Lagouna

Canyon de la Lagouna,Vallon de Lagouna

Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.
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Pays: France **Région:** Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur **Sous-régione:** Alpes-Maritimes **Ville:** Saorge

Difficulté: un peu difficile	**Niveau:** v4 a1 V	**Temps total:** 6h15
Temps approche: 1h45	**Temps tour:** 4h30	**Temps de retour:** 0min
Altitude d'entrée: 850m	**Altitude de sortie:** 320m	**Altitude du delta:** 530m
Longueur du canyon: 1150m	**Rapelle le plus haut:** 34m	**Nombre de rapelles:**
Transport:	**Type de roche:**	**Zone de prise d'eau:** km²
Saison:	**Orientation:**	**Meilleur moment:**
Évaluation: ☆ 3.1 (2)	**Info:** ★ 0 ()	**Belay:** ★ 2 (1)

Spécialités:

Matériel:

Résumé: (traduction alternative)
Except for the first rappellers, the creek is dry.
Quite vertical—no escape routes.

Hydrologie: (traduction alternative)
Conditions are ideal and classic after a period of rain in the spring or fall. Then it flows (5 to 10 liters) over the lower half (up to the large boulder). Without recent rainfall, only the first three waterfalls are fed by a small spring. When it's full of water, it must be beautiful.
Nevertheless, it has already been traversed entirely with water following an exceptional rainy spell.
When descending under aquatic or semi-aquatic conditions, wearing swim trunks is advisable.
Beautiful water trails can be seen throughout the descent, and it's no coincidence that the exit of the valley was channeled to protect the railroad line during thunderstorms.

Accès: (traduction alternative)
From Ventimiglia, drive up the Roya Valley toward Col de Tende.
You'll pass through Breil-sur-Roya, drive past Giandola (parking lot below the Maglia), and park 2 km further on the right, across from the entrance to the canyon (a stone-lined channel).
Above: Follow the road, turn right at the tunnel exit toward Saorge, and then take the first left (old road). Drive past a left-hand curve until you reach marker 18.

Approche: (traduction alternative)
Follow the PR hiking trail (yellow markers), which passes through Paspus and reaches Panigeore in 1.5 hours: a beautiful trail with stunning views of the mountains and the Breil/Roya Valley. Walk past the farm in Panigeore, cross the flat meadow behind the farm, and at its left exit, you'll find a well-maintained path that leads diagonally downhill and passes by an old barn. Continue on to a renovated house and then straight down into the valley along a fairly steep but easily walkable grassy slope.

Without a shuttle: Drive past the canyon exit, continue for 350 m to find good parking spots on the right. Walk another 850 m and, before the bridge over the Roya, take a well-maintained path that begins above a stone wall. It passes under the railroad tracks, follows a path, climbs, and turns left at the fork toward a renovated house and ruins above. Follow a trail on the right, then continue straight ahead (due north) across terraces and animal trails (quite steep). You'll reach a second area with ruins. Continue straight ahead on a fairly good trail, then slightly to the right, then straight ahead again, and finally slightly to the right once more to rejoin the well-maintained PR trail from the shuttle bus approach. Continue along this route. About 2 hours.

Tour: (traduction alternative)
A beautiful, uninterrupted descent past about thirty waterfalls in a very striking valley—a veritable gorge on the right bank of the Roya.
From below, it’s impossible to imagine the beauty of this place: stunning rock formations and breathtaking erosion patterns. The first three waterfalls are interlinked and fed by a spring. They were renovated in 2014 to make it easier to pass through without getting your feet wet. After that, the water disappears and the canyon is dry, though tracks indicate that it sometimes flows. Once you’re in the rocky channel, you pass under the railroad bridge. An anchor point on the right bank allows for rappelling if the boulders are wet or damp.
The longest rappelling sections are in the second half.

Difficulty:
Quite challenging. A canyon with a very steep elevation drop. You can reach safety, but to actually get out, you would have to scale rock ledges.
Given the steep, heavily forested, and scrub-covered surroundings, there is no known or obvious escape route. However, the high-voltage power line running high above the valley serves as a landmark for exiting the valley on the right side (just before passing under the line). The best way to proceed is to follow goat trails through the underbrush to the transmission tower at an elevation of 675 m, and then take a path leading to Giandola.

Retour:

Coordonnées:
Départ du Canyon 43.9766 7.5211
Fin du Canyon 43.9646 7.5236
Parking à l'entrée 43.9533 7.5189
Parking à la sortie 43.9681 7.5300

Rapports:

2026-04-09 | System User | |🕮 |⚓ | 〰 Sèche | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Lagouna Bien équipé (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21241/observations.html)

2025-10-07 | System User | |🕮 |⚓ | 〰 Sèche | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Lagouna Beautiful dry gorge. A little water flowed during the first three abseils, but you hardly get wet (since we knew the gorge, we had rain pants with us for this section). No wetsuit necessary. As with the previous tour, it took us no longer than 3 hours to complete the gorge. Double belays everywhere. The approach and gorge were very sunny. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/21241/observations.html)

2025-10-07 | Bina | ☆ ☆ ☆ |🕮 |⚓ ★ ★ | 〰 Sèche | 👍 Terminé
Beautiful dry gorge. A little water flowed during the first 3 rappels, but you hardly get wet (since we knew the canyon, we had rain pants with us for this part) No neo necessary. As with the first time, we didn't need more than 3 hours for the canyon. Double stands everywhere. Access and canyon very sunny □ (traduction alternative)

2023-03-09 | System User | ☆ ☆ ☆ |🕮 |⚓ | |
Daten importiert von https://www.descente-canyon.com/canyoning/canyon/21241/Lagouna.html