

# Rouéou

Vallon de Rouéou

<b>Info : La qualité de cette description n'a pas encore été vérifiée ou a été jugée mauvaise.</b> Si vous connaissez ce canyon, merci de vérifier cette description et de déposer un rapport avec une note pour cette description en utilisant Rapports + <i>Nouveau rapport</i> . Si vous constatez une erreur, merci de nous en faire part ou de rejoindre la communauté afin de corriger vous-même cette description.		
<b>Créer:</b> 2023-03-09 20:55:20	<b>Mettre à jour:</b> 2023-12-20 07:39:25	<b>Imprimer:</b> 2026-06-22 07:06:28
<b>Pays:</b> France <b>Région:</b> Provence-Alpes-Côte-d'Azur / Provence-Alpes-Cote d'Azur <b>Sous-région:</b> Alpes-Maritimes <b>Ville:</b> Tende		
<b>Difficulté:</b> un peu difficile	<b>Niveau:</b> v4 a3 II	<b>Temps total:</b> 5h15
<b>Temps approche:</b> 1h30	<b>Temps tour:</b> 3h30	<b>Temps de retour:</b> 15min
<b>Altitude d'entrée:</b> 1340m	<b>Altitude de sortie:</b> 950m	<b>Altitude du delta:</b> 390m
<b>Longueur du canyon:</b> 1600m	<b>Rapelle le plus haut:</b> 35m	<b>Nombre de rappelles:</b> 12
<b>Transport:</b> à pied	<b>Type de roche:</b> limestone	<b>Zone de prise d'eau:</b> km <sup>2</sup>
<b>Saison:</b>	<b>Orientation:</b> Sud	<b>Meilleur moment:</b> 10-14 Heures
<b>Évaluation:</b> ★ 2.9 (1)	<b>Info:</b> ★ 0 ()	<b>Belay:</b> ★ 0 ()
<b>Spécialités:</b>		
<b>Matériel:</b> Cordes: 2x40m		
<b>Résumé:</b> (traduction alternative) Open rappel canyon, promising access, mostly open		
<b>Hydrologie:</b>		
<b>Accès:</b> (traduction alternative) From Breil-sur-Roya take the N204 up the Roya valley for approx. 18 km to Tende. In the center of this small town, turn right towards the campsite. Opposite the entrance to the campsite (C. Municipal - marker "58"), continue straight ahead along the narrow road on the right, which later becomes a dirt road. After entering the Vallon de Réfrei, pass marker "306" (lac de Pia) and keep left towards Castel Tournou until you reach marker "318". Park your car here.		
<b>Approche:</b> (traduction alternative) Now continue on foot and uphill towards Refrei and Castel Tournou (yellow markers). A path that branches off to the left at a cairn later crosses "our" stream above the last higher rappel. However, we continue straight on uphill here. After about 1 hour you reach a saddle with a small white wayside shrine and shortly before that a dark rock passage. Above it is a rock face with embrasures. Here we take the path to the left - a little indistinct at first - and after a good 10 minutes we turn left at a suitable point down to the streambed. It makes no difference whether we descend 5 minutes after the turn-off or 15 minutes later.		
<b>Tour:</b> (traduction alternative) 12 rappels, initially longer, later shorter ones. The ambience is particularly interesting, even during access.		
<b>Retour:</b> (traduction alternative) Either cross a path that leads to the farmstead on the right, or descend via a longer and further small rappel until the path from the farmstead crosses again (from here the 15 minutes are counted). Follow this to the right, first slightly uphill, later downhill and on the left side of the stream to the starting point. If you choose the first exit option, do not walk to the farmstead, but descend discreetly along the right edge of the canyon until you meet the path that leads downhill from the farmstead.		
<b>Coordonnées:</b> Départ du Canyon <a href="#">44.1302 7.6183</a> Fin du Canyon <a href="#">44.1200 7.6169</a>		

## Rapports:

---

2026-06-10 | System User | |📖|📌|🌊 Normale | 🍏 Terminé

Automatisch importiert von Descente-Canyon.com für Canyon Rouéou Les paysages sont variés. Canyon semblable à Stroup-Teilla. (Quelle: <https://www.descente-canyon.com/canyoning/canyon-debit/20883/observations.html>)

---

2023-03-09 | System User | ★★|📖|📌||

Daten importiert von <https://canyon.carto.net/cwiki/bin/view/Canyons/RoueouCanyon.html>