

Rottalbach

Stuefenstein

Créer: 2026-10-15 23:26:20	Mettre à jour: 2026-10-16 12:33:35	Imprimer: 2026-10-24 12:10:20
Pays: Schweiz / Switzerland Région: Kanton Bern / Canton de Berne Sous-régione: Verwaltungskreis Interlaken-Oberhasli / Interlaken-Oberhasli administrative district Ville: Lauterbrunnen		
Difficulté: difficile	Niveau: v4 a5 III	Temps total: 4h15
Temps approche: 1h15	Temps tour: 2h30	Temps de retour: 30min
Altitude d'entrée: 1500m	Altitude de sortie: 1210m	Altitude du delta: 290m
Longueur du canyon: 400m	Rapelle le plus haut: 30m	Nombre de rapelles: 15
Transport: Vélo/VTT	Type de roche: unknown	Zone de prise d'eau: 9.00km²
Saison: octobre - octobre	Orientation: Ouest	Meilleur moment: 10-16 Heures
Évaluation: ★ 3.5 (1)	Info: ★ 2 (1)	Belay: ★ 2 (1)
Spécialités:		
Matériel: Cordes: 2x40m		
Résumé: (traduction alternative) A challenging hike through glacial waters.		
Hydrologie: (traduction alternative) There's a large glacier in the watershed; it's not accessible until October.		
Accès: (traduction alternative) Park in Stechelberg.		
Approche: (traduction alternative) The best way is to ride an e-bike up to Trachsellaenen. From there, continue on foot across the bridge and up the hiking trail along the canyon.		
Tour: (traduction alternative) First, there are a few open rappels, but then things start to get tight for the first time. The canyon never closes completely, but you'll often feel the cold water splashing on your head.		
Retour: (traduction alternative) At the confluence with the Schafbach, turn left back toward the hiking trail and walk back to the bridge.		
Coordonnées:		
Rapports:		
2026-10-13 Bibtore ★★☆☆ 📖 ★★ ⚓ ★★ 🌊 Normale 🍏 Terminé Of course, it doesn't quite measure up to the many classic routes in the valley. Still, it's a worthwhile climb that stands out especially for experienced rappellers. (traduction alternative)		



