Le Bief des Parres

Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.
Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports +*Nouveau rapport.* Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.

Créer: 2023-05-17 09:03:57	**Mettre à jour:** 2026-05-13 07:06:53	**Imprimer:** 2026-11-09 09:11:20
Pays: France **Région:** Bourgogne-Franche-Comté **Sous-régione:** Jura **Ville:** Les Moussières		
Difficulté: moins difficile	**Niveau:** v3 a? II	**Temps total:** 6h10
Temps approche: 5min	**Temps tour:** 6h	**Temps de retour:** 5min
Altitude d'entrée: 1090m	**Altitude de sortie:** 450m	**Altitude du delta:** 640m
Longueur du canyon: 4000m	**Rapelle le plus haut:** 30m	**Nombre de rapelles:** 19
Transport: Voiture obligatoire	**Type de roche:**	**Zone de prise d'eau:** km²
Saison:	**Orientation:** Nord	**Meilleur moment:**
Évaluation: ☆ 0 ()	**Info:** ★ 0 ()	**Belay:** ★ 0 ()

Spécialités:

Matériel:
Cordes: 2x 35m

Résumé: (traduction alternative)
Long gorge hike with a few rappels

Hydrologie:

Accès: (traduction alternative)
Approach:
From downstream: same as for Flumen, i.e., take the D436, then the D290 toward Geneva and continue on to Villard.
In Le Martinet, at the fountain, turn left onto the Route des Cascades. Park at the end of the road near the EDF power plant.
Flow measurement: The Bief des Parres is the FIRST of the two streams you'll encounter when you reach the power plant; the second is the Bief Noir, which resurfaces 50 m further upstream. Do not confuse the two.
Upstream: Drive back and head toward Geneva on the D436, then turn right in L'Evalide onto the D25 toward Les Moussières. Park at the bridge 1.5 km before the village, near the large Combe Bry farm. It's surprising, but during very wet periods, the field turns into a raging stream that flows into the canyons hidden in the forest!
New upstream access: Follow the same route as for the standard access, but 1,200 m before the Combes Bry bridge, at the spot called "La Cernaise," turn right onto the road leading to the parking lot at the "La Roche Blanche" viewpoint (600 m from La Cernaise), at the spot called "sur le Brayon."
Follow the blue trail markers. On foot, these markers lead you down the cattle trail to the left and then along a path at the edge of the forest. Walk under the high-voltage power line and then past the abandoned house. Near the house, turn onto a clearly visible path and head 150 meters into the forest, then turn right into the valley, always following the markings. Descent of about 1 km.
This new, more logical route saves you the first kilometer, which is not very interesting, and allows you to reach the challenging parts of this very long run a bit faster. Parking is also convenient and straightforward.
Note: It is possible to tackle only the last 800 m of the canyon, with access from below without a shuttle bus. See the "Notes" part below.

Approche: (traduction alternative)
Once you're under the bridge, you'll be in the Bief; walk through the dry riverbed, and you'll reach the first rappel point in 8 minutes.

Tour: (traduction alternative)
Since there is no flowing water at the start, this tour should not be considered a typical canyoning experience. It is more of a long hike during which you'll navigate numerous rappels in a peaceful forest setting. The route begins with a very long walk through the underbrush; the first challenges don't appear until later, but they then come in rapid succession, so that a total of about twenty waterfalls must be navigated.

The difficulty is low, as is the exposure, which is relatively minor and occurs only sporadically.
However, this hike is very long and runs far from roads and thus far from civilization. Therefore, caution is still advised. No significant difficulties. If you encounter problems (past the halfway point), leave the road and take a trail that leads up from the valley to Rocher Blanche.
On the way back, a trail that crosses the route and runs to the right of it provides an emergency exit.

Retour: (traduction alternative)
They come right out onto the street near the cars, heading toward the EDF plant.

Coordonnées:
Départ du Canyon 46.3359 5.8883
Parking à l'entrée 46.3356 5.8879
Fin du Canyon 46.3643 5.8790
Parking à la sortie 46.3641 5.8796

Rapports:

2026-10-11 | System User | |📖 |⚓ | 〰 Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Parres (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20196/observations.html)

2026-05-03 | System User | |📖 |⚓ | 〰 Sèche | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Parres Canyon où le plaisir est gâché par des remparts de bois étalés tout le long du canyon. Il y a un très joli passage avec des arches et des rappels qui s'enchaînent. Après avoir bataillé 4h , on avait la vue sur la partie avale qui était barré sur 200m par un amas de bois, on est sorti par le chemin de la passerelle. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/20196/observations.html)

Première descente: 01.01.1977 par