

# Flumineddu

Riu Fiumineddu, Riu Flumineddu

**Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.**

Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports + *Nouveau rapport*. Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.

**Créer:** 2023-03-09 20:54:45

**Mettre à jour:** 2026-01-04 23:47:29

**Imprimer:** 2026-06-22 06:06:50

**Pays:** Italia / Italy **Région:** Sardegna **Sous-région:** provincia dell'Ogliastra / Province of Ogliastra **Ville:** Dorgali

**Difficulté:** facile

**Niveau:** v2 a2 II

**Temps total:** 8h25

**Temps approche:** 15min

**Temps tour:** 6h40

**Temps de retour:** 1h30

**Altitude d'entrée:** 745m

**Altitude de sortie:** 350m

**Altitude du delta:** 395m

**Longueur du canyon:** 1400m

**Rapelle le plus haut:** 25m

**Nombre de rapelles:** 8

**Transport:** à pied

**Type de roche:**

**Zone de prise d'eau:** km<sup>2</sup>

**Saison:** septembre - juin

**Orientation:** Nord

**Meilleur moment:**

**Évaluation:** ★ 3.2 (2)

**Info:** ★ 0 ()

**Belay:** ★ 3 (1)

**Spécialités:**

**Matériel:**

Cordes: 2x30

**Résumé:** (traduction alternative)

Similar in character to its neighboring canyon, the Orbisi (see there). However, longer running distances.

**Hydrologie:**

**Accès:** (traduction alternative)

Basically the same approach as for Grotta Donini and Codula Orbisi, but with transposition if you want to go down through the Gola di Goruppu.

For the placement of the lower car we drive from Dorgali approximately 1 km on the SS125 in the direction of Passo Genna Siliana (hotel). Here the tunnel towards Cala Gonone turns off to the left. But we stay on the SS125 and after another km (km 200,4 of the SS125) we turn right on a small road. We follow it in the direction of Gola di Goruppu. 5.4 km after leaving the SS125, keep left at the junction, pass the little church of Nostra Signora di Buon Cammino on the left and after another 5 km you will come to the new bridge over the Fiumineddu (Ponte S'Abba Arva). On both sides of the bridge there are parking areas (for at least 6 cars). Even 20m after the bridge we can still park the car for the exit.

With the second car we go back to the SS125 and on this road then a good 17 km up to the Passo del Gennargentu (hotel). After the mountain pass continue for another 5.5 km to Genna Croce (900m OD - bar). Here an asphalt road, already dilapidated at the beginning, branches off to the right. Follow this road under rock walls until you reach a plateau. Here keep right and drive north on a sand road. The road is just passable with normal vehicles - but the bottom plate should not be too deep. A destroyed bridge has to be bypassed in the streambed. A few kilometers further we see a fenced off building on the right - Campos Bargios (990m a.s.l.) - 10 km from Genna Croce. Here we take the dirt road to the left past the mud hole heading SE downhill (steep in parts but paved). 1 km after Campos Bargios we come to a clearing ("Sa Gambilonga"). Here we park the second car.

**Approche:** (traduction alternative)

We head NE, enter an enclosure by means of a wooden ladder and follow a battered track, later a path. It leads us through a side cirque of the Riu Flumineddu - at the exit steeply over rock - down into the streambed.

**Tour:** (traduction alternative)

We turn downstream (to the right) and walk for about 90 minutes until we reach the first rappel. Now rappel, pools, running sections and easy climbing passages alternate until the gorge finally widens after a series of pools (up to here about 3.5 hours around the river bed).

Now you can see the mouth of the Orbisi carved into the rock above a shallow pool on the right. You can exit here, see "way back".

Otherwise, we continue the integral ascent and pass 2 larger pools one after the other, which - after prior inspection - may be jumpable. Then we come to the highlight of the tour, an "underground lake", which can rather be described as a pool. You can possibly jump into it (check!) and swim through to the other side of the grotto. If I remember correctly, there was also the option of bypassing the "lake" on the righthand side. Beyond the grotto, there is a rappel into a now wide river bed. We now climb mainly downwards and after some time reach the impressive Gola (canyon) di Goruppu with its high canyon walls.

<https://www.opencanyon.org/it/canyon/81186f14-a561-4b14-b60f-a0fe1669b267>

Here we usually meet half-shoe tourists who have walked up here from the bridge where our lower car is parked.

**Retour:** (traduction alternative)

Without implementation: If you do not plan an integral climb and therefore do not have a second car parked at the end of the tour, you can get out after the "inflow" of the Orbisi up to the right, comes to a hiking trail, follows first this, then the paved road up to Campos Barginos. One can then get the car (time required about 2 hrs.).

With conversion: we take the path that, directly at the exit of the gorge, first climbs steeply to the left, then later descends essentially horizontally on the left slope above the river to the bridge where our lower car is (4500m - 100 min.).

**Coordonnées:**

Départ du Canyon [40.1475 9.4747](#)

Fin du Canyon [40.1854 9.5013](#)

Départ alternatif du Canyon [40.1491 9.4768](#)

Parking à l'entrée et à la sortie [40.1491 9.4876](#)

Parking à la sortie [40.2258 9.5174](#)

Point de repère [40.1659 9.4782](#)

Fin alternative du canyon [40.1791 9.4904](#)

**Rapports:**

2026-04-18 | System User | |📖|📍|🌊 Faible | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Flumineddu (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/21152/observations.html>)

2025-12-29 | MirkoT | |📖|📍|★★★|🌊 Normale | 🟢 Terminé

The smooth descent of a group is reported. Re-equipped trail of approach because days ago a big stone falls down and former anchor now is unreachable. (traduction alternative)

2023-03-09 | System User | ★★☆☆ |📖|📍| |

Info: Teile der Canyonbeschreibung wurden automatisiert übernommen. Konkret die Felder Weblinks, Koordinaten, Rating, Länge des Canyon, Einfachseil Mindestens von <https://www.descente-canyon.com/canyoning/canyon/21152>

2023-03-09 | System User | ★★ |📖|📍| |

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