

# Frio

Ribeira Frio (Superior), Ribeira Frio

<b>Créer:</b> 2023-03-09 20:50:11	<b>Mettre à jour:</b> 2024-01-01 19:18:47	<b>Imprimer:</b> 2026-06-22 05:06:26
<b>Pays:</b> Portugal <b>Région:</b> Região Autónoma da Madeira / Madeira <b>Sous-région:</b> Ilha da Madeira <b>Ville:</b> Ribeiro Frio		
<b>Difficulté:</b> un peu difficile	<b>Niveau:</b> v4 a4 II	<b>Temps total:</b> 2h45
<b>Temps approche:</b> 5min	<b>Temps tour:</b> 2h30	<b>Temps de retour:</b> 10min
<b>Altitude d'entrée:</b> 1120m	<b>Altitude de sortie:</b> 900m	<b>Altitude du delta:</b> 220m
<b>Longueur du canyon:</b> 1500m	<b>Rapelle le plus haut:</b> 45m	<b>Nombre de rapelles:</b> 12
<b>Transport:</b> Voiture facultative	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b>	<b>Orientation:</b> Nord	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 3.5 (9)	<b>Info:</b> ★ 2.5 (2)	<b>Belay:</b> ★ 2.2 (5)
<b>Spécialités:</b>		
<b>Matériel:</b> Cordes: 1x60m+1x50m		
<b>Résumé:</b> (traduction alternative) Varied, not very deep rappel canyon with some narrow passages and optional possible jumps		
<b>Hydrologie:</b>		
<b>Accès:</b> (traduction alternative) From Funchal on the ER-103 over Monte to the Col de Poiso and beyond down. About 2.4 km after the col, a forestry track turns off to the left in a sharp bend; the upper car can be parked on the right on the road widening (32.723614,-16.889656). The lower car can be left at the forester's house (with fish farm) on the edge of the hamlet of Ribeiro Frio (32.733585,-16.887082). This can be reached by driving downhill from the upper parking lot on the ER-103 for about 2 km in the direction of Faial.		
<b>Approche:</b> (traduction alternative) From the upper car in a westerly direction down into the streambed. After about 70 m you reach the high entry waterfall.		
<b>Tour:</b> (traduction alternative) 9 rappel in a varied, colorful, not very deep canyon. Intermediate entry and exit on the left below the bridge. The 45m rappel either in the beam or left bank dry.		
<b>Retour:</b> (traduction alternative) Shortly before reaching the fish farm, turn right onto an open water drainage and follow the path to the road.		
<b>Coordonnées:</b> Fin du Canyon <a href="#">32.7331 -16.8881</a> Départ du Canyon <a href="#">32.7238 -16.8902</a> Parking à l'entrée <a href="#">32.7237 -16.8897</a> Parking à la sortie <a href="#">32.7336 -16.8871</a> Sortie intermédiaire du canyon <a href="#">32.7290 -16.8893</a>		

## Rapports:

2026-04-28 | System User | |📖|📌|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Frio Tout ok ras, beaucoup de guides mais très sympas (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22276/observations.html>)

2025-05-31 | Marosffy Dániel | ⭐⭐⭐⭐ | 📖⭐⭐ | 📌⭐⭐ | 🌊 Normale | 🟢 Terminé

Longer and colder than expected... The anchor at the top of the initializing big one is a free-hanging sort making it rather uncomfortable. The second half is an adventure park with lots of exiting options, nevertheless, we hardly spotted the last one before the road hairpin. Look for carved steps here on the right.

2025-05-01 | System User | |📖|📌|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Frio Canyon ludique et beau. La nature sauvage reprenant ses droits par endroit. Bien équipé. Marche d'approche et de retour super facile. Les parkings sont bien placés, mais courage pour trouver de la place. Team K-Net Nico, Dim, Lio & Geo (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22276/observations.html>)

2025-04-21 | System User | |📖|📌|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Frio Un tres beau canyon. Si on le fait sans la grande cascade d'entrée de 45 m, le Frio est aussi parfait pour l'initiation. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22276/observations.html>)

2025-04-15 | Mitch | ⭐⭐⭐⭐ | 📖📌 | 📌⭐ | 🌊 Normale | 🟢 Terminé

The canyon is commercially accessible in the lower section (after the 50) and is very well secured. The water was clear, but quite cold. The 50 rappel already had some pressure when rappelling in the water jet. (traduction alternative)

2025-04-15 | Sascha Schäfer | ⭐⭐⭐⭐ | 📖 | 📌⭐⭐⭐ | 🌊 Normale | 🟢 Terminé

Everything ok-water temperature very fresh. (traduction alternative)

2024-11-03 | Airmax | ⭐⭐⭐⭐ | 📖⭐⭐⭐ | 📌⭐⭐⭐ | 🌊 Normale | 🟢 Terminé

After heavy rainfall at night with a sporty flow, but easily doable. No turning pools. Do not check the water level directly at the exit at the dam! There is an inflow directly above (approx. 30%). Check the water level at the bridge as described. The first high waterfall at the access can be seen very well from the road. (traduction alternative)

2024-10-01 | System User | |📖|📌|🌊 Faible | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Frio There is very little water flowing. The gorge is partly dry. You can go around a pool that is no longer so clear on the left. After the bridge there was a muddy pond, so we got out there. Still a nice tour. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22276/observations.html>)

2024-10-01 | Patrik Bartel | ⭐⭐ | 📖 | 📌⭐ | 🌊 Faible | 🟢 Terminé

Very low water level, dry in between and clear pools up to the bridge. Colorful and varied canyon. We bypassed the first pool after the C50 on the left as the water was not clear. The pool after the bridge was even dirtier. That's where we got out. (traduction alternative)

2024-04-14 | System User | |📖|📌|🌊 Faible | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Frio Un des rares jours de soleil à Ribeiro Frio. Une descente magnifique. Peu d'eau, des bassins cristallins, de la roche qui accroche. Fortement recommandé, malheureusement le Frio sera à sec dans une ou deux semaines. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22276/observations.html>)

2024-02-26 | System User | |📖|📌|🌊 Normale | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Frio Premier canyon de l'île, après l'atterrissage. Parcouru dans la brume et sous la pluie. Très sympa. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/22276/observations.html>)

2024-01-21 | System User | |📖|📌|🌊 Haut | 🟢 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Frio Ribeiro Frio est de nouveau en condition. La partie touristique est tout à fait praticable, seuls les amarages de la main courante du R12 sont encore en très