

# Prialunga

Rio Prialunga

<b>Créer:</b> 2023-03-09 20:53:34	<b>Mettre à jour:</b> 2023-12-05 08:14:01	<b>Imprimer:</b> 2026-06-22 05:06:25
<b>Pays:</b> Italia / Italy <b>Région:</b> Liguria <b>Sous-région:</b> Savona <b>Ville:</b> Cogoleto		
<b>Difficulté:</b> moins difficile	<b>Niveau:</b> v3 a3 IV	<b>Temps total:</b> 4h45
<b>Temps approche:</b> 1h10	<b>Temps tour:</b> 3h30	<b>Temps de retour:</b> 5min
<b>Altitude d'entrée:</b> 660m	<b>Altitude de sortie:</b> 320m	<b>Altitude du delta:</b> 340m
<b>Longueur du canyon:</b> 900m	<b>Rapelle le plus haut:</b> 28m	<b>Nombre de rappelles:</b> 15
<b>Transport:</b> à pied	<b>Type de roche:</b>	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b>	<b>Orientation:</b> Sud	<b>Meilleur moment:</b>
<b>Évaluation:</b> ★ 3.6 (10)	<b>Info:</b> ★ 2.5 (6)	<b>Belay:</b> ★ 2.8 (7)
<b>Spécialités:</b>		
<b>Matériel:</b> Cordes: 2x 30m		
<b>Résumé:</b> (traduction alternative) Attractive rappel canyon		
<b>Hydrologie:</b>		
<b>Accès:</b> (traduction alternative) Leave the A 10 freeway from Genoa in the direction of Ventimiglia at Arenzano and continue on the SS 1 ("Aurelia") in the direction of Savona until Cogoleto. At the end of the town, turn right in the direction of Sciarborasca (directions! )\nShortly before Sciarborasca, there is a striking large building on the right below, which looks like a "Palace of Culture". Here a wide road leading down to this building branches off to the right. Opposite, we turn left into the narrow Via al Deserto and continue on a narrow tarred road towards Convento Deserto. 1.4 km after the junction with Via al Deserto, go straight on at a wayside shrine (sign "Eremo"). We cross a stream on a concrete ford to the left in our direction of travel and after another 1.4 km we cross another stream again in our direction of travel to the left and 400 m further on a very narrow bridge the same stream to the right. In a leftward haipin bend is the monastery "Eremo al Deserto". About 1 km after this, the road crosses the Rio Prialunga about 6.7 km after the turnoff in Sciarborasca. Here, just after the bridge, park the car on the right in front of a Marian shrine.		
<b>Approche:</b> (traduction alternative) From the car, continue along the road, past the driveway to the agriturismo and immediately after the bridge over the next stream, the Rio Scagion, turn right up steeply through the chestnut forest (signs: "Prialunga"). The path reaches the stream and swings up to the left. Here we cross the stream to the right and about 20 m after the ford over the stream, our ascent path branches off to the left from the mule track (small sign: "Prialunga" on the tree) and climbs steeply again, always marked in yellow. At first along the Rio Scagion, then swinging off to the right. Continue to the left at a large vertical pipe valve of a water pipe. The path now leads past a concrete water intake on the right and horizontally along a wall with beautiful views of the sea. At the exit of the wall, a very steep path leads straight up on the left (to the upper entry), which is still marked in yellow. You reach another water catchment point, after which the path becomes a little easier and less steep towards the head of the valley. When you can see the stream below you, a yellow spot on the rock below shows you the entry point.		
<b>Tour:</b> (traduction alternative) Very fresh and clean water, but slippery rock. After an open start, the canyon cuts in and surprises with impressive drops, the highest of which is 28m. The upper part offers only 2 rappels (30 and 25 m).		

**Retour:** (traduction alternative)

After a water drainage with a thick black hose follows another abseil from the upper surface of a large boulder through a channel-like narrow chute, then follows a pool of about 40 m in length to swim through. At the exit of this pool an inconspicuous path leads along the left side above the pool, which after a steep descent through bushes leads back to the pool. At the next large pool turn right and after 30 m you are back at the car.

**Coordonnées:**

Départ du Canyon [44.4128 8.5749](#)

Fin du Canyon [44.4064 8.5752](#)

Départ alternatif du Canyon [44.4103 8.5759](#)

Parking à l'entrée et à la sortie [44.4052 8.5758](#)

## Rapports:

2026-06-06 | System User | |📖|📌|🌊 Faible | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prialunga (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2649/observations.html>)

2026-05-17 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prialunga Buona portata per la stagione....attacchi sempre perfetti e ottimo dopo torrente alla Fonda (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2649/observations.html>)

2026-05-07 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prialunga Beau canyon avec des passage technique .Relais impeccable.L'ancien gué ressemble plutôt à un vieux bloc de béton (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2649/observations.html>)

2026-04-09 | Matteo Delfitto | ⭐⭐⭐⭐ |📖⭐⭐⭐|📌⭐⭐⭐|🌊 Normale | 🍀 Terminé

Nice continuous aesthetic canyon (route without the upper part) Approach well marked, weapons in excellent condition (traduction alternative)

2026-04-06 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prialunga Ancrages tout ok. Canyon pas si glissant (seulement dans certains rappels). Approche bien dégagée maintenant, pas de ronces. Un petit marcassin dans une vasque... pas glop. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2649/observations.html>)

2025-09-29 | Anja Rot | ⭐⭐⭐ |📖⭐⭐⭐|📌⭐⭐⭐|🌊 Faible | 🍀 Terminé

Sehr schone schlucht! Wunderfull besser dann barbaira!!! Oben zwei wasserfalle sind sinnvoll aufie zu laufen

2025-09-28 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prialunga (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2649/observations.html>)

2025-09-28 | Bina | ⭐⭐⭐ |📖|📌⭐⭐|🌊 Normale | 🍀 Terminé

Access to the upper part is very tricky. We really enjoyed the canyon. (traduction alternative)

2025-09-24 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prialunga (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2649/observations.html>)

2025-09-23 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prialunga À la limite du gros débit 36 heures après une crue et 100mm de pluie. Des traces d'eau à 2m de haut sur la plupart du canyon. Ça redescend assez vite. Équipement Ras (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2649/observations.html>)

2025-07-15 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prialunga 2 giorni dopo un bel temporale (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2649/observations.html>)

2025-06-29 | sc8 | ⭐⭐⭐⭐ |📖⭐⭐|📌⭐⭐⭐|🌊 Normale | 🍀 Terminé

all ok, last unequipped puddles avoided with path on left bank, very convenient exit directly into restaurant (traduction alternative)

2025-05-31 | Michele Dini | ⭐⭐⭐ |📖|📌|🌊 Faible | 🍀 Terminé

All regular (traduction alternative)

2025-05-04 | System User | |📖|📌|🌊 Normale | 🍀 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Prialunga I Lost a black Olympus Tough TG6 with a red Lanyard attached to it somewhere between the first rappel and the deep pool before the Higher waterfalls. Otherwise nice trip in the fog. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/2649/observations.html>)