# Rio Trementina

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| **Créer:** 2024-11-11 14:31:32 | **Mettre à jour:** 2026-07-13 11:26:35 | **Imprimer:** 2026-11-09 09:11:50 |
| **Pays:** Italia / Italy **Région:** Trentino-Alto Adige **Sous-régione:** Trento / Provincia autonoma di Trento **Ville:** Terre d'Adige | | |
| **Difficulté:** un peu difficile | **Niveau:** v4 a2 III | **Temps total:** 3h55 |
| **Temps approche:** 50min | **Temps tour:** 3h | **Temps de retour:** 5min |
| **Altitude d'entrée:** 550m | **Altitude de sortie:** 200m | **Altitude du delta:** 350m |
| **Longueur du canyon:** 500m | **Rapelle le plus haut:** 50m | **Nombre de rapelles:** 16 |
| **Transport:** à pied | **Type de roche:** | **Zone de prise d'eau:** km² |
| **Saison:** | **Orientation:** Est | **Meilleur moment:** |
| **Évaluation:** ☆ 3.5 (1) | **Info:** ★ 3 (1) | **Belay:** ★ 2 (1) |

**Spécialités:**

**Matériel:**
Cordes: 2x50

**Résumé:** (traduction alternative)
Lots of beautiful spots—a rappel canyon that's perfect for rappelling and which is especially worth it when there's water.

**Hydrologie:** (traduction alternative)
Recommended after rainfall, otherwise dry.
The amount of water normalizes very quickly even after heavy rainfall.

**Accès:** (traduction alternative)
Approach: North of Trento, park in Zambana vecchia.

**Approche:** (traduction alternative)
Parking entry: on foot, take the underpass near the church. Turn left, following the signposts to 680 foigen. Climb up the steep path to a fork at 410 m (Molinel); keep left (signpost Lamar- Val Trementina 681). After this fork we cross a first stream near a fence, a second (Rio della Netta) and the third is ours (Rio Trementina).

**Tour:** (traduction alternative)
The slope north of Trento (east side of the Paganella summit) is apparently inaccessible and ugly: in 1955, a landslide destroyed a large part of the village of Zambana and the Zambana-Paganella cable car station. From a canyoning perspective, however, lines and routes can be guessed; after heavy rainfall, the waterfalls gush out everywhere. The Val Trementina begins at an altitude of 1550 m, at the foot of the vertiginous east face of the Paganella, and runs straight down to an altitude of 200 m, north of Trento. Here we suggest the lower part, which is logistically the most impressive. There is a middle section from an altitude of 1000 m, with old but good belays), and an upper section (from an altitude of 1700 m, set up expedition style in 2023)
The lower part begins with easy downclimbs. After the third belay, the canyon narrows and becomes steeper. The Netta stream (also drilled in) joins. Continuous waterfalls follow until the end.

**Retour:** (traduction alternative)
Exit: after the 50 m abseil, turn left into the forest and in 1 minute you are in the open fields. Follow the open path to the left until you reach the small asphalt road that leads to the village.

**Coordonnées:**
Départ du Canyon 46.1534 11.0652
Parking à l'entrée et à la sortie 46.1588 11.0719
Fin du Canyon 46.1520 11.0718

**Rapports:**

2025-07-08 | Bina | ☆ ☆ ☆ ½ |🕮 ★ ★ ★ |⚓ ★ ★ | 〰 Normale | 👍 Terminé
Today, after the 2nd thunderstorm, we surprisingly had water. The canyon has many beautiful spots, but is a pure rappel canyon, which is very rewarding with water. Unfortunately, there are no entries on various platforms, so we dragged the drill along in vain. (traduction alternative)

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2025-07-07 | Bina | |🕮 |⚓ | 〰 Sèche | 👎 Pas fait
Despite thunderstorms the day before, no water... (traduction alternative)