

# Arroscia

Cascade dell' Arroscia, Torrente Arroscia, Rio Passetto

**Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.**

Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports +*Nouveau rapport*. Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.

**Créer:** 2023-11-20 21:26:31 **Mettre à jour:** 2025-10-10 08:09:48 **Imprimer:** 2026-02-02 02:02:31

**Pays:** Italia / Italy **Région:** Liguria **Sous-région:** Imperia **Ville:** Mendatica

**Difficulté:** un peu difficile **Niveau:** v4 a3 III **Temps total:** 6h

**Temps approche:** 30min **Temps tour:** 5h **Temps de retour:** 30min

**Altitude d'entrée:** 1340m **Altitude de sortie:** 910m **Altitude du delta:** 430m

**Longueur du canyon:** 1350m **Rapelle le plus haut:** 56m **Nombre de rapelles:**

**Transport:** Voiture obligatoire **Type de roche:** **Zone de prise d'eau:** km<sup>2</sup>

**Saison:** **Orientation:** **Meilleur moment:**

**Évaluation:** ★ 2.9 (1) **Info:** ★ 0 () **Belay:** ★ 0 ()

**Spécialités:**

**Matériel:**

Cordes: 2x 60m

**Résumé:** (traduction alternative)

Moderately incised canyon

**Hydrologie:** (traduction alternative)

The route is relatively easy and not deeply incised. Small paths line the stream and the hiking trail is never far away.

Some small pools, the waterfalls are sometimes slightly wet.

Basically doable all year round, but without snow.

**Accès:** (traduction alternative)

Aval:

-From Ventimiglia via the A10 highway, exit Imperia Est. At the exit, turn right towards Torino-Colle di Nava. At the entrance to Acquetico (immediately after Pieve di Teco), turn left towards Ponti (Santa Lucia canyon) and continue to Mendatica.

-From Genoa, take the Albenga exit and follow the SP453 to Pieve di Teco.

At the entrance to the village, turn left and park in the parking lot below the cemetery, near the large cross.

Uphill:

Cross the village and continue for 7 km in the direction of Monesi until you reach the San Bernardo mountain pass.

Turn left and continue for 3.7 km (good road, direction Sanson-Colle di Garezzo) until you reach signs no. 251 in a 90° right turn (indication Poilarocca).

**Approche:** (traduction alternative)

From the signs, follow the path downhill to the ruined hamlet. Turn left and walk slightly downhill towards Cascade dell' Arroscia-Mendatica for 5 minutes. At an altitude of 1400 m, go straight down into the forest to the stream (steep, very vague tracks).

Without shuttle bus:

At the entrance to Mendatica, continue by car on a path on the left towards Montegrosso (not shown on the map), drive 1 km and park on the left at the first hairpin bend. Climb directly above the car on narrow paths (10/15 min., steep) to reach the path that you follow to the left towards Poilarocca. The very good path winds through a beautiful forest, then after a canyon (ropes) crosses a ridge, then changes direction and gradually runs parallel to the stream. At an altitude of 1400 m, descend directly down the slope. If you climb a little too high, you will reach the ruined hamlet of Poilarocca (1424 m). Then you only have to walk back for 5 minutes... At the Gropin bridge, at the viewpoint of the waterfall and in the hamlet of Poilarocca, there is a table where you can take a well-earned break.

Steady ascent, 2:10 hours in total.

**Tour:** (traduction alternative)

Very open start, small inclined ledges lead to a weak notch. An R6 (4 m jump not to be missed, it's the only one in the canyon), C15 and C7, the big waterfall begins... This is followed by a succession of very steep drops with open and wide intermediate platforms. At the viewpoint (left bank, exit option) there is a small descent, the belaystation is more on the right.

C56 (be careful when positioning the ropes for hauling in, as there is a lot of friction), then a steeper C50, 2 small waterfalls lead very quickly to the small wooden bridge.

Route under forest cover, quite slippery. Very good equipment with 2 bolts or harnesses (natural anchors).

**Retour:** (traduction alternative)

Go to the bridge and take the path on the left bank, which after a few meters leads back to the main path (signs), which leads back down to the village.

**Coordonnées:**

Départ du Canyon [44.0591 7.7868](#)

Fin du Canyon [44.0673 7.7949](#)

Parking à l'entrée [44.0614 7.7807](#)

Parking à la sortie [44.0755 7.8050](#)

Parking inconnu [44.0696 7.8002](#)

**Rapports:**

2023-03-09 | System User | ★★ | 📖 | 📍 | |

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