Efra

Val d'Efra

Créer: 2023-04-17 14:53:18	**Mettre à jour:** 2026-08-02 09:27:18	**Imprimer:** 2026-11-09 09:11:42
Pays: Schweiz / Switzerland **Région:** Kanton Tessin / Cantone Ticino **Sous-régione:** Bezirk Locarno **Ville:** Frasco		
Difficulté: un peu difficile	**Niveau:** v3 a4 III	**Temps total:** 7h31
Temps approche: 1h30	**Temps tour:** 6h	**Temps de retour:** 1min
Altitude d'entrée: 1350m	**Altitude de sortie:** 880m	**Altitude du delta:** 470m
Longueur du canyon: 2500m	**Rapelle le plus haut:** 35m	**Nombre de rapelles:** 22
Transport: à pied	**Type de roche:**	**Zone de prise d'eau:** km²
Saison: juillet - septembre	**Orientation:** Ouest	**Meilleur moment:** 10-13 Heures
Évaluation: ☆ 3.4 (9)	**Info:** ★ 2.3 (9)	**Belay:** ★ 1.7 (9)

Spécialités:

Matériel:
Cordes: 2x 40m

Résumé: (traduction alternative)
Long river walk interrupted by some charming passages.

Hydrologie:

Accès: (traduction alternative)
Coming from the highway exit Bellinzona Süd, cross the river Ticino, pass Locarno airport and then straight on at the traffic circle to the T-junction. Turn left here and follow the signs into the Verzasca Valley via Gordola, past the dam, along the reservoir to Vogorno (11.3 km from the crossing of the Ticino). From Vogorno we continue along the reservoir to Lavertezzo and from there towards Brione. Here continue towards Gerra and then Frasco as far as the bridge over the Riale d'Efra.

Approche: (traduction alternative)
From the bridge, follow the road for approx. 50 m. A path goes uphill to the right between the houses. Follow this and turn right when it reaches the exit of a road. At the next junction, take the path on the right, which is less steep and enters the valley. Follow the path for a good 90 minutes until you reach Chignö/Chignolo (1360 m).

Alternative start a little earlier at approx. 1260m before the steep ascent directly into the river bed.

Tour: (traduction alternative)
Very long tour with some interesting sections, some of which are slippery. The lower parts are also partly slippery at higher abseiling points. Check out well. Very open character. Emergency exit possible at almost any time, except in the last section where it is cut in.

Retour: (traduction alternative)
Get off at the bridge. You are directly at the car.

Coordonnées:
Départ alternatif du Canyon 46.3429 8.8325
Départ du Canyon 46.3424 8.8360
Site de mesure du niveau d'eau 46.3378 8.8061
Fin du Canyon 46.3378 8.8057
Parking à l'entrée et à la sortie 46.3374 8.8058
Parking à l'entrée et à la sortie 46.3363 8.8040

Rapports:

2026-09-19 | System User | |🕮 |⚓ | 〰 Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Efra (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22843/observations.html)

2026-09-14 | Lucki ◫ | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ | 〰 Normale | 👍 Terminé
All good (traduction alternative)

2026-09-14 | Florian Heufler | ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ | 〰 Faible | 👍 Terminé
More beautiful than expected, not slippery at all....The anchors are fine, but some are getting a bit old and could use some repair... (traduction alternative)

2026-08-11 | System User | |🕮 |⚓ | 〰 Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Efra Équipement : une majorité de monopoints Joli canyon avec une section de marche un peu longue avant le final très esthétique (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22843/observations.html)

2026-08-11 | System User | |🕮 |⚓ | 〰 Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Efra Ras, entré par l'entrée alternative. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22843/observations.html)

2026-08-01 | Peter | ☆ ☆ ☆ ½ |🕮 ★ ★ ★ |⚓ ★ | 〰 Normale | 👍 Terminé
Many individual anchor points could be doubled for added safety. A particularly high anchor point may cause some problems. (traduction alternative)

2026-07-12 | MarcoW | ☆ ☆ ☆ ½ |🕮 |⚓ ★ ★ | 〰 Normale | 👍 Terminé
with Alex, Alex, Irena, Damian (traduction alternative)

2026-07-11 | Massimo Loriato | ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ | 〰 Normale | 👍 Terminé
Everything in order, basically everywhere where strictly necessary there are monopoint anchors while on many other points downclimb is necessary; water level normal/low with quite all the jumps feasible and the last T25 feasible. First part more open and vertical, than narrowing a little bit with many pools, jumps and toboggans, and becoming more slippery. Some walk in between, another narrow section with a beautiful pitch, little other walk and the final section with pools and the T25.

2025-08-02 | Urs K. | ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ | 〰 Normale | 👍 Terminé
Everything was okay, rather grippy at the beginning, increasingly slippery towards the exit. (traduction alternative)

2025-07-18 | Stephan Gehringer | ☆ ☆ |🕮 ★ |⚓ ★ | 〰 Faible | 👍 Terminé
All the necessary anchors were there and in order... Sometimes you had to look for them... We got in at 1500m... (traduction alternative)

2024-08-14 | Simone Steffke | ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ | 〰 Haut | 👍 Terminé
Water level high at the CP after the thunderstorm the evening before, but falling during the ascent. Entry at 1280 hM. Access to there 50 min. Anchor ok, partly something to look for. Relatively long walking passages, but good grip. Nice jumps and slides (after checking). There is a charge for parking, but almost all payment systems are possible (Twint, Easypark, Parkingpay, Verzasca ParkingCard). (traduction alternative)

2024-08-04 | Urs K. | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | 〰 Normale | 👍 Terminé
The official parking lot was full, about 500m further you can drive down at the church to a paid parking lot (7h costs about CHF 15.-). We were 5 people, 6h for access and ascent. At the beginning very grippy and not slippery, towards the exit where the canyon is cut more slippery. If you have a practiced eye, you will also find some jumps (2 to approx. 10m). Once you have parked at the bottom, you can return to the car at the exit to the left of the stream. (traduction alternative)

2023-09-28 | Daniel Sturm | |🕮 |⚓ | |
Basic data taken with kind permission by Matthias Holzinger from "Swiss Alps Canyoning VOL. 2.0" (traduction alternative)

2023-04-17 | Daniel Sturm | |🕮 ★ ★ |⚓ | | 🟥 Pas fait