Alba

Cascate di Premia,Rio d'Alba,Alba

Créer: 2023-11-20 21:26:25	**Mettre à jour:** 2026-07-20 10:15:04	**Imprimer:** 2026-11-09 09:11:13
Pays: Italia / Italy **Région:** Piemonte **Sous-régione:** Verbano-Cusio-Ossola **Ville:** Premia		
Difficulté: difficile	**Niveau:** v5 a4 V	**Temps total:** 8h35
Temps approche: 1h45	**Temps tour:** 6h30	**Temps de retour:** 20min
Altitude d'entrée: 1335m	**Altitude de sortie:** 735m	**Altitude du delta:** 600m
Longueur du canyon: 1400m	**Rapelle le plus haut:** 65m	**Nombre de rapelles:** 28
Transport: à pied	**Type de roche:** gneiss	**Zone de prise d'eau:** 2.40km²
Saison: juin - octobre	**Orientation:** Ouest	**Meilleur moment:** 11-18 Heures
Évaluation: ☆ 3.6 (5)	**Info:** ★ 2 (2)	**Belay:** ★ 1.5 (2)

Spécialités:

Matériel:
Cordes: 2x 70m

Résumé: (traduction alternative)
Very beautiful canyon - technically demanding and not playful.
Final waterfall (flat) with 250 m - the easiest part of the route.

Hydrologie: (traduction alternative)
Only approach when the water level is low - there are many narrow chutes in the upper part.
No water catchment.

Accès: (traduction alternative)
From Masera, take the 5533 over the Simplon Pass in the direction of Simplon and exit at Crodo. Drive through the Antigorio valley, past Baceno and Premia, and continue towards the Formazza valley. In the hamlet of Piedilago, turn right towards Cagiogno. Cross the river Toce and continue for a few hundred meters until you reach a large clearing near a very ornate house.

Approche: (traduction alternative)
Follow the road until you reach a wash house and then follow the signs to Alpe Bee, which can be reached via a beautiful old mule track that is almost entirely paved. At a crossroads halfway along the road, ignore the signs for Diogna and continue on the right. After reaching a first house in a meadow, continue straight on past more huts until you reach the main settlement of Bee. Follow the marked path that leads back into the forest and soon reaches the stream.

Tour:

Retour: (traduction alternative)
Way back: At the foot of the large waterfall, take the clearly visible path to the right, keep right at the next junction and follow the path to Cagiogno and back to the car. Nofes: The high waterfall is divided into several abseiling points, with a maximum drop height of 50 meters.

Coordonnées:
Départ du Canyon 46.2609 8.3631
Fin du Canyon 46.2661 8.3521
Parking à l'entrée et à la sortie 46.2716 8.3499
Parking à l'entrée et à la sortie 46.2714 8.3485

Rapports:

2026-09-03 | Enrico Rispoli | ☆ ☆ ☆ ⯨ | 🕮 | ⚓ | 〰 Normale | 👍 Terminé
A long and quite challenging canyon... Cold water, some very beautiful waterfalls—especially in the upper section—but the 250-meter one isn't spectacular; that was the part we liked the least. (traduction alternative)

2026-07-04 | System User | | 🕮 | ⚓ | 〰 Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Alba (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22778/observations.html)

2026-07-04 | System User | | 🕮 | ⚓ | 〰 Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Alba Ajoutees des chaines sur 5 longuers de la cascade finale. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/22778/observations.html)

2025-08-26 | Massimo Loriato | ☆ ☆ ☆ ☆ | 🕮 ★ ★ | ⚓ ★ ★ | 〰 Normale | 👍 Terminé
Very slippery the upper part. Old french chains quite everywhere double, integrated with newer anchor points with rings (do not trust entirely the topo of french book). 5h in 2 person.

2025-08-07 | Michele Dini | ☆ ☆ ☆ | 🕮 ★ | ⚓ | 〰 Faible | 👍 Terminé
Overestimated (traduction alternative)

2025-08-06 | Bina | ☆ ☆ ☆ ⯨ | 🕮 | ⚓ ★ | 〰 Faible | 👍 Terminé
Many "home-made" stands (typical for the region). Apart from the one river walk, a beautiful alpine tour. (traduction alternative)

2023-03-09 | System User | ☆ ☆ ☆ | 🕮 | ⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/22778/Alba.html