

# Sallena

Gargantas de Sallena, Barranco Sallena

<b>Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.</b> Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports + <i>Nouveau rapport</i> . Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.		
<b>Créer:</b> 2023-11-20 21:14:00	<b>Mettre à jour:</b> 2026-05-22 16:15:28	<b>Imprimer:</b> 2026-06-22 07:06:47
<b>Pays:</b> España / Spain <b>Région:</b> Aragón <b>Sous-région:</b> Huesca <b>Ville:</b> Gistaín		
<b>Difficulté:</b> moins difficile	<b>Niveau:</b> v3 a3 I	<b>Temps total:</b> 3h2
<b>Temps approche:</b> 1h	<b>Temps tour:</b> 2h	<b>Temps de retour:</b> 2min
<b>Altitude d'entrée:</b> 1640m	<b>Altitude de sortie:</b> 1440m	<b>Altitude du delta:</b> 200m
<b>Longueur du canyon:</b> 1200m	<b>Rapelle le plus haut:</b> 15m	<b>Nombre de rapelles:</b> 15
<b>Transport:</b>	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b> juin - novembre	<b>Orientation:</b>	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 3.3 (1)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Spécialités:</b>		
<b>Matériel:</b>		
<b>Résumé:</b> (traduction alternative) Nice descent, very aquatic in a tributary of the Cinqueta. Cold and abundant waters all year round, with a huge amount of trunks dragged by the strong thaw flows. Overhangs, slides and jumps will force us to exercise extreme caution when the flows are high due to the movements that occur in its waters. To emphasize its red schist gorges. To be completed		
<b>Hydrologie:</b>		
<b>Accès:</b> (traduction alternative) We are located in Ainsa (N260), we will take the A138 towards France through the Bielsa tunnel. After a few kilometers we will pass through Labuerda and at pk57 we arrive at Escalona. We will continue towards France passing through Lafortunada until the detour to the valley of Chistau/Gistaín (A2609). We will follow the road towards Plan/Gistaín until we reach San Juan de Plan, we will pass it and at the first sharp bend to the left there is a track straight ahead. This track takes us to Biados (Posets-Maladeta Park panel). We will go up the track for about 6 kms until we reach the Hospital de Gistain parking lot, just before the bridge. There are signs on the right		
<b>Approche:</b> (traduction alternative) Lower part: We will take the PR-HU188, towards the bordas de Lisier but when we reach the ruins of the Hospital de Gistain we leave it to go along the road towards the bridge of the Sallena and before the bridge turn to the Minas de Galena. We will see a hard uphill path and then flat but quite aerial. It is the return from the top. In about 20-30min we reach the mine and the access to the riverbed. Upper part: We will take the PR-HU188, towards the bordas de Lisier, once here we will take the GR/HRP to go up to the cols. After passing it, we will cross a stream and follow the path down to the confluence with Sallena. Soon the descent begins.		
<b>Tour:</b> (traduction alternative) (13.8.2024-David) the tree from which the R9 rappel of 10 meters has fallen, it can be done from a smaller one.		
<b>Retour:</b> (traduction alternative) We can leave by the Potras Bridge if the flow of the Cinqueta is high or rappel to the Cinqueta and go up the river a few meters until we find a rope to climb up to the access track. Another option is to follow the gorge of Chistau, make the last stretch to the bridge and the exit of this one.		

