Lerca

Rio Lerca

Créer: 2023-03-09 20:52:16	**Mettre à jour:** 2025-09-29 15:19:15	**Imprimer:** 2026-11-09 09:11:04
Pays: Italia / Italy **Région:** Liguria **Sous-régione:** Genova **Ville:** Lerca		
Difficulté: moins difficile	**Niveau:** v2 a3 II	**Temps total:** 3h35
Temps approche: 50min	**Temps tour:** 2h30	**Temps de retour:** 15min
Altitude d'entrée: 300m	**Altitude de sortie:** 140m	**Altitude du delta:** 160m
Longueur du canyon: 1650m	**Rapelle le plus haut:** 12m	**Nombre de rapelles:** 9
Transport: à pied	**Type de roche:**	**Zone de prise d'eau:** km²
Saison:	**Orientation:** Sud-Est	**Meilleur moment:**
Évaluation: ☆ 3.6 (12)	**Info:** ★ 2.3 (7)	**Belay:** ★ 2.7 (9)

Spécialités:

Matériel:
Cordes: 1x30m

Résumé: (traduction alternative)
River with partly open streambed, but also narrow sections, with possible jumps and rappels

Hydrologie:

Accès: (traduction alternative)
A-10 from Voltri (Genoa), exit Arenzano; take the SS-1 west towards Cogoleto, Varazze. The road reaches the sea after approx. 500 m and turns right over a bridge (Rio Leone). Immediately after the bridge, turn right and drive through an industrial estate. Not quite 1.5 km after leaving the SS-1, follow the road branching off to the right towards Case Soprane. Park the car at the exit of the hamlet near a fountain with a tap.
For an alternative access from the orographic right-hand side, leave the road branching off to Case Soprane on the right and drive up to Lerca. At the beginning of the village, take a sharp right and head straight on up to the campsite. Below the campsite, turn right, past a chapel and a ruin (left). You can park your car on the left at a water cistern on the right (approx. 1 km from Lerca).

Approche: (traduction alternative)
From the fountain, a track leads up to the right, which after a few hairpin bends then runs halfway up the orographic left bank of the Lerca. After 30 minutes you come to a junction where you take the mule track on the left. At the exit of a pine forest in a left-hand bend, where a mostly dry stream crosses the path, we continue for a few more meters. We come to a small wood; here a blue dot with a white background on a tree to the left marks the point where the tracks lead steeply down into the streambed of the Lerca (approx. 50 min. in total).
The alternative access is via a path branching off to the right from the parking lot, which climbs steeply at first and then gradually becomes flatter. The path, which initially runs high above the Rio Lerca, comes closer and closer to the riverbed after a while, and soon you can descend a few meters into the streambed of the Lerca at a side stream (approx. 60 min. in total).
The alternative access is scenic, but requires a strenuous ascent at the exit of the canyon (20 min.).

Tour: (traduction alternative)
Starts immediately with a jump (6-8m), then walking passages, smaller rappels, possible jumps again and again.
Escape option in the middle of the gorge to the right at a large pool (Lago du Mei).
The key point is a 7m rappel in the water at a short gorge with a clamping block above.

Retour: (traduction alternative)
About 10 minutes after the last abseil point, you pass a small dam wall, where a path leads to the left.
Alternatively, you can also descend the stream for another 10 minutes, past some pools that are very busy in summer. A path crosses the streambed here. Here you can either turn left uphill via the hamlet of Valconara to the parking lot in Case Soprane or - as an alternative - turn right uphill to the car.

Coordonnées:
Départ du Canyon 44.4191 8.6309
Fin du Canyon 44.4115 8.6393
Parking à l'entrée et à la sortie 44.4111 8.6439
Fin alternative du canyon 44.4094 8.6379

Rapports:

2026-10-24 | Peter Lampacher | ☆ ☆ ☆ ½ |🕮 ★ ★ |⚓ ★ ★ ★ | ≋ Normale | 👍 Terminé
Mostly an open canyon, with plenty of opportunities for jumps. Pleasant even in the fall when the sun is out. (traduction alternative)

2026-09-26 | System User | |🕮 |⚓ | ≋ Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2026-09-02 | Elias Eberl | ☆ ☆ ☆ ½ |🕮 ★ ★ |⚓ ★ ★ | ≋ Faible | 👍 Terminé
The canyon has very few anchors. Starting at Lago di Mei, there are no more anchors. We walked all the way to the pool in front of the clamping block rappel point and then exited at the side exit. The last rappel point after the water intake also had no loops or chain links. (traduction alternative)

2026-07-06 | System User | |🕮 |⚓ | ≋ Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2026-06-27 | System User | |🕮 |⚓ | ≋ Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2026-05-29 | Marco | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ ★ | ≋ Normale | 👍 Terminé
All right! (traduction alternative)

2026-05-08 | System User | |🕮 |⚓ | ≋ Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Lerca Beau canyon, ludique ,relais ok. (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2025-10-12 | System User | |🕮 |⚓ | ≋ Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2025-09-29 | System User | |🕮 |⚓ | ≋ Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2025-09-29 | Bina | ☆ ☆ ☆ |🕮 |⚓ ★ ★ | ≋ Normale | 👍 Terminé
Be careful when jumping, some of the rocks are not visible from above. A beautiful tour in the sun. (traduction alternative)

2025-09-25 | System User | |🕮 |⚓ | ≋ Normale | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Lerca (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2025-09-24 | System User | |🕮 |⚓ | ≋ Haut | 👍 Terminé
Automatisch importiert von Descente-Canyon.com für Canyon Lerca Petit gros débit gênant uniquement dans les désescalades. Très beau dans ces conditions. Par contre ce n'est pas équipé pour y aller avec très gros débit. Je devais encadrer en Ossola mais j'ai rapatrié mon groupe sur Gênes et c'était clairement la stratégie quand tout le nord est sous les inondations (Quelle: https://www.descente-canyon.com/canyoning/canyon-debit/2648/observations.html)

2025-07-13 | sc8 | ☆ ☆ ☆ ☆ |🕮 ★ ★ |⚓ ★ ★ ★ | ≋ Normale | 👍 Terminé
All in order (traduction alternative)

2025-05-30 | Michele Dini | ☆ ☆ ☆ |🕮 |⚓ | ≋ Faible | 👍 Terminé
All ok (traduction alternative)

2025-05-26 | thijs | ☆ ☆ ☆ ☆ |🕮 ★ ★ ★ |⚓ ★ ★ | ≋ Haut | 📈 Sortie de secours
nice start with good flow, but we chickened out at the C9. It looked like a big whirpool down there but it could be our experience as well ;)