Gries (CH)

Gamchi inf.,Gries,Gamchibach, Griesschlucht

Créer: 2023-03-09 20:54:22	**Mettre à jour:** 2026-10-27 10:47:50	**Imprimer:** 2026-11-09 09:11:47
Pays: Schweiz / Switzerland **Région:** Kanton Bern / Canton de Berne **Sous-régione:** Verwaltungskreis Frutigen-Niedersimmental / Frutigen-Niedersimmental administrative district **Ville:** Kiental		
Difficulté: très difficile	**Niveau:** v5 a6 IV	**Temps total:** 2h40
Temps approche: 35min	**Temps tour:** 2h	**Temps de retour:** 5min
Altitude d'entrée: 1350m	**Altitude de sortie:** 1150m	**Altitude du delta:** 200m
Longueur du canyon: m	**Rapelle le plus haut:** 35m	**Nombre de rapelles:**
Transport: à pied	**Type de roche:**	**Zone de prise d'eau:** 26.20km²
Saison:	**Orientation:** Ouest	**Meilleur moment:**
Évaluation: ☆ 4.8 (7)	**Info:** ★ 2.4 (5)	**Belay:** ★ 2 (5)

Avertissements:
Une autorisation délivrée par l'Inspection de la chasse est nécessaire pour la pratique commerciale du canyoning
Selon le site https://www.belex.sites.be.ch/app/de/texts_of_law/923.111/versions/1792/annex/2, la pratique professionnelle d'activités nautiques est soumise à l'autorisation de l'Inspection de la chasse.
inactif: *Interdiction d'accès à l'ordonnance sur la pêche Berne Cas J* (annuellement 01.01. - 15.04.)
Conformément à l'ordonnance sur la pêche du canton de Berne, ce tronçon de cours d'eau ne peut être parcouru que du 16 avril au 31 décembre.

Spécialités:
Glacier dans le bassin versant, canyon d'hiver,

Matériel:
Lampe frontale,

Résumé: (traduction alternative)
Immensely impressive gorge of a glacial stream that is generally accessible only in November and December. One of the great tours in the Bernese Oberland.

Hydrologie:

Accès: (traduction alternative)
Take the A6 to Spiez, then turn off towards Adelboden. In Reichenbach, turn left and follow the road uphill to Kiental. Continue in the direction of Griesalp. Parking exit: After crossing the wide valley floor at Tschingelsee, park in the paid parking lot (2016: 2 Chf, change machine for francs available) Parking entry: Follow the steep road uphill over several hairpin bends until a road branches off to the left towards Pochtenalp. There are small parking spaces near the bridge.

Approche: (traduction alternative)
Descend into the streambed above the bridge.

Tour: (traduction alternative)
Rappel right from a tree with a sling, cross the pool and climb left to the next anchor. Rappel 12m and carefully pass the tree trunk to reach the next 14m rappel. After short walking passages the canyon opens for a moment before a 35m rappel into the dark cathedral. Intermediate position possible after 25m on the right. In December 2016, here were many tree trunks that were thrown into the gorge during forestry work. The next rappel can be rappelled from the left or from the right. Climbing to the right anchor is technically difficult (V+). Another 12m rappel brings you back out into the open. The anchor for the 27m high Pochtenfall is located behind the right edge and is reached by a wide straddle step. After a short walking passages follows the short second gorge with two low rappels and a waterfall from the left. Walk 100m before the last gorge section of the Hexenkessel begins. After the bridge, jump 3m or go around to the left, then carefully downclimb to the downclimb anchor on the right above a 5m step. Climb the ropes to the right onto the small ledge under the overhang and rappel 18m into the pool under the Hexenkessel. From now on only downclimb and jump in a beautiful gorge.

Retour: (traduction alternative)
Cross to the right to the parking lot

Coordonnées:
Départ du Canyon 46.5478 7.7591
Parking à la sortie 46.5494 7.7562
Parking à l'entrée 46.5476 7.7590
Fin du Canyon 46.5485 7.7564

Rapports:

2025-12-20 | MarcoW | |🕮 |⚓ | 〰 Haut | 👎 Pas fait
...we had to stop because we had overestimated the water level... (traduction alternative)

2025-12-20 | Peisen | ☆ ☆ ☆ ☆ ½ |🕮 |⚓ | 〰 Normale | 👍 Terminé
No ice, neither in the access nor in the canyon. Superiore conditions. Unfortunately, an excavator above the stream has clouded the water. (traduction alternative)

2025-12-04 | System User | |🕮 |⚓ | |
Automatisch importiert von Schlucht.ch für Canyon Gamchibach / Griesschlucht, Wasserstand: "Mittel." Verankerungen: "Gut." Z.T. dünne Eisschicht vorhanden, keine grossen Eisgebilde, Schneehöhe im unverspurten Gelände 40 cm. Im C 37 liegt ein dünner Baumstamm der einen Seilklemmer produzieren kann. Bohrhaken freigelegt. (Quelle: https://schlucht.ch/schluchten-der-schweiz-liste/1068-gamchibach-griesschlucht)

2025-11-14 | System User | |🕮 |⚓ | |
Automatisch importiert von Schlucht.ch für Canyon Gamchibach / Griesschlucht, Wasserstand: "Hoch" Verankerungen: "Gut" Alles gut, teils verblocktes Holz in der Schlucht, sportlicher Wasserstand. Kein Eis. Einige Fixseile könnten ersetzt werden. (Quelle: https://schlucht.ch/schluchten-der-schweiz-liste/1068-gamchibach-griesschlucht)

2025-11-14 | Peter Lampacher | ☆ ☆ ☆ ☆ ☆ |🕮 ★ |⚓ ★ | 〰 Haut | 👍 Terminé
All good, sporty water level. No ice. Some fixed ropes could be replaced. (traduction alternative)

2023-03-09 | System User | ☆ ☆ ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://canyon.carto.net/cwiki/bin/view/Canyons/GriesCanyon.html

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2021-11-05 | Christian Balla | ☆ ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ | 〰 Haut | 👍 Terminé
High volume of water but doable. Hooks in good condition, but in one place so extremely icy that we could not use them. (traduction alternative)

2021-11-02 | Christian Balla | ☆ ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ | 〰 Fou | 👎 Pas fait
The water level was too high for a safe ascent without knowing the canyon. (traduction alternative)

2021-10-30 | Bubtore | ☆ ☆ ☆ ☆ ½ |🕮 ★ ★ |⚓ ★ ★ | 〰 Haut | 👍 Terminé
Difficult undertaking with so much water. One of the 2nd group that went in got stuck more than 2 hours before the Hammer Mental. A rucksack was also lost. (traduction alternative)

2016-12-09 | GeorgB | ☆ ☆ ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ ★ | 〰 Faible | 👍 Terminé
Low water level for this stream. Many tree obstacles in the high waterfall, otherwise everything perfect (traduction alternative)

Partie:
Gamchi, v5 a5 V, 2h+2h40+40min
Gornerbach (Bern), v4 a5 III, 1h+1h30+35min
Gries (CH), v5 a6 IV, 35min+2h+5min