**Temps de retour:** 1h
Altitude d'entrée: 1200m	**Altitude de sortie:** 825m	**Altitude du delta:** 375m
Longueur du canyon: 560m	**Rapelle le plus haut:** 60m	**Nombre de rapelles:**
Transport: à pied	**Type de roche:**	**Zone de prise d'eau:** km²
Saison:	**Orientation:**	**Meilleur moment:**
Évaluation: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Spécialités:

Matériel:
Cordes: 2x 60m

Résumé: (traduction alternative)
14 rappels from 8 m to 60 m before arriving at the collection tank after the R20 of Cap Blanc

Hydrologie:

Accès: (traduction alternative)
Drive up the Langevin river as far as Grand Galet. Continue along the road. You will then come to a passable path, which you must follow to the parking lot with a concrete tank.

Approche: (traduction alternative)
Walk to Ti Cap, follow the path and cross a wooden bridge. Leave the path that leads up to the volcano and walk along the river bank on the right for 15 minutes until you reach the last bivouac on the right. Cross this and continue in the river until you reach a narrowing marked by the absence of a bank on the right just before a right-hand bend in the river (in the upstream direction).
At this point, cross the river, then ascend 50 m and find a relatively well-marked path in an area where many longose water plants grow. You should climb no higher than a tree across the river, but be careful, it will be swept away by a flood sooner or later! Always try to follow the ridge. Expect 1 to 1.5 hours of ascent in the Filaos forest with no real path. The first part of the ascent is more on the right side of the ridge, the second part more on the left. There you have beautiful views of Cap Blanc and even a glimpse of Amuse Gueule and Bras des Mousses. There is no risk of getting lost, as on the way to Cap Blanc, as the ridge becomes narrower and narrower and you have to try to stay on its summit. You will reach a plateau with primary forest; the ridge becomes narrower and narrower, then the path becomes a little flatter and goes slightly downhill. At the exit of this descent, in an area where several tree ferns can be found, and at an altitude of about 1320 m, you should not continue the ascent on the ridge, but turn left horizontally for about 3 minutes until you come across a dry canyon that forms the entrance to the canyon.

Tour: (traduction alternative)
14 rappels from 8 m to 60 m before the confluence in the pool after the R20 of Cap Blanc
R1 Search for a tree in the vegetation, a tree in RG, but access possible without rappel
R3 Doubling the relay point with the tree above (2 m ropes)
R7 Pass the 3 pools (no foot)
R8 Light rubbing at the start of the line (2 strands or bag)
R13 Rappel stand for rappel in the middle pool (ring on the block)
Arrival between R20 and R21 of the Verrou (Cap Blanc)
R14 Abseil stand on tree in RG

Beautiful route with beautiful canyons that are a bit more challenging than Bras des Mousses, even if the rappels are not particularly technical (when the water level is low!).
Caution: Amuse Gueule leads into Cap Blanc, a technical and challenging canyon (v7a7V), the exit of which you must cross. Prepare yourself well (time, technical difficulty, difficulty...).

Retour: (traduction alternative)
Descend the canyon to Ti-Cap and then follow the path, looking for several paths on the right and then on the left before switching back to the right side in the bivouac area to avoid progressing in blocks.

Coordonnées:
Parking à l'entrée et à la sortie -21.3000 55.6444

Rapports:

2026-11-01 | System User | |📖 |⚓ | ≋ Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Amuse Gueule (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23429/observations.html)

2026-03-05 | System User | |📖 |⚓ | ≋ Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Amuse Gueule équipement ok Quelques arbres couchés sur le sentier d'accès (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/23429/observations.html)